

The journey of a skin biopsy: from the patient to the lab and back

Gerardo Ferrara, MD

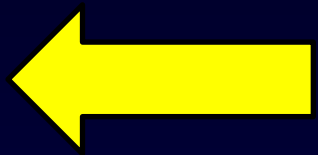
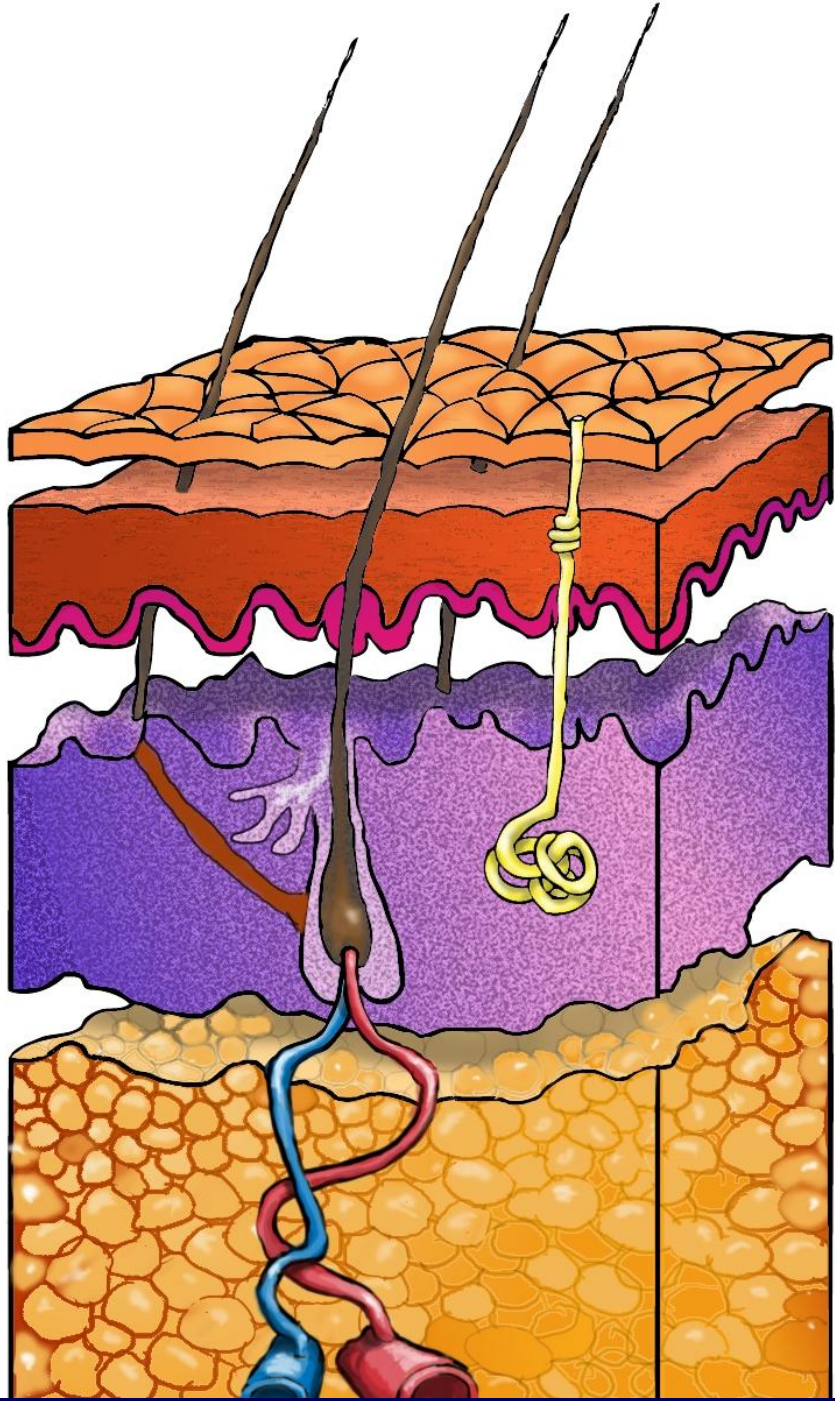
Anatomic Pathology Unit – Macerata Hospital

Catherine M. Stefanato, MD, FRCPath

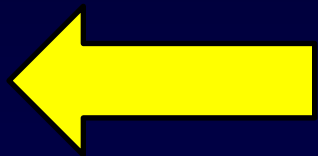
**Dept. of Dermatopathology – St John's Institute of
Dermatology - London**

Part 1

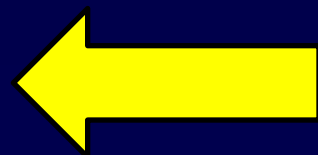
Microscopic anatomy of the skin



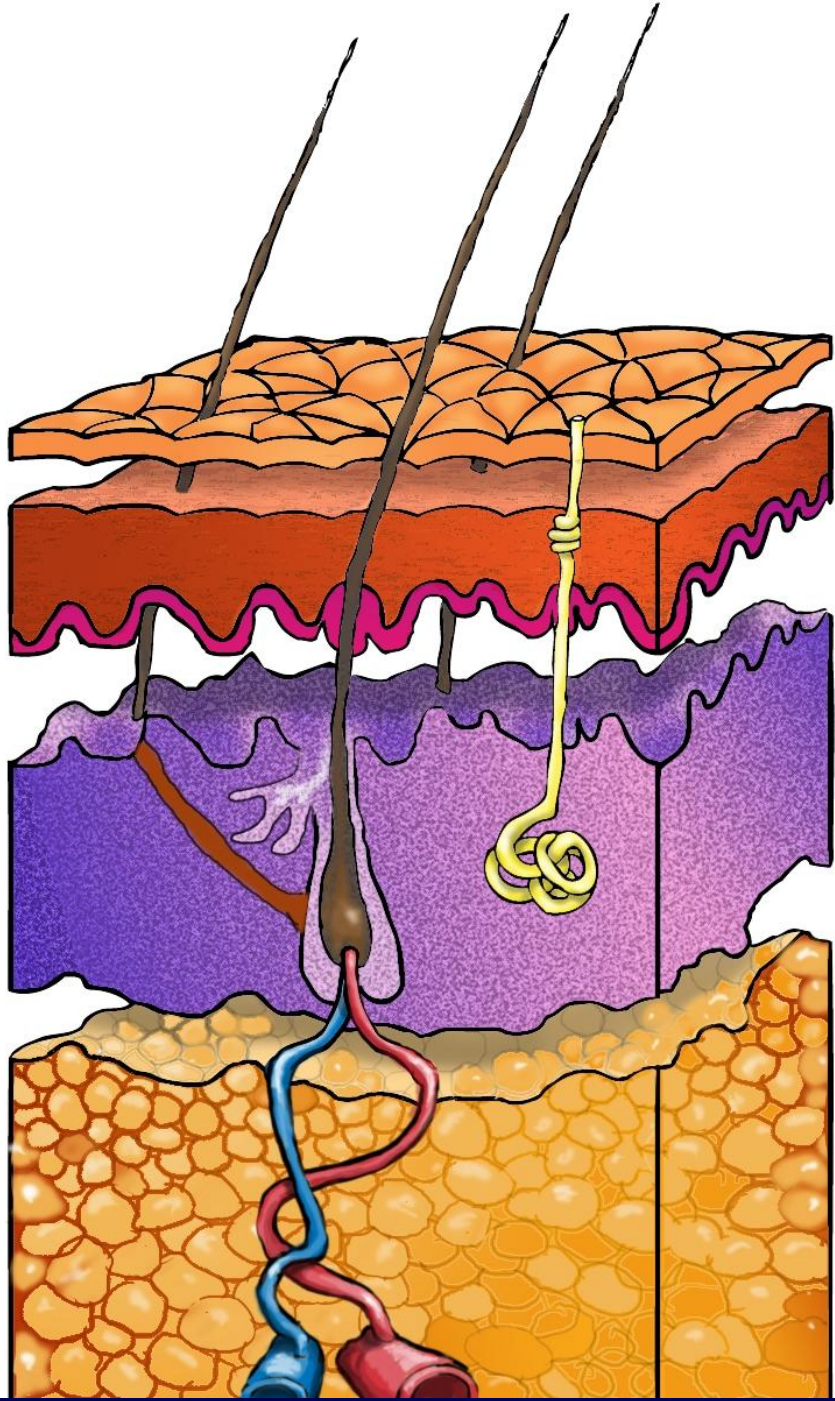
Epidermis



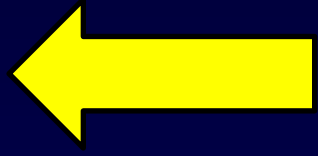
Dermis



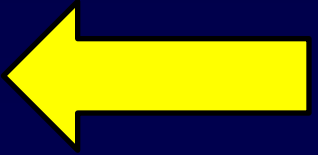
Subcutaneous tissue



Epidermis

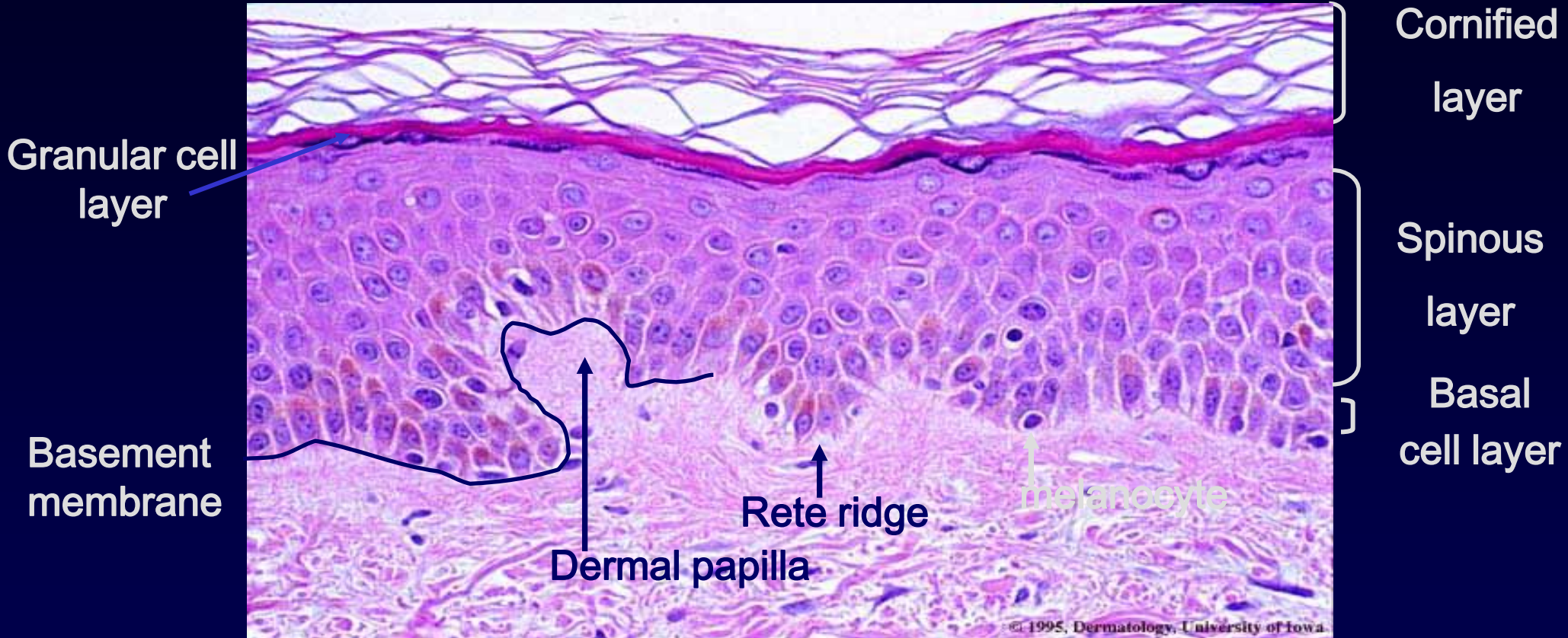


Dermis



Subcutaneous tissue

Epidermis

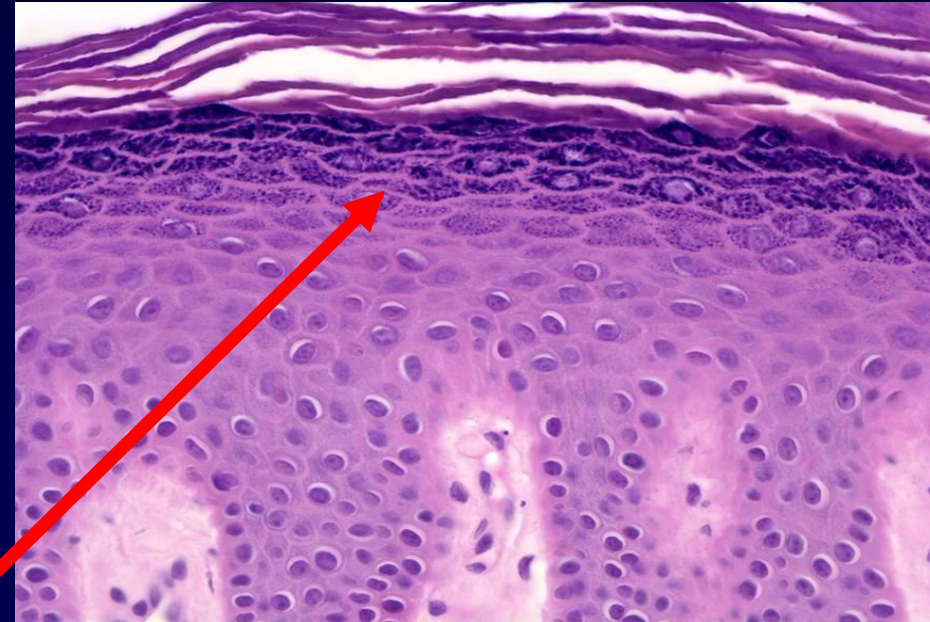
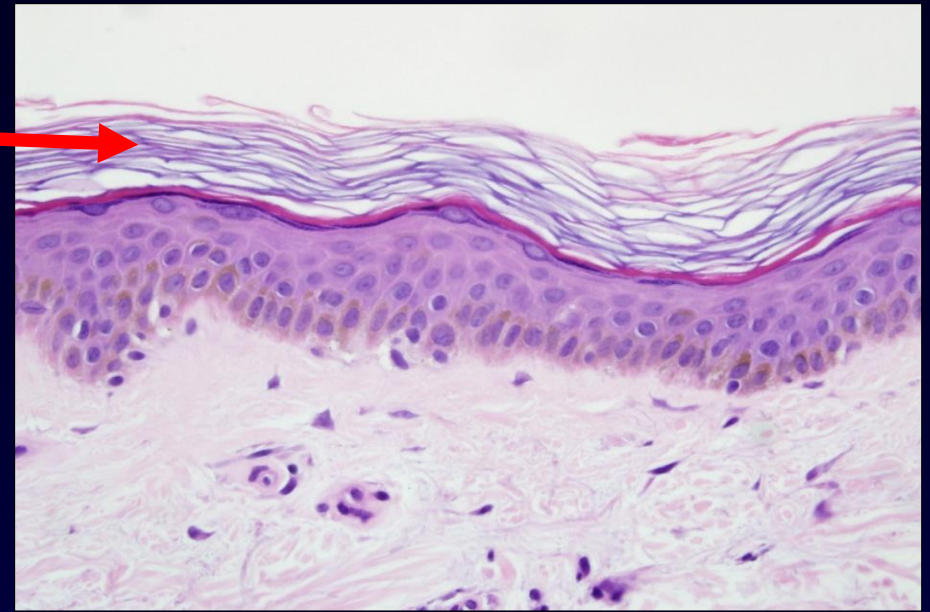


Normal Skin, high power

Cornified layer

Granular cell layer: The contents of the keratohyalin granules, which give this layer its granular appearance, combine with the intermediate filament keratin to form an intracellular scaffold to strengthen the cohesion of the keratinocytes. In addition, the lipid rich, intracellular lamellar bodies discharge their contents into the intercellular space, increasing the barrier function.

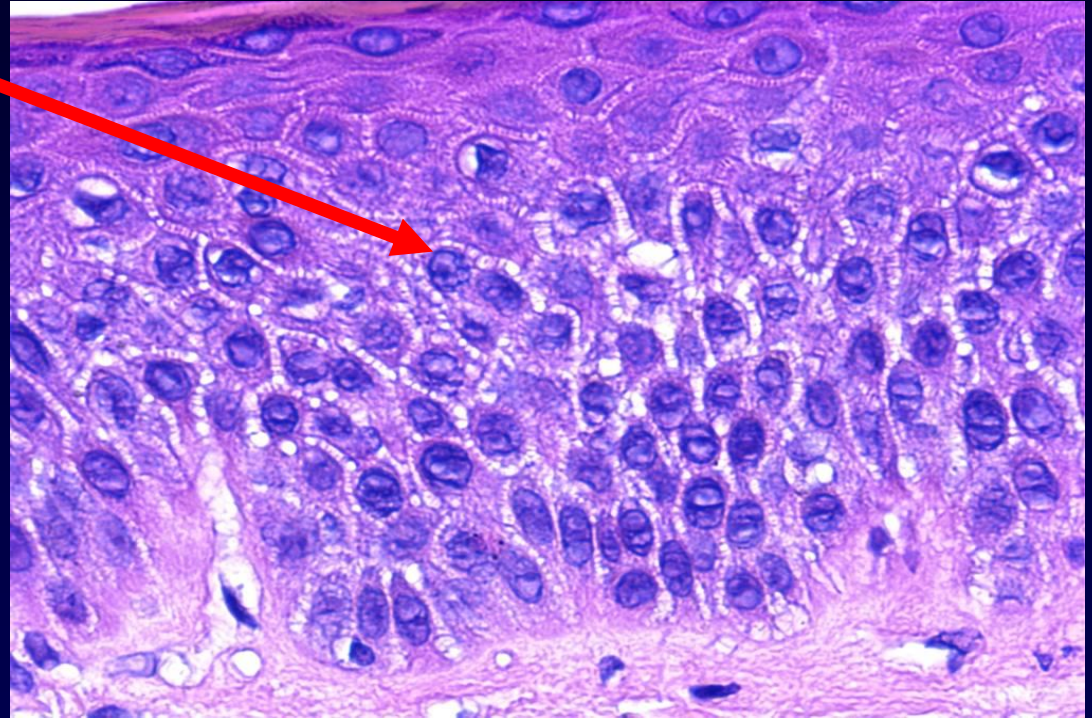
Cornified layer: The polyhedral cells of this layer lack nuclei or organelles and lose the scaffold as they ascend and eventually slough.



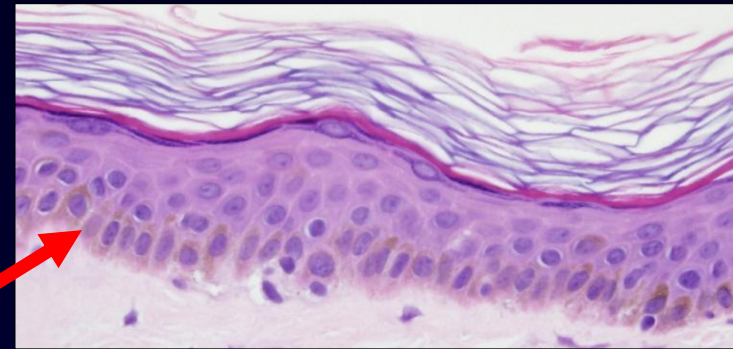
Granular cell layer

The spinous layer

The spinous layer consists of polygonal keratinocytes with numerous spiny projections called desmosomes spanning their intercellular spaces, attaching them to neighboring keratinocytes.

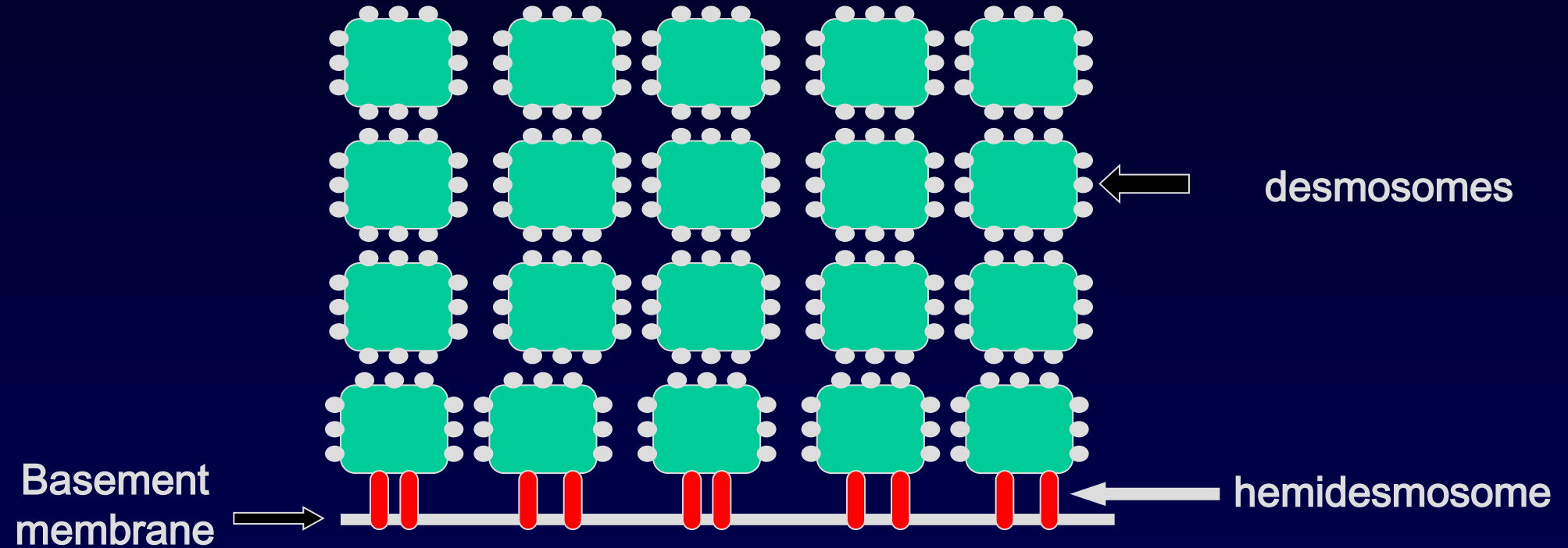


The basal layer

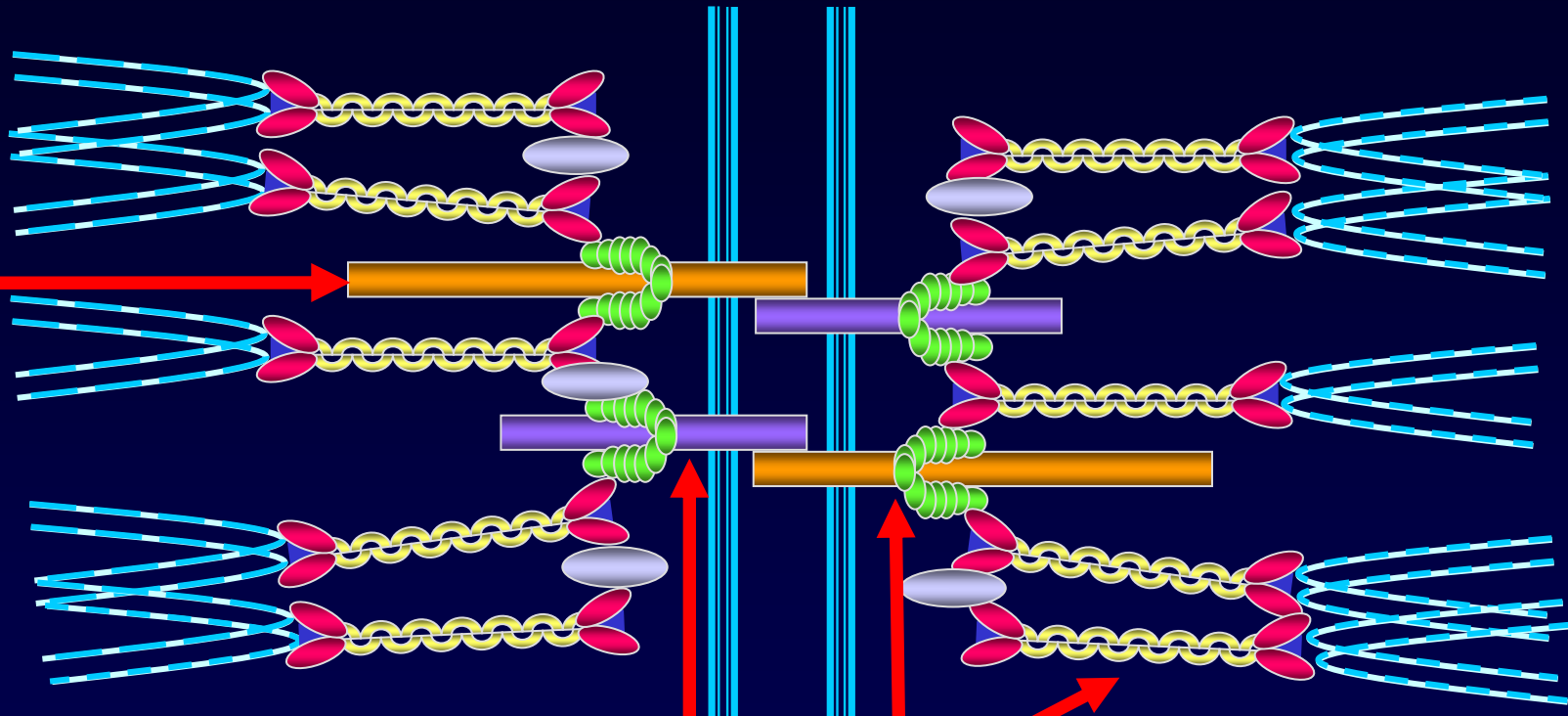


- Consists of cuboidal or columnar keratinocytes 1-3 cells thick. The basal layer is the main proliferative compartment of the epidermis, producing keratinocytes that eventually replace the terminally differentiated cells that are continuously shed from the skin surface.
- **The epidermis completely renews itself every 12-14 days.**
- The basal keratinocytes adhere to the basement membrane and dermis through hemidesmosomes.

Schematic of Hemidesmosome and Desmosomes in the Epidermis



Desmosomes



PV-PF

IgA-P

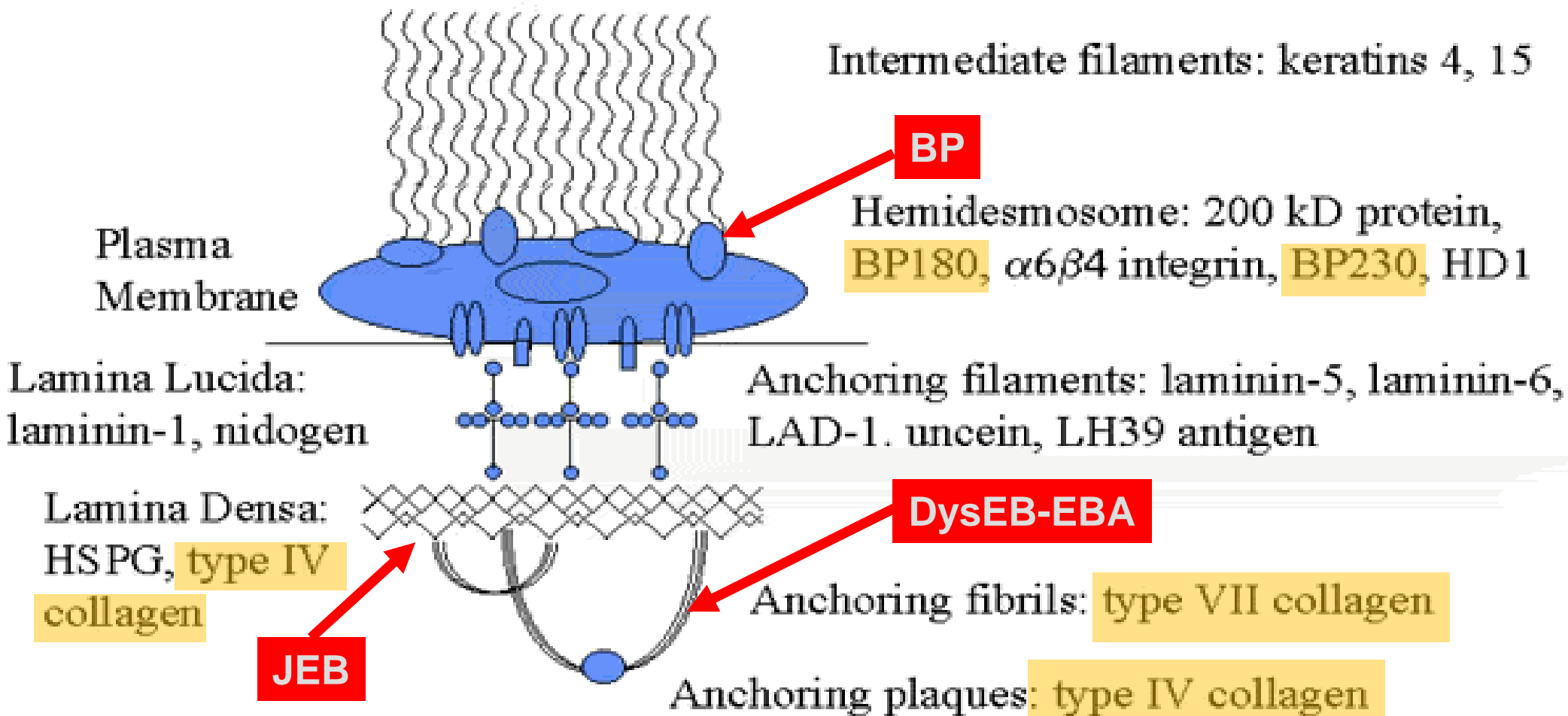
PnP

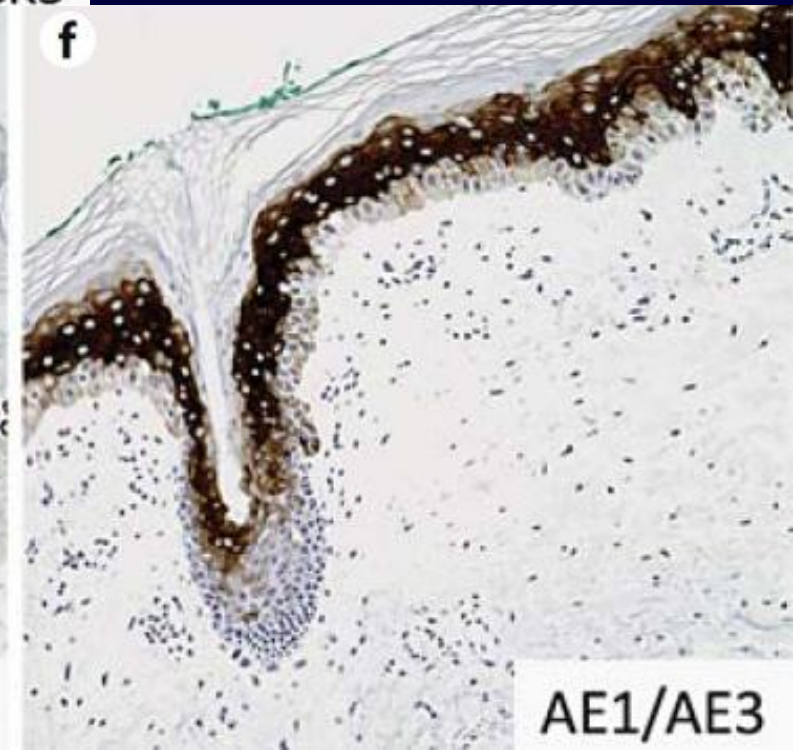
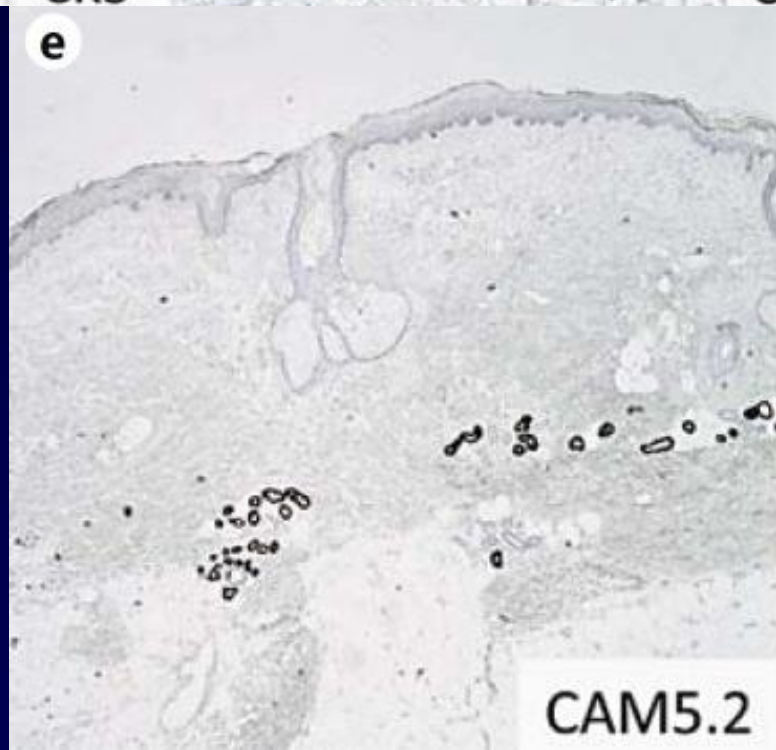
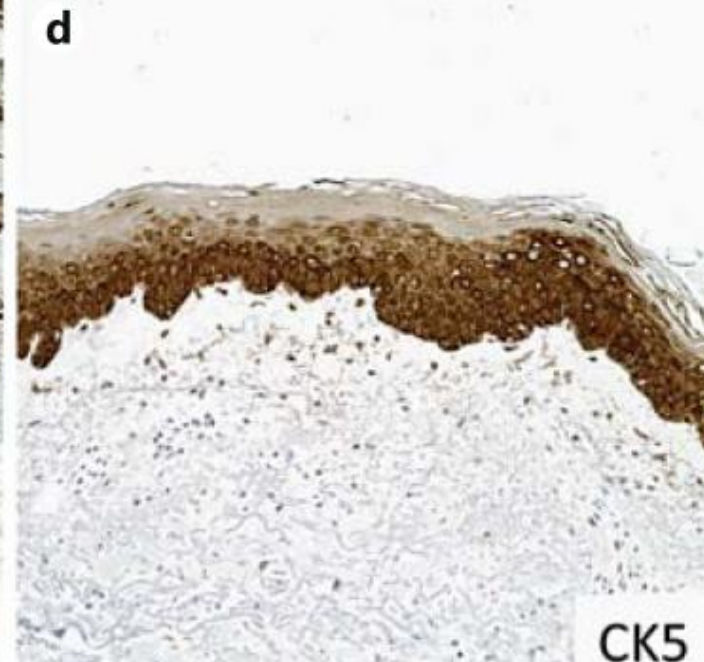
- Desmogleins 3-1
- Desmocollin
- Keratin filaments

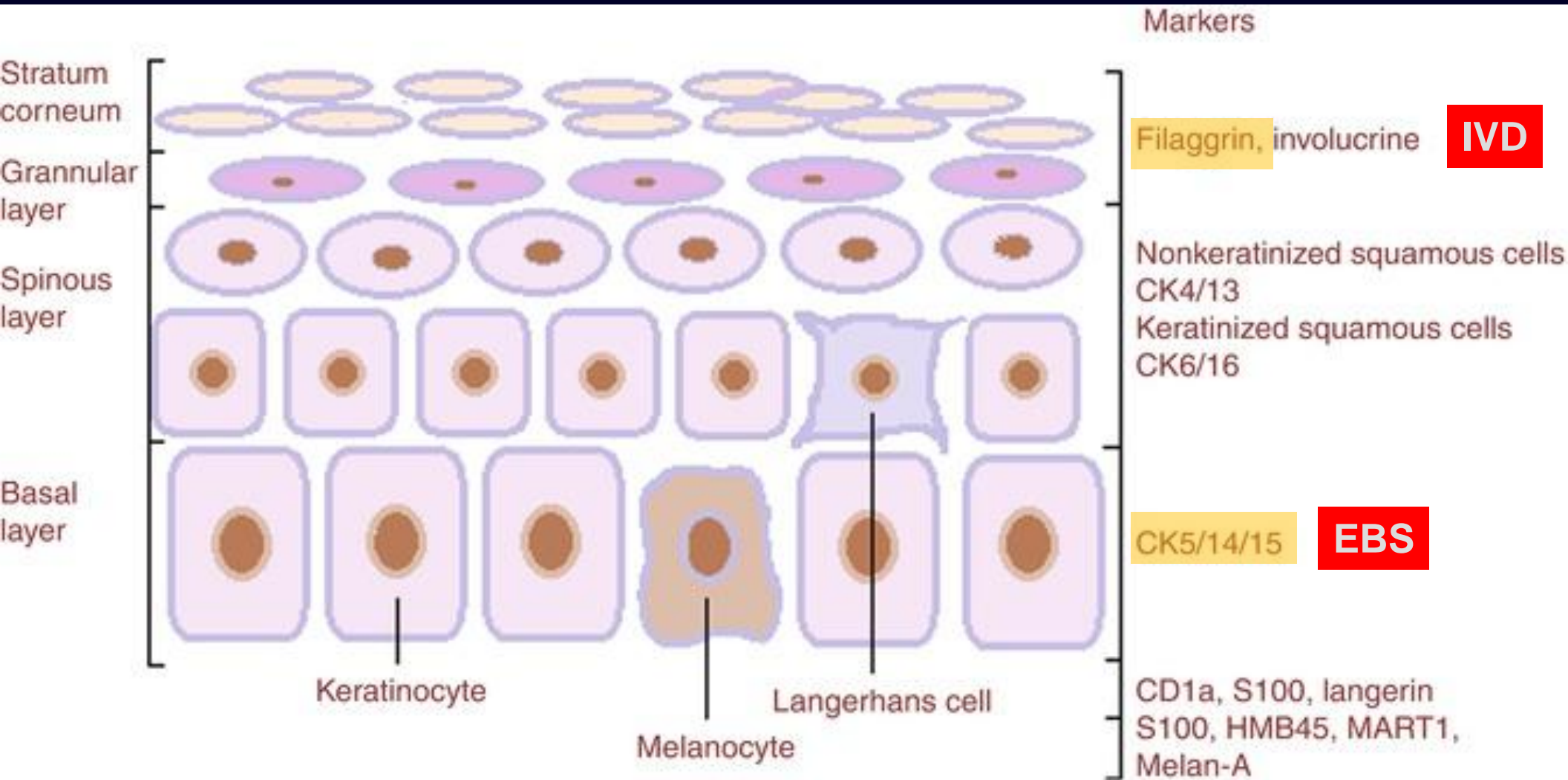
- Desmoplakin
- Plakoglobin
- Plakophilin

intermediate filaments

The dermal-epidermal basement membrane









The common ichthyoses are:

- **Ichthyosis vulgaris** (95% of all ichthyosis cases) *FLG* (filaggrin is a structural protein)
- **Recessive X-linked ichthyosis** *STS*

Autosomal recessive congenital ichthyosis

- **Harlequin ichthyosis** *ABCA12*
- **Lamellar ichthyosis** *TGM1* (transglutaminase 1 is an enzyme) and others
- **Congenital ichthyosiform erythroderma** *ALOXE3* and others

Keratinopathic ichthyoses

This group has keratin mutations. The main types of keratinopathic ichthyoses are:

- Epidermolytic ichthyosis* *KRT1, KRT10*
- Superficial epidermolytic ichthyosis¶ *KRT2*
- Ichthyosis Curth-Macklin§ *KRT1*
- Congenital reticular ichthyosiform erythroderma

* Previously called epidermolytic hyperkeratosis or bullous ichthyosiform erythroderma

¶ Previously called ichthyosis bullosa Siemens

§ Previously called ichthyosis hystrix

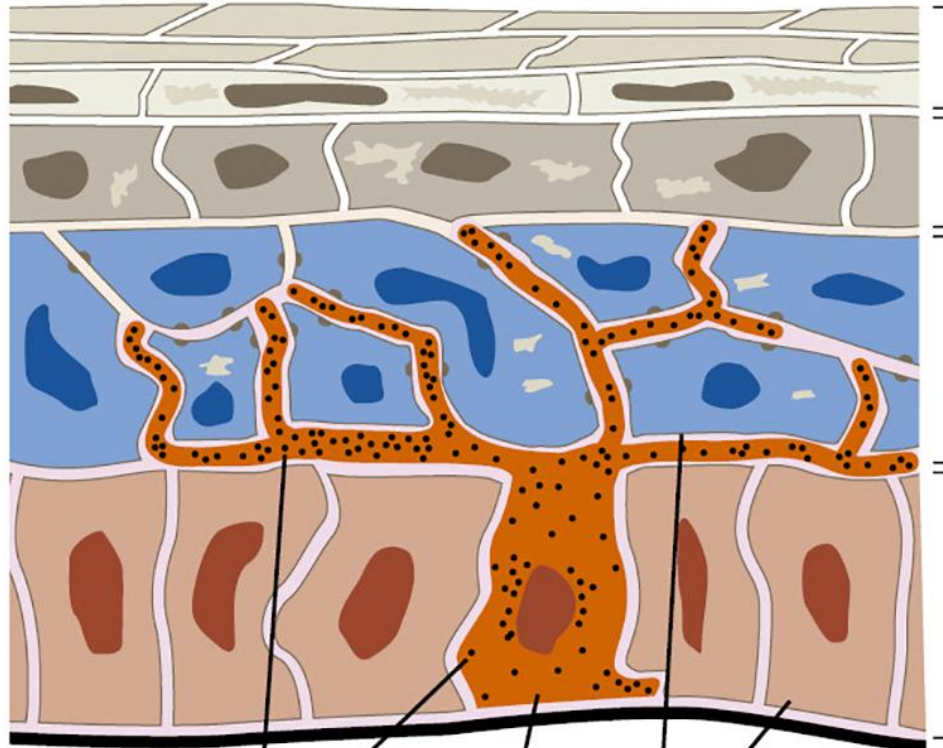
EB subtypes

Plakophilin deficiency
Lethal acantholytic EBS
EBS superficialis
Localized EBS
EBS, Dowling–Meara
EBS, generalized other
EBS, autosomal recessive
EBS with mottled hyperpigmentation
EBS with muscular dystrophy
EBS, Ogna
EBS, migratory circinate
EBS with pyloric atresia

Targeted gene product(s)

plakophilin-1
desmoplakin
unknown
keratins 5 & 14
keratins 5 & 14
keratins 5 & 14
keratin 14
keratin 5
plectin
plectin
keratin 5
 $\alpha 6\beta 4$ integrin, plectin

Melanocytes



Stratum corneum

Stratum granulosum

Stratum spinosum

Stratum basale

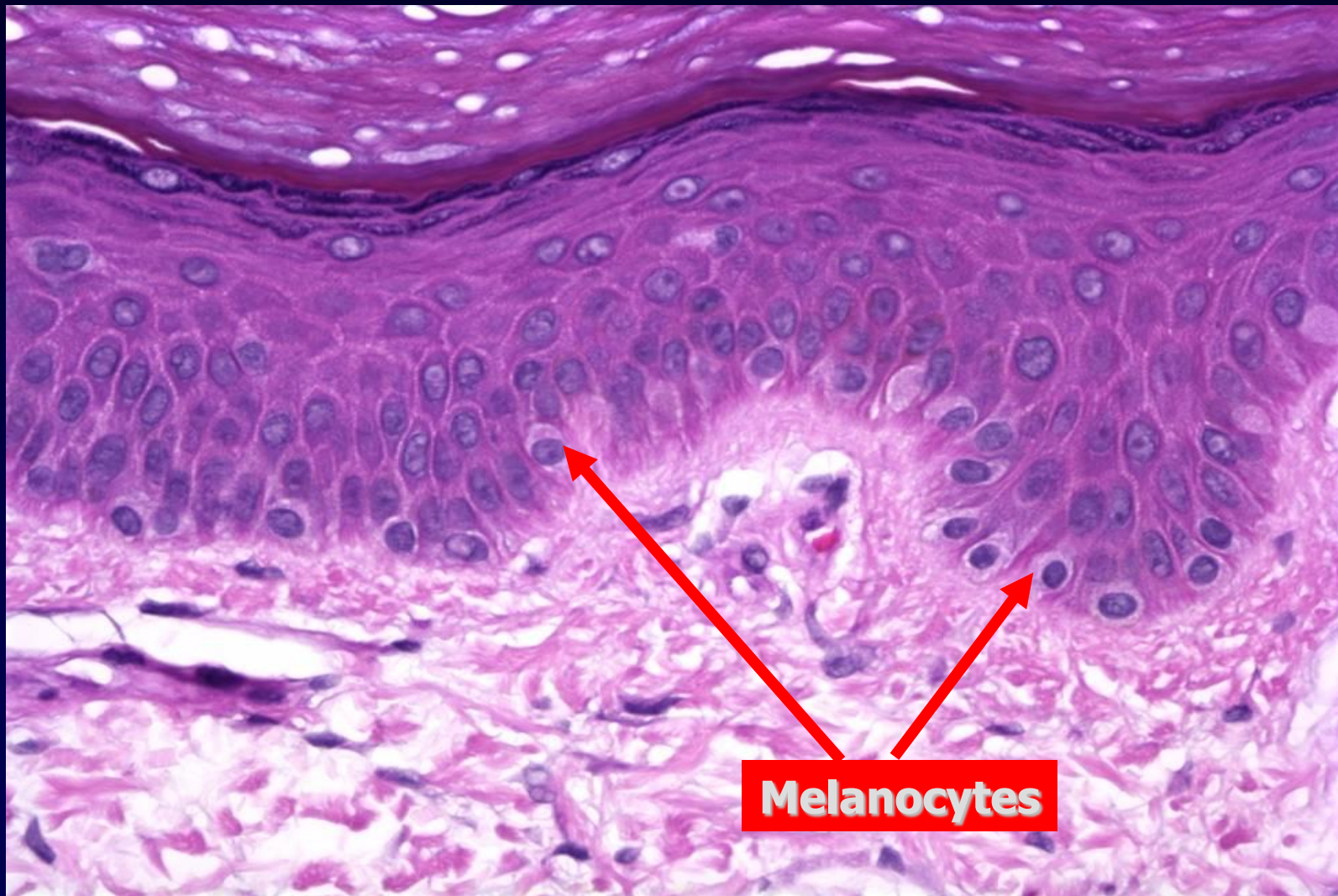
Melanosoma

Melanocyte

Keratinocytes

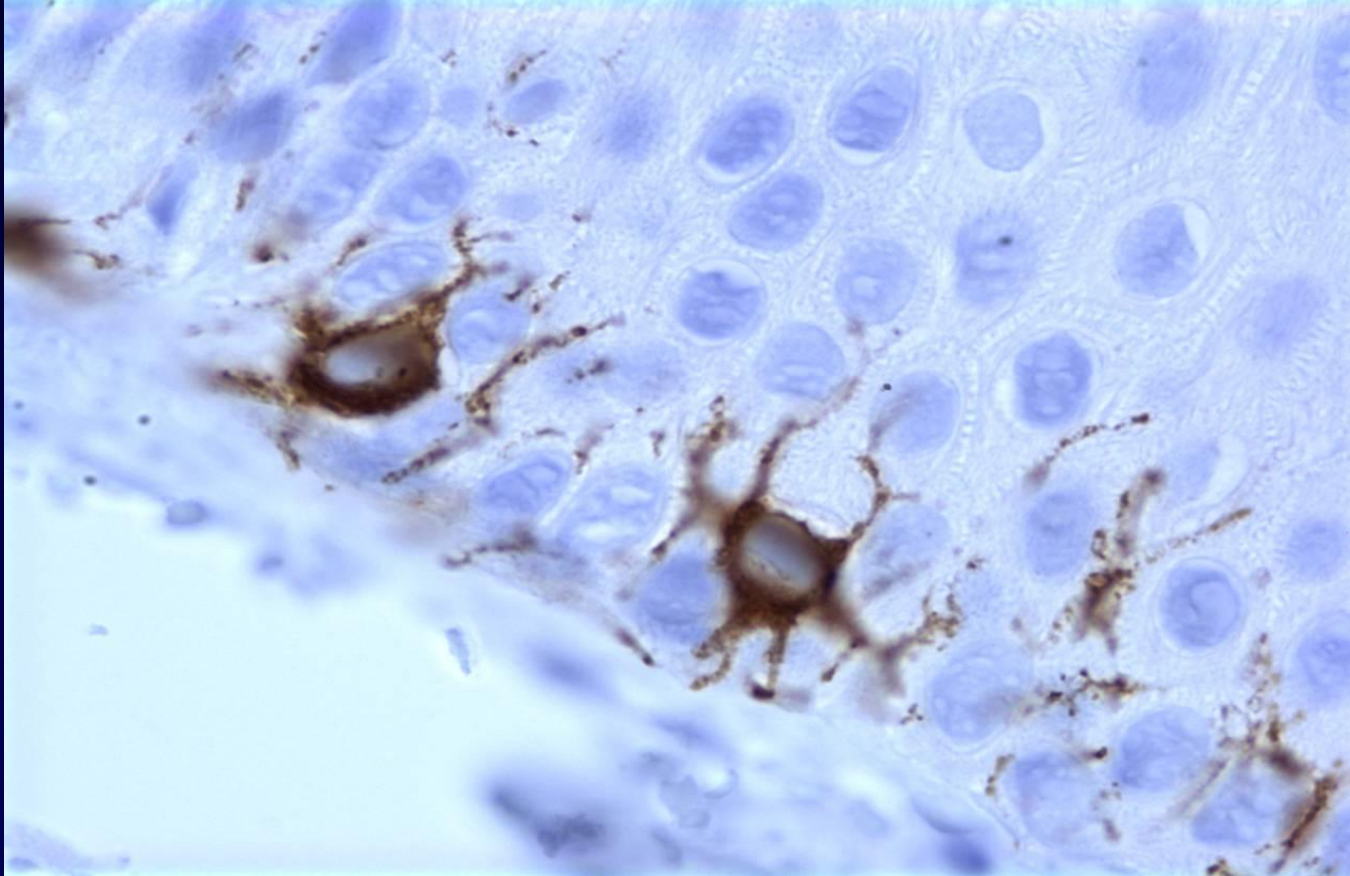
- **1:5/1:10**
- **keratinocytes**
- **S100**
- **MelanA/MART1**
- **Tirosinasi**
- **Sox10**
- **MITF**
- **NKI.C3**
- **HMB45 (act)**
- **p16/p21 (sen)**

Melanocytes

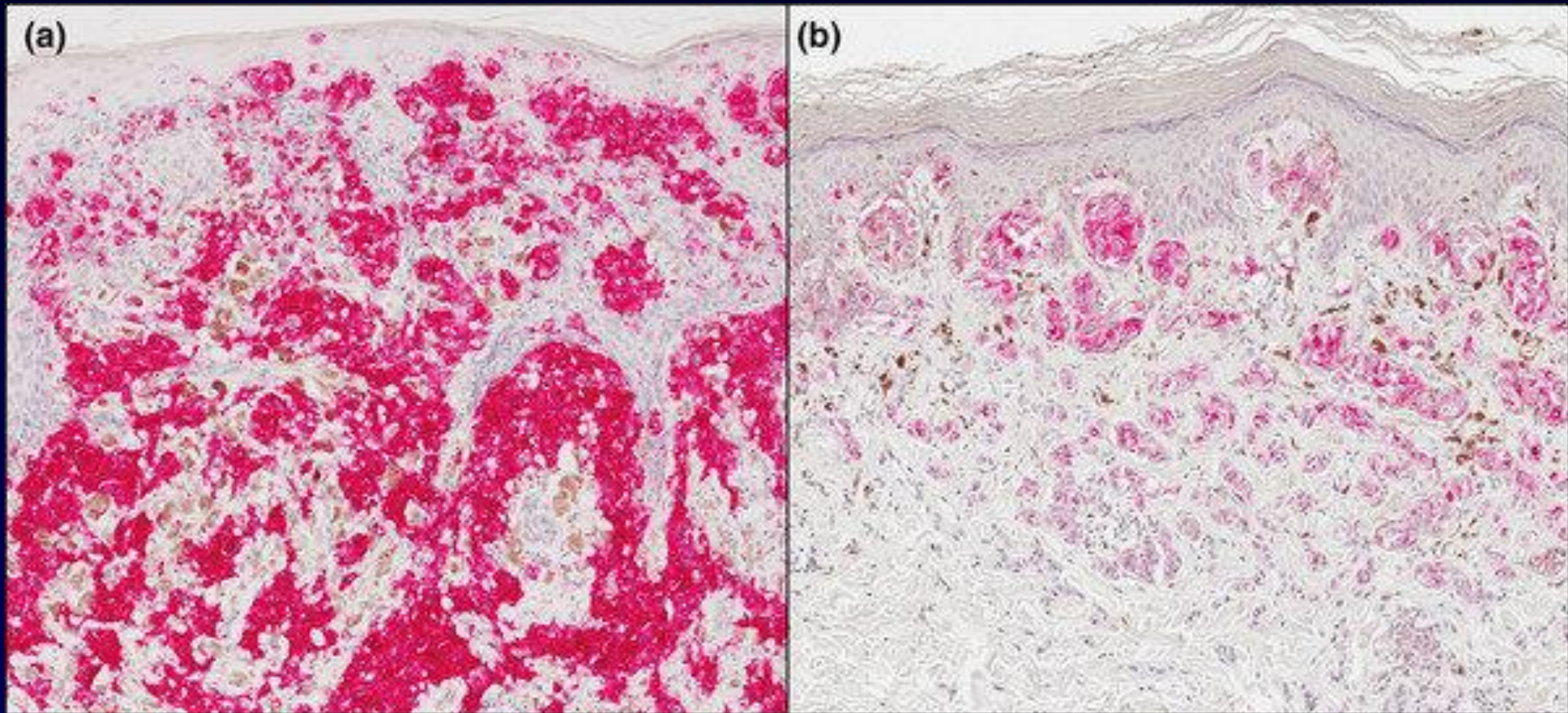


Melanocytes

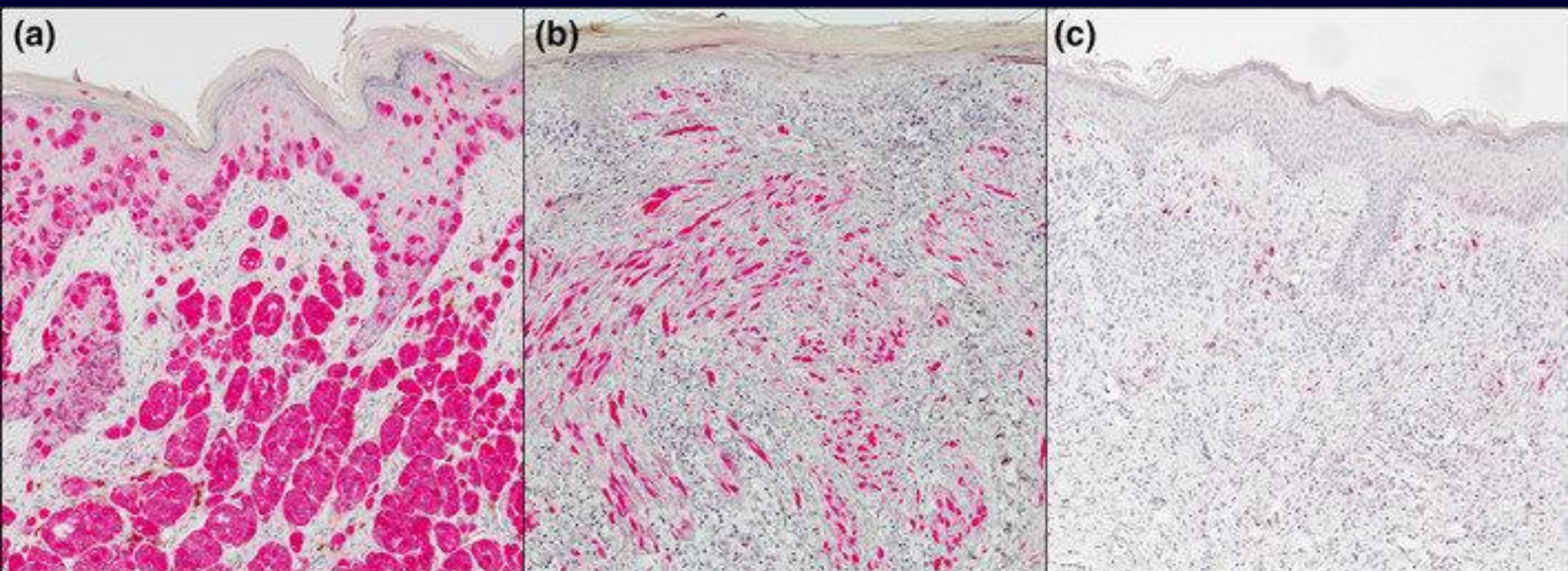
Mart-1 Immunoperoxidase shows dendritic processes of melanocytes



HMB45



p16

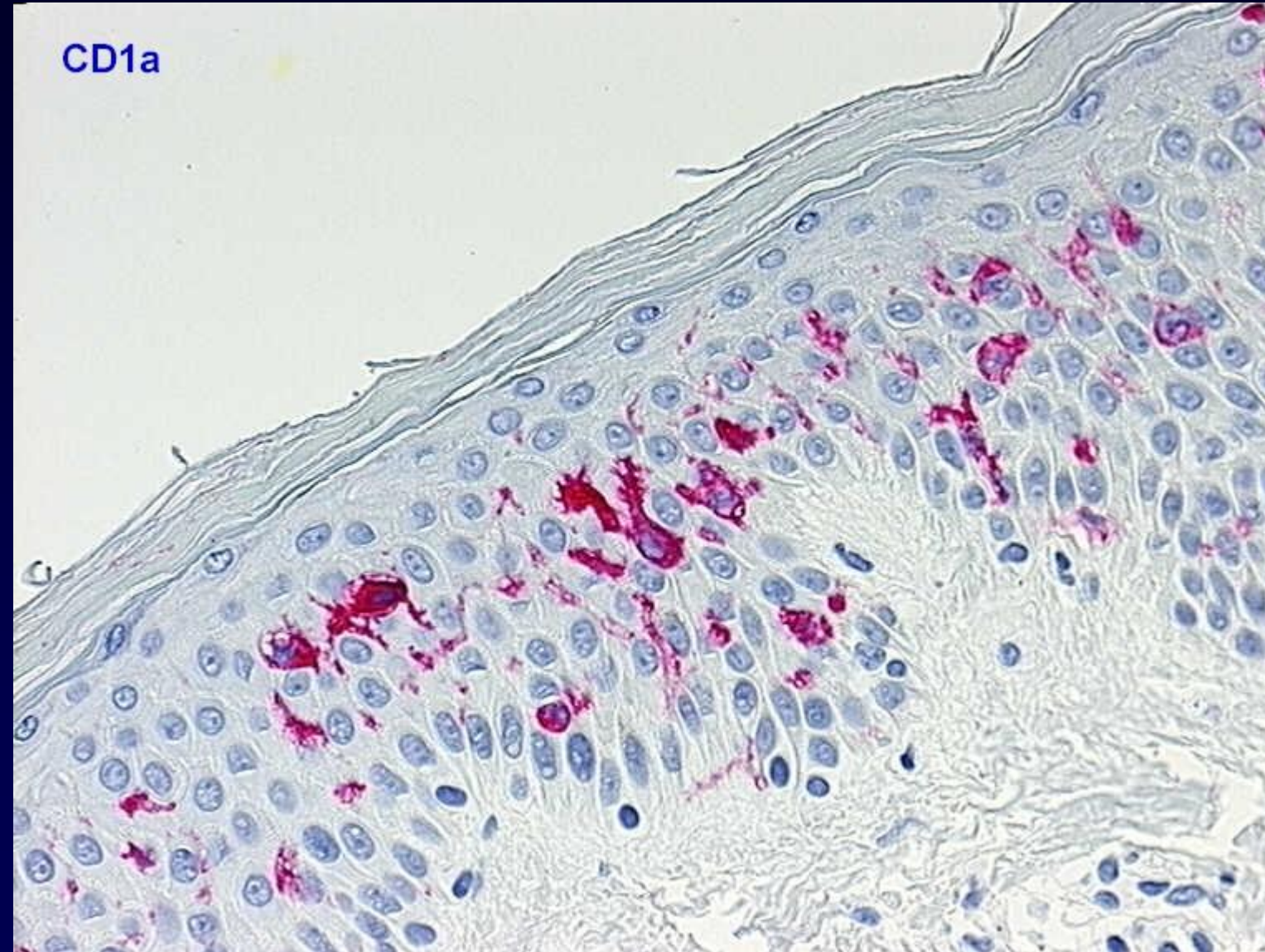


Embriogenesis

- **Melanoblast (melanocyte precursor) dorsolateral and ventral migration starting at the VIII wk**
- **Early melaninization at the X wk**
- **In fetal skin: melanocytes within the dermis as well as within the epidermis (basally and suprabasally)**
- **Disappearance of dermal active (dendritic) melanocytes (apoptosis? Migration toward the epidermis?) except in:**
 - **The head-neck district**
 - **The dorsal aspects of hands and feet**
 - **The presacral area**

Langerhans cells

CD1a

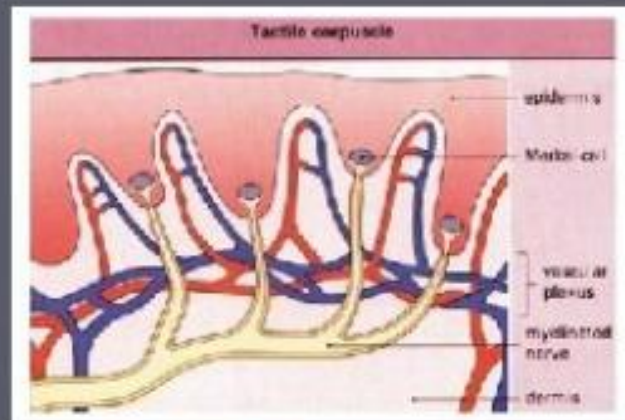


- Single units, spinous l.
- Antigen-presenting
- S100
- CD1a
- Langerin (CD207)
- Also: CD4, CD68, CD163

Sensory Perception in Dermis

Merkel cells: deep layers of epidermis

- superficial touch



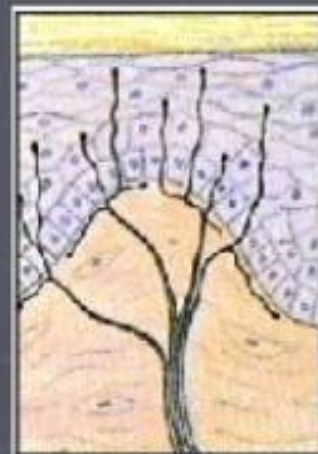
Free Nerve Endings: superficial dermis

- pain and temperature



Meissner's Corpuscles: superficial dermis

- light touch

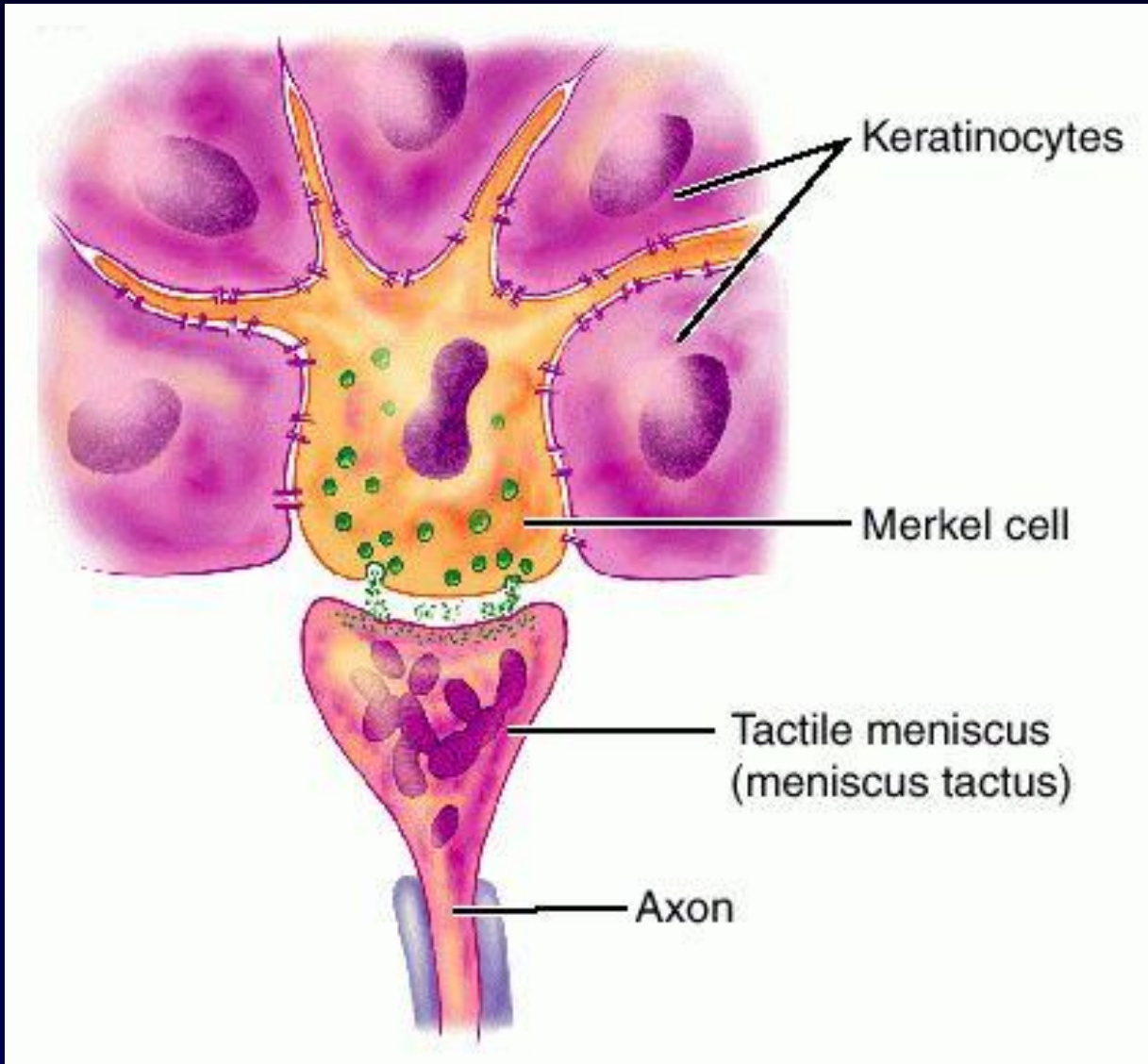


Pacinian Corpuscles: deep dermis

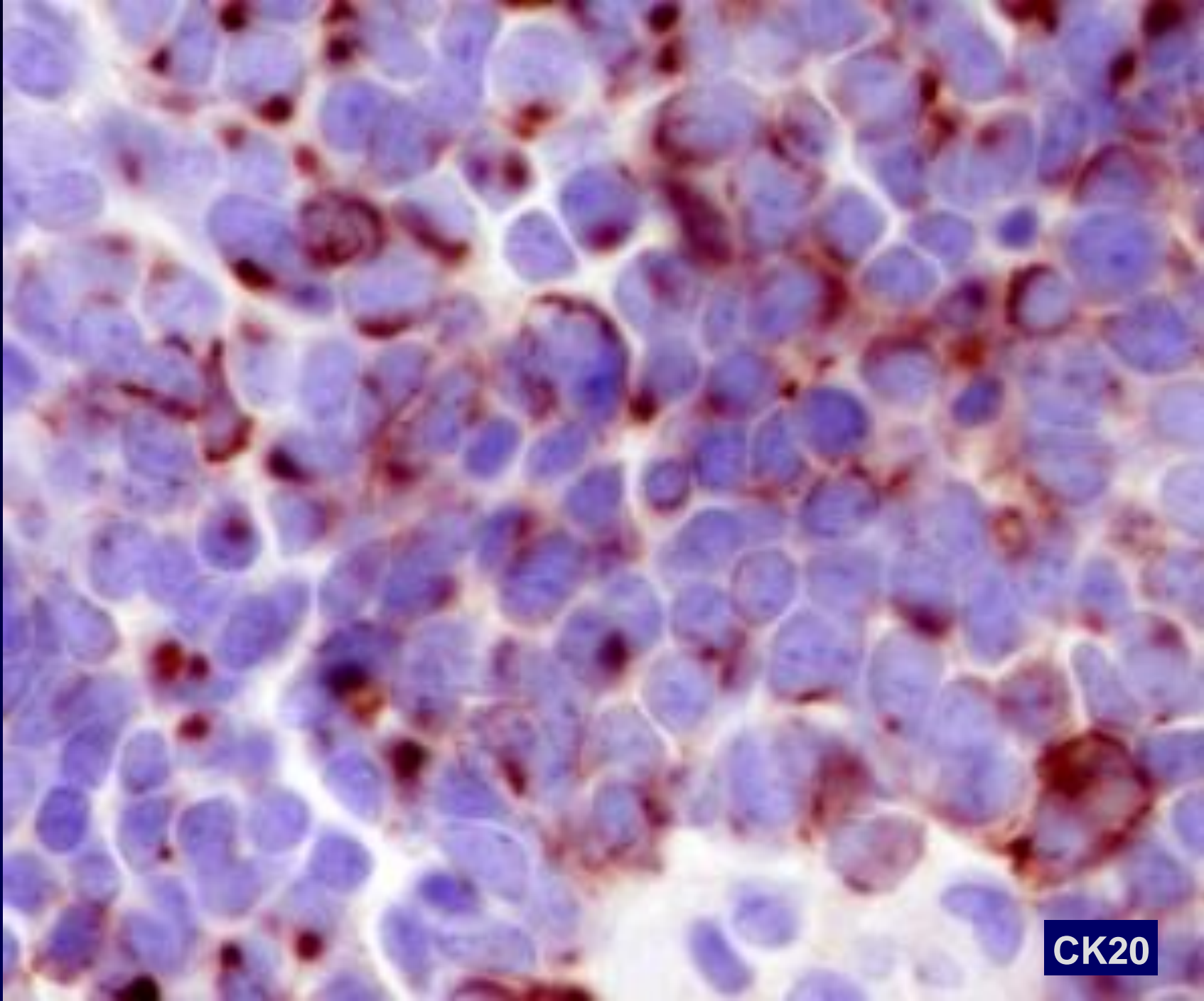
- pressure and vibrations



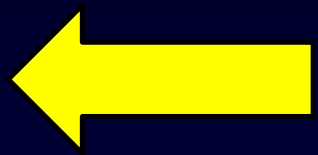
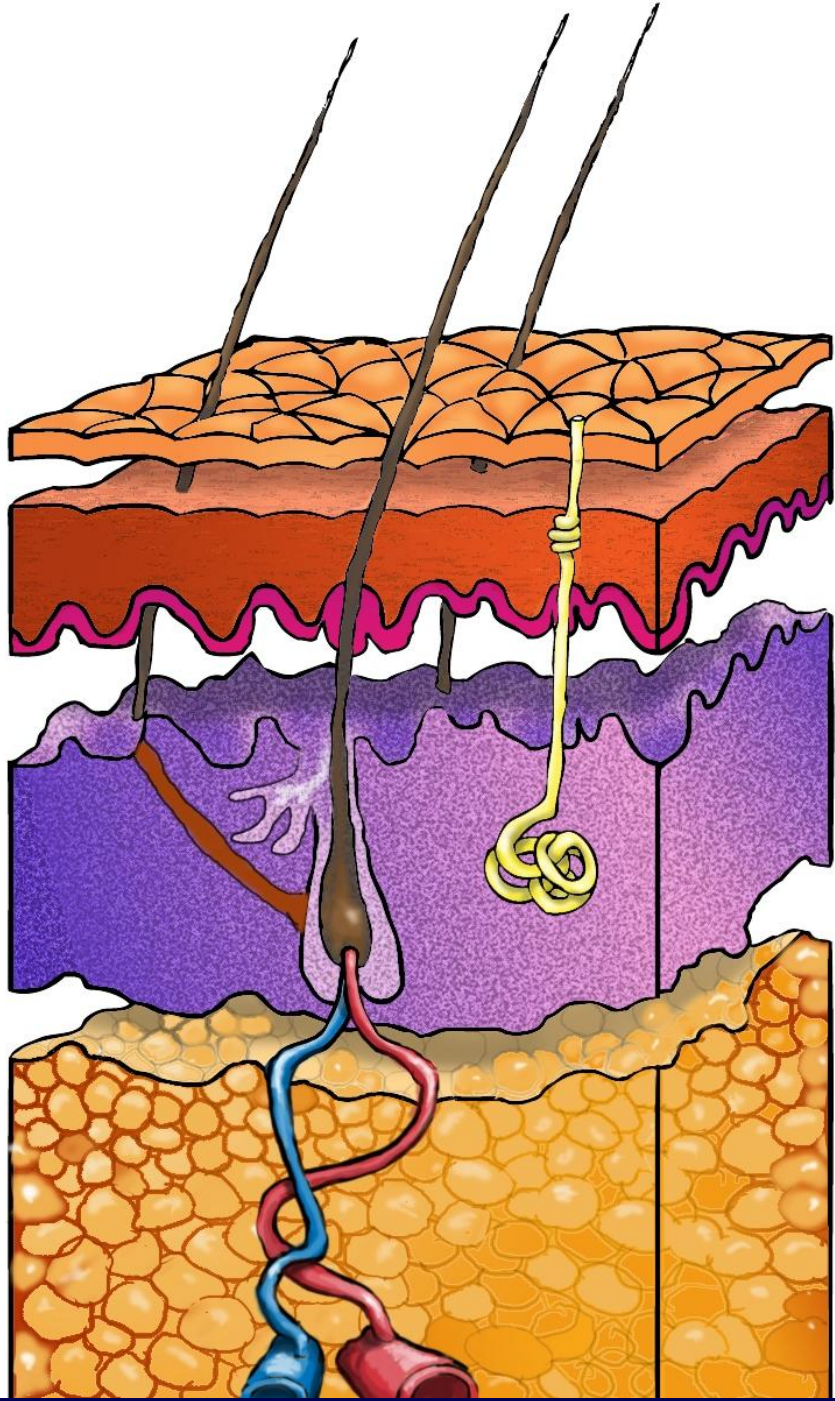
Merkel cells



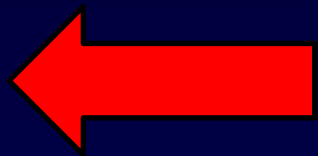
- CK AE1/AE3
- CK 8/18
- CK 19
- CK20
- Neurofilaments
- Chromogranin A
- Synaptophysin
- CD56
- PGP9.5



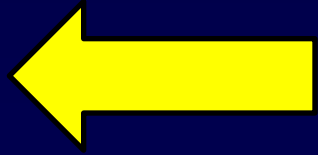
CK20



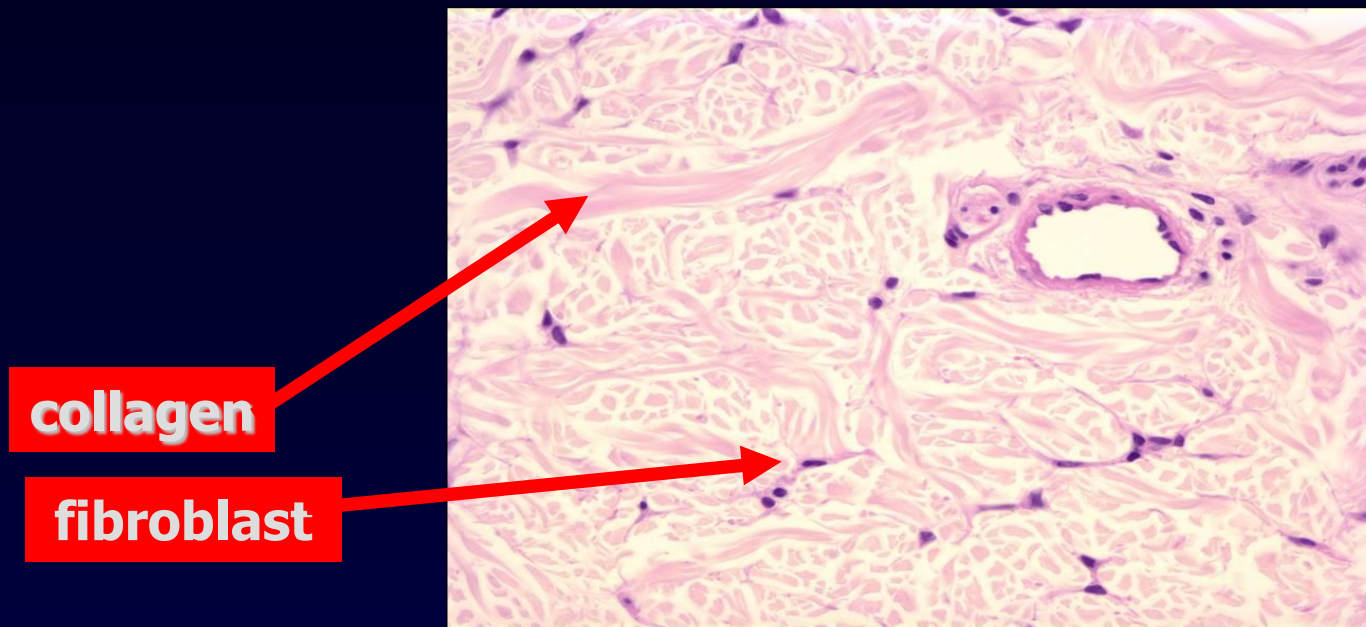
Epidermis



Dermis



Subcutaneous tissue



collagen

fibroblast

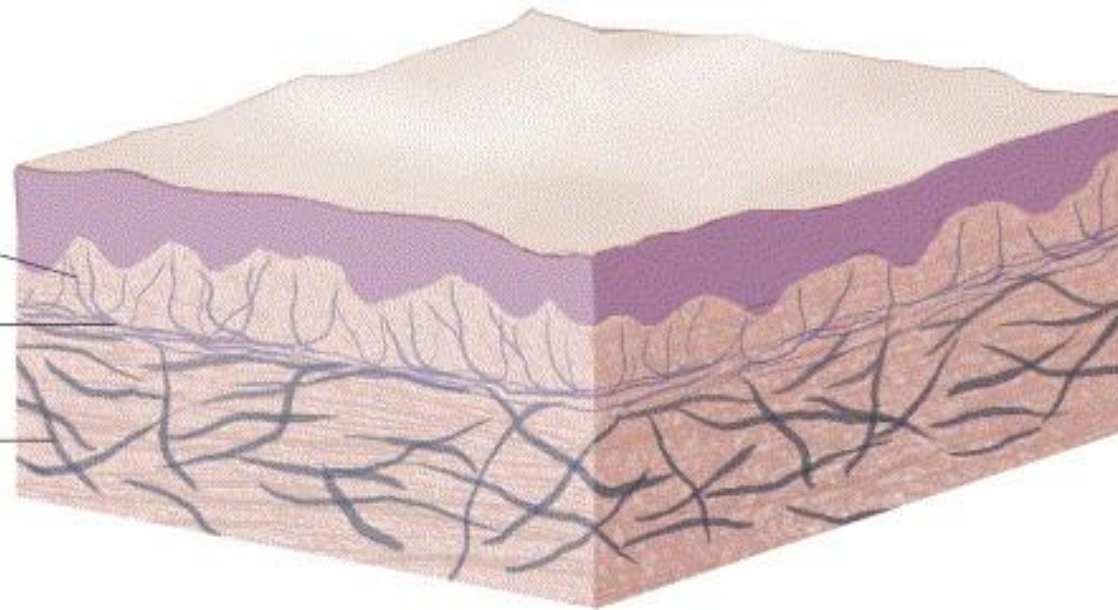
- The dermis is composed predominantly of connective tissue; collagen, elastic tissue, and ground substance. The major function of the dermis is to protect against trauma and envelop the body in a strong and flexible wrap.
- Collagen comprises the majority of the dermis, especially **type I collagen**, which **accounts for 80% of the total collagen in skin**. This provides the tensile strength of the skin.
- **Ground substance (connective tissue mucin)** is the amorphous material that fills spaces between the cellular and fibrillar components of the dermis. It is composed of **proteoglycans**.

A

Oxytalan fibers

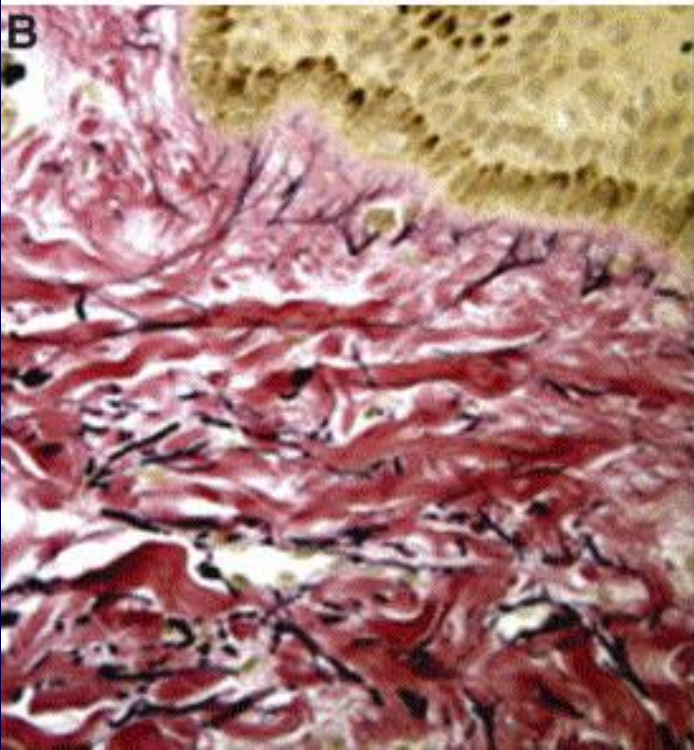
Elaunin fibers

Elastic fibers

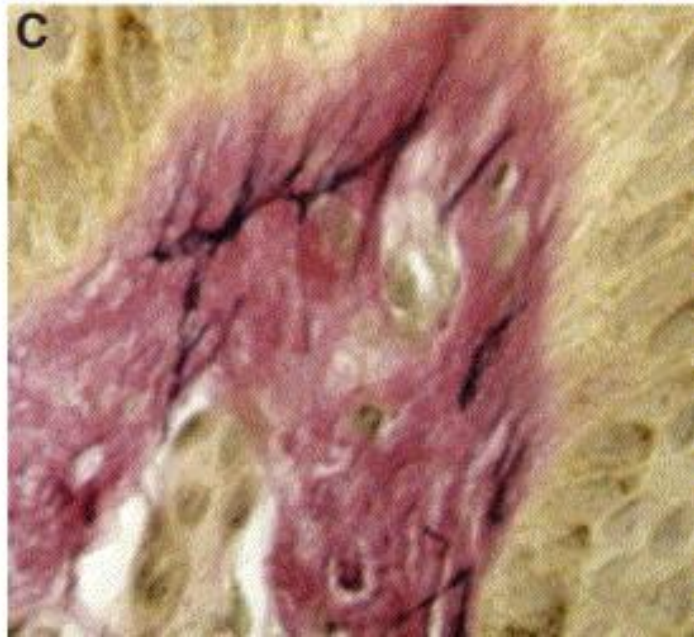


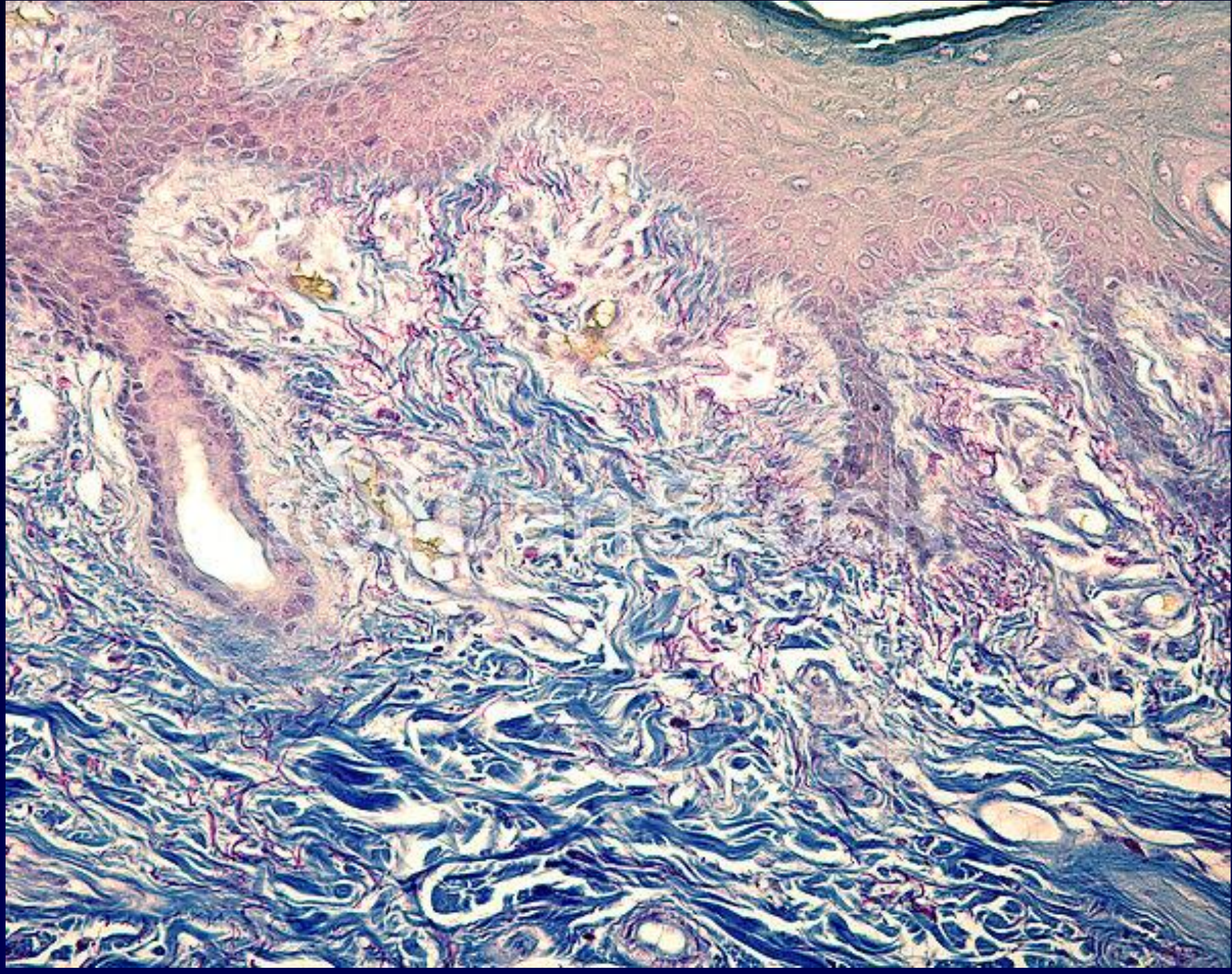
**3% of the dry weight
of the skin**

B

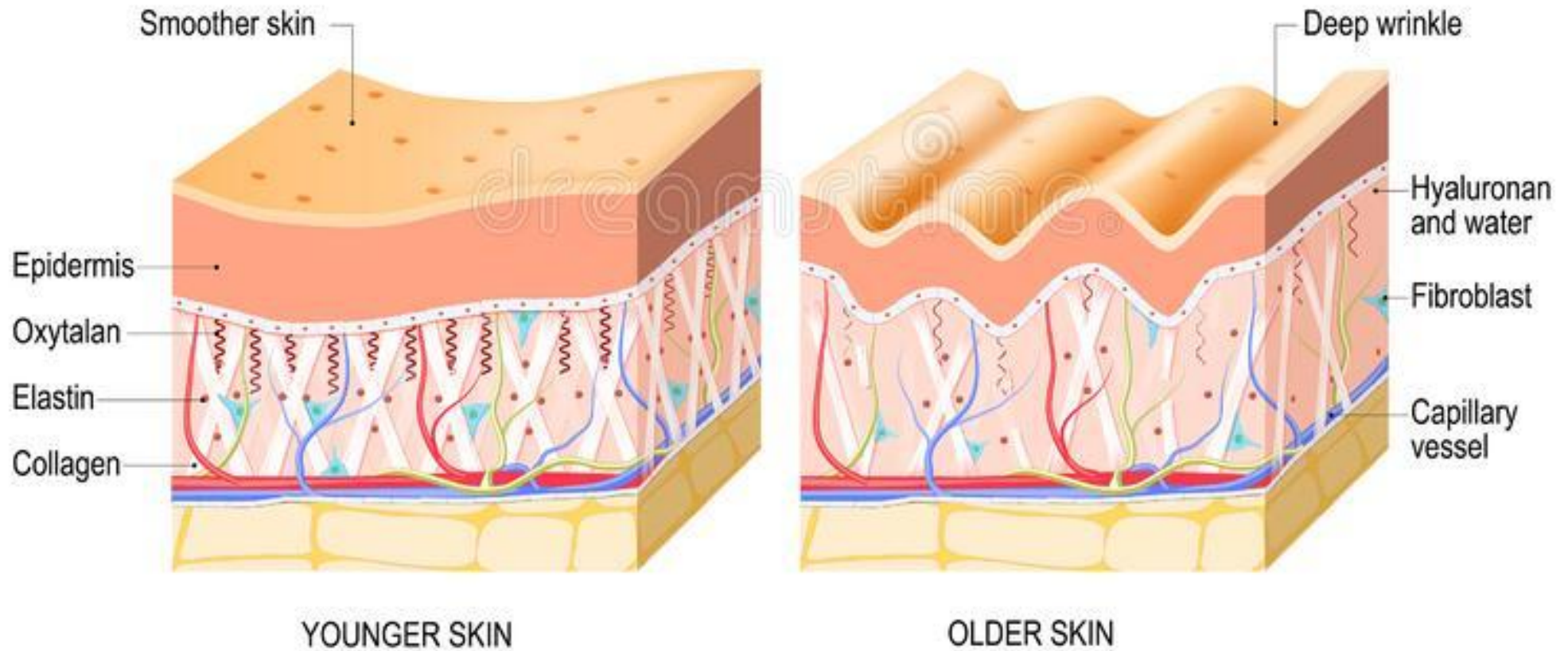


C

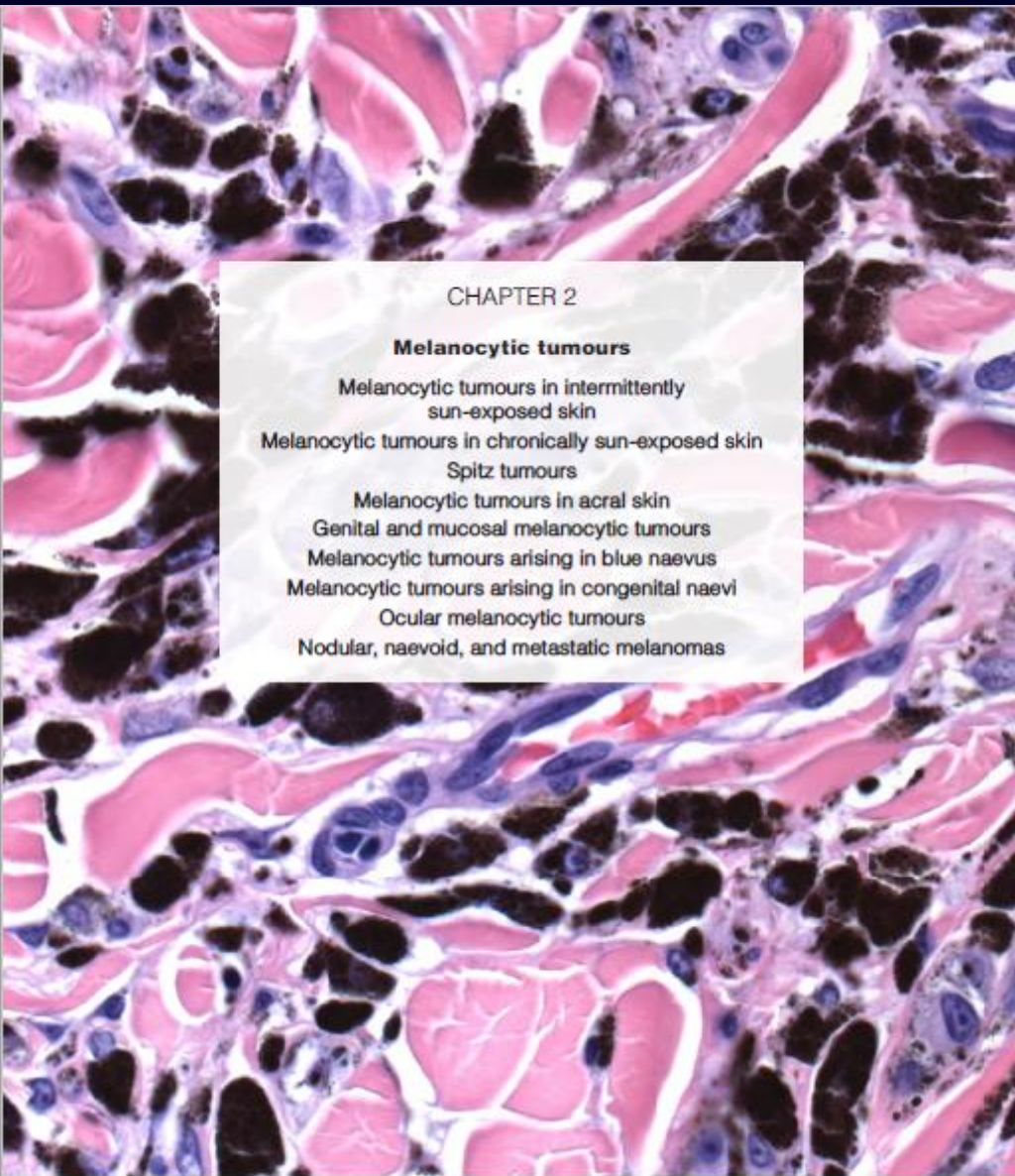




Aging skin



WHO, 2018



CHAPTER 2

Melanocytic tumours

Melanocytic tumours in intermittently sun-exposed skin

Melanocytic tumours in chronically sun-exposed skin

Spitz tumours

Melanocytic tumours in acral skin

Genital and mucosal melanocytic tumours

Melanocytic tumours arising in blue naevus

Melanocytic tumours arising in congenital naevi

Ocular melanocytic tumours

Nodular, naevoid, and metastatic melanomas

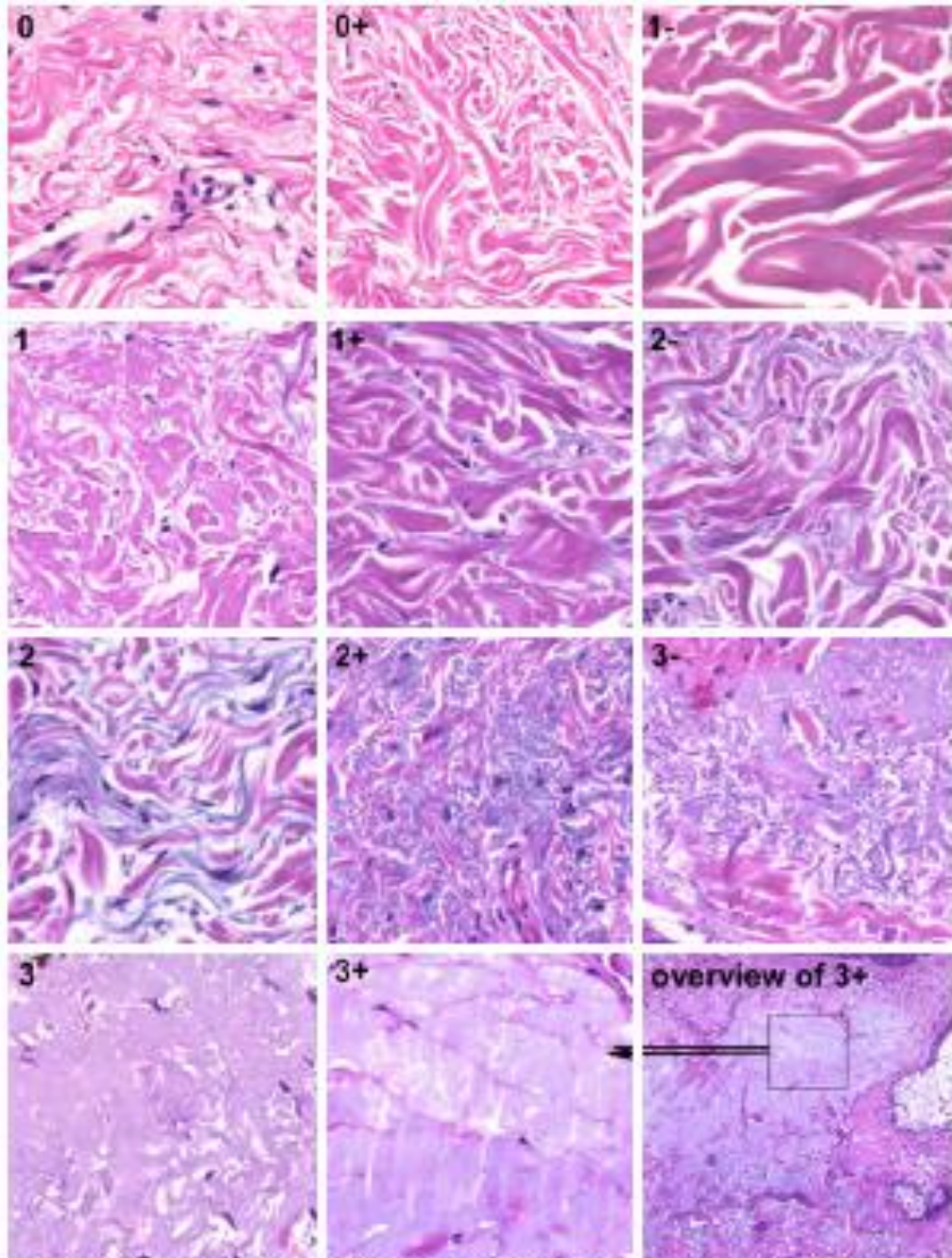


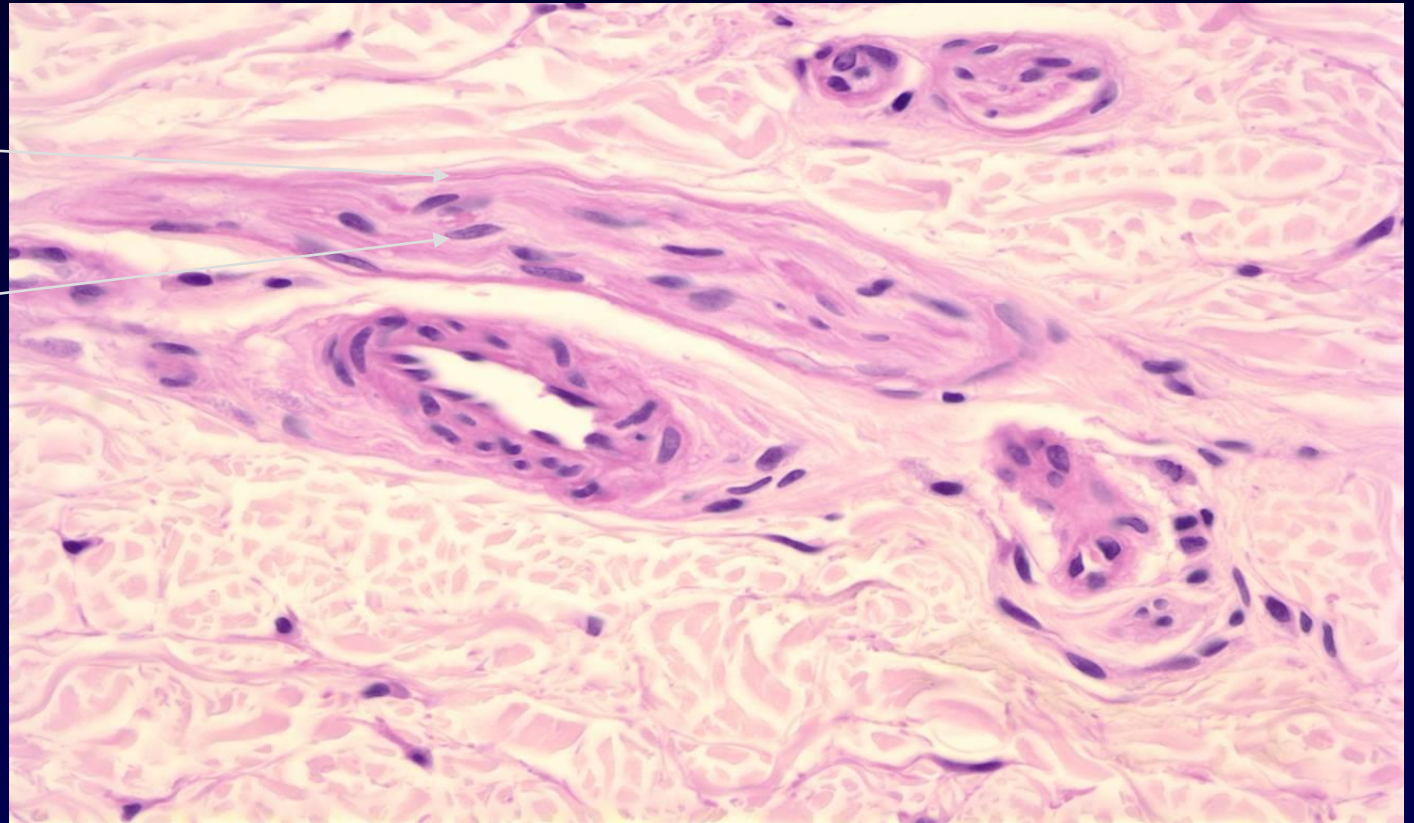
Fig. 7650 Grades of solar elastosis. Grade 1 is distinguished by the presence of single elastic fibres, grade 2 by bunches of fibres, and grade 3 by basophilic material that has lost its fibrillary texture.

Neurovascular Bundle

perineurium

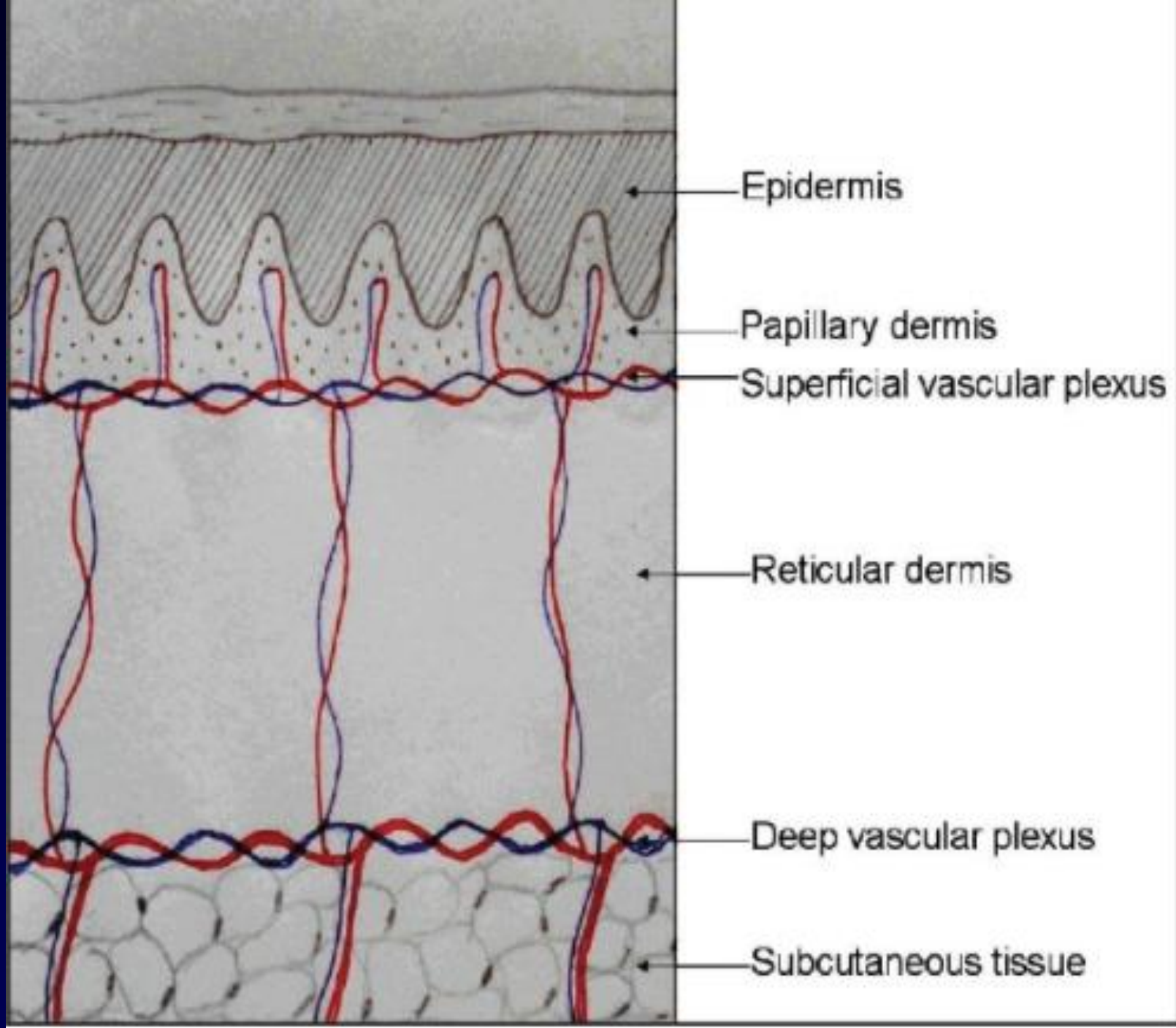
Wavy nuclei of
Schwann cells

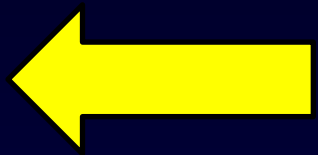
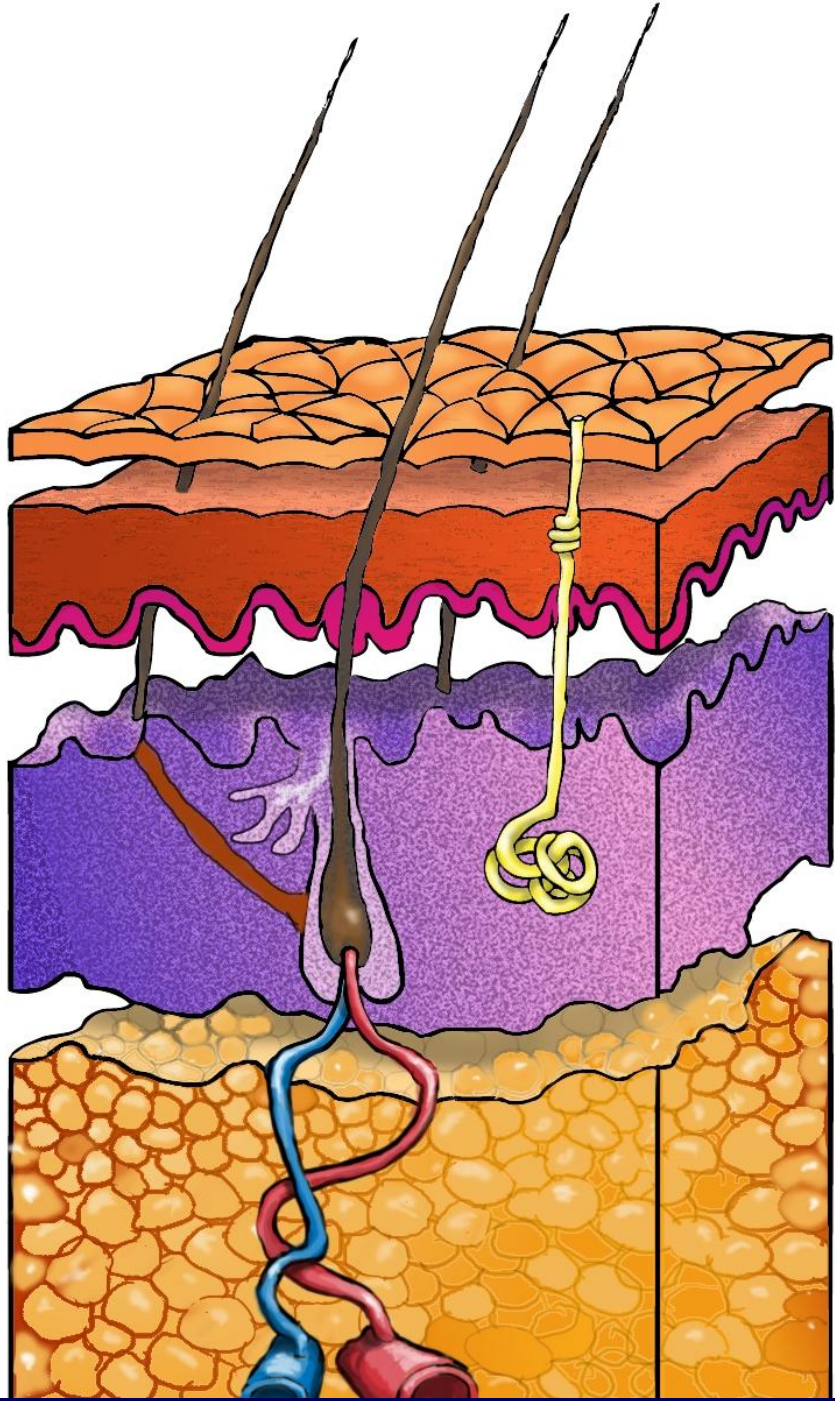
Nerve
fibers are
zig-zag to
permit
stretching



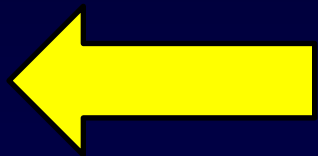
Caveats

- There are two vascular plexuses in the skin; one at the junction of papillary dermis and reticular dermis and another at the junction of reticular dermis and subcutaneous tissue. These plexuses are interconnected by few vertically traversing vessels
- When a biopsy ends at the mid-reticular level, the residual dermis is at risk of necrosis due to reduced vascularity. This increases the chances of secondary infection and scarring. Hence, while performing biopsy, it is important to go subcutaneous tissue deep.

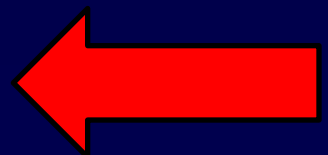




Epidermis



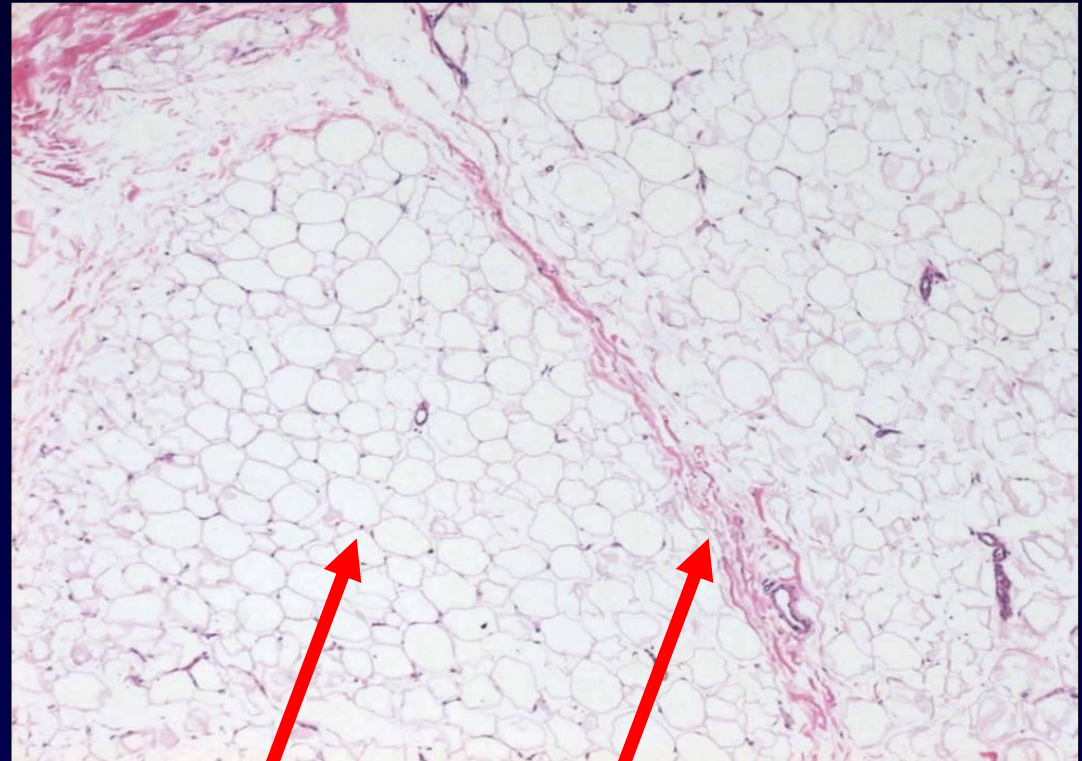
Dermis



Subcutaneous tissue

Subcutaneous fat

The subcutaneous fat is composed of lobules of adipocytes separated by fibrous septae containing nerves, blood vessels, and lymphatics. The fibrous septae connect the overlying dermis to the underlying fascia. The subcutis serves as a shock absorber, insulator, and energy store.



lobule

septum

Panniculitis: pathogenesis

Vascular supply is rich but **SLOW FLOWING**

Fat is vulnerable

```
graph LR; A[Fat is vulnerable] --> B[trauma/cold]; A --> C[stasis/edema]; A --> D[antibodies]; A --> E[enzymes]; A --> F[infective triggers];
```

trauma/cold

stasis/edema

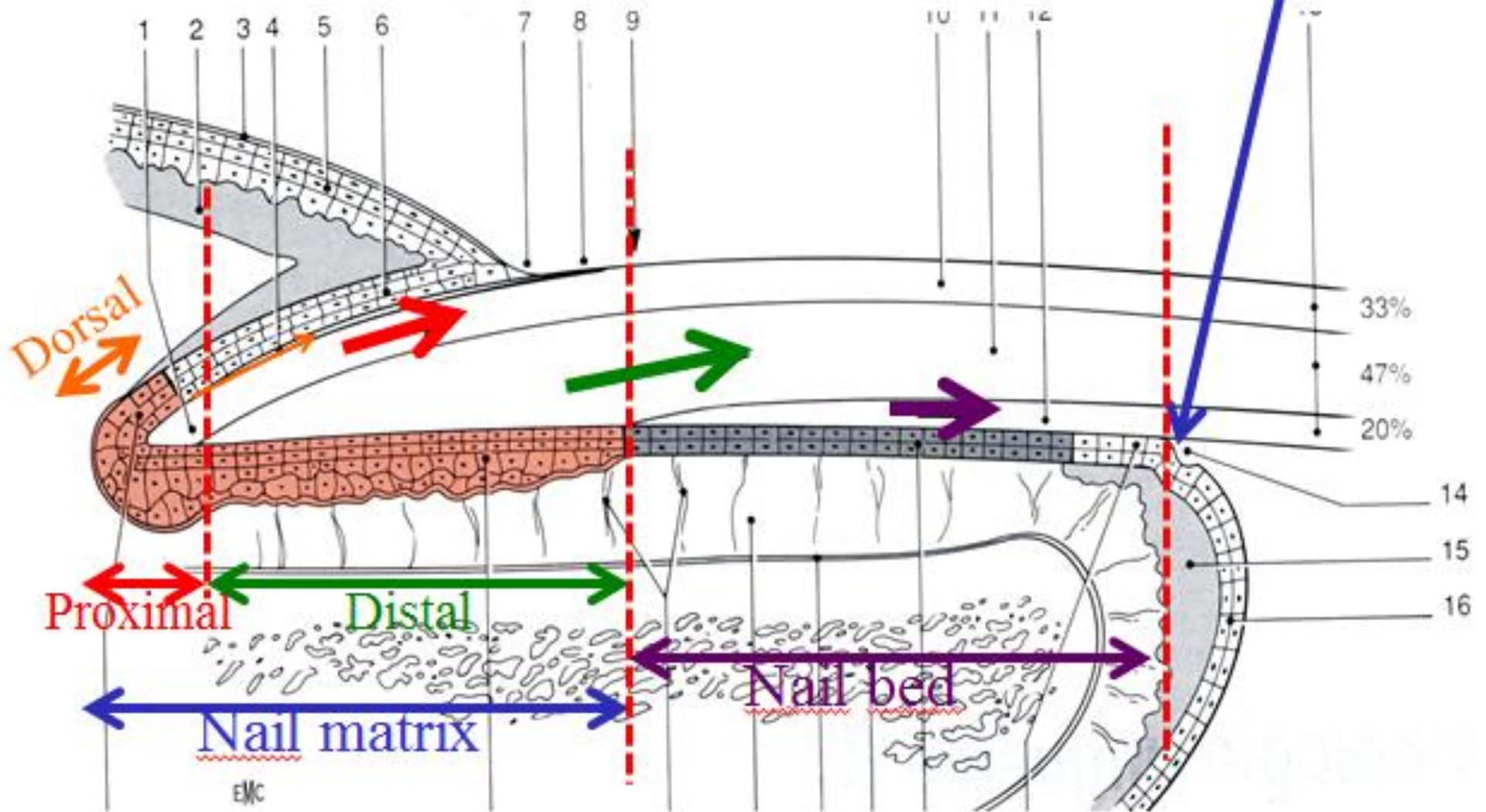
antibodies

enzymes

infective triggers

Cutaneous adnexa

hyponychium



EMC



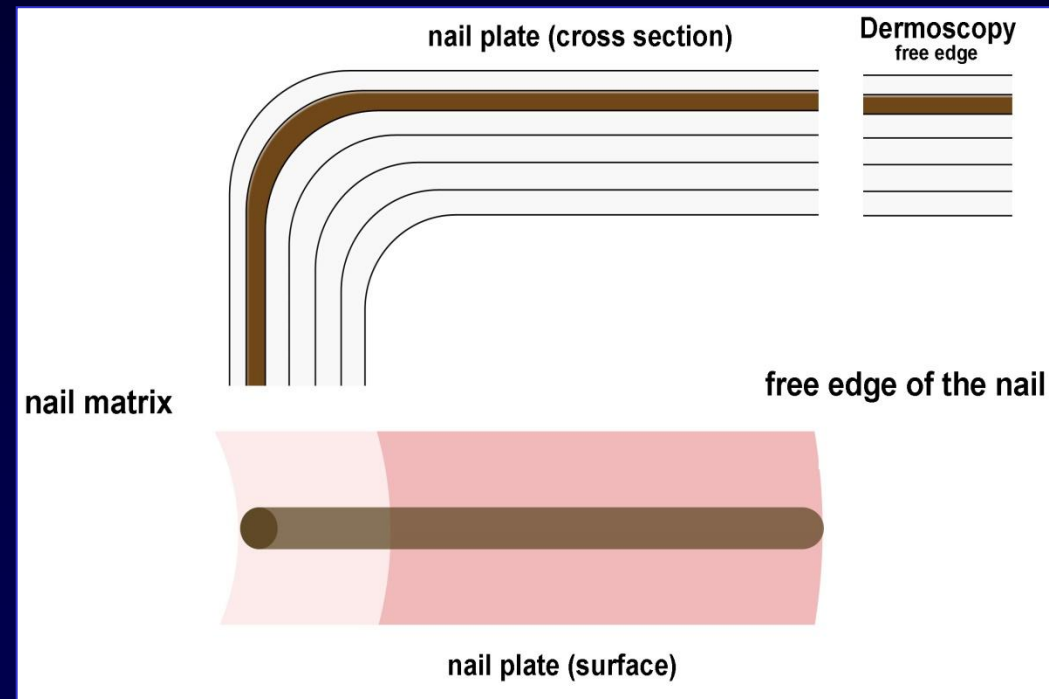
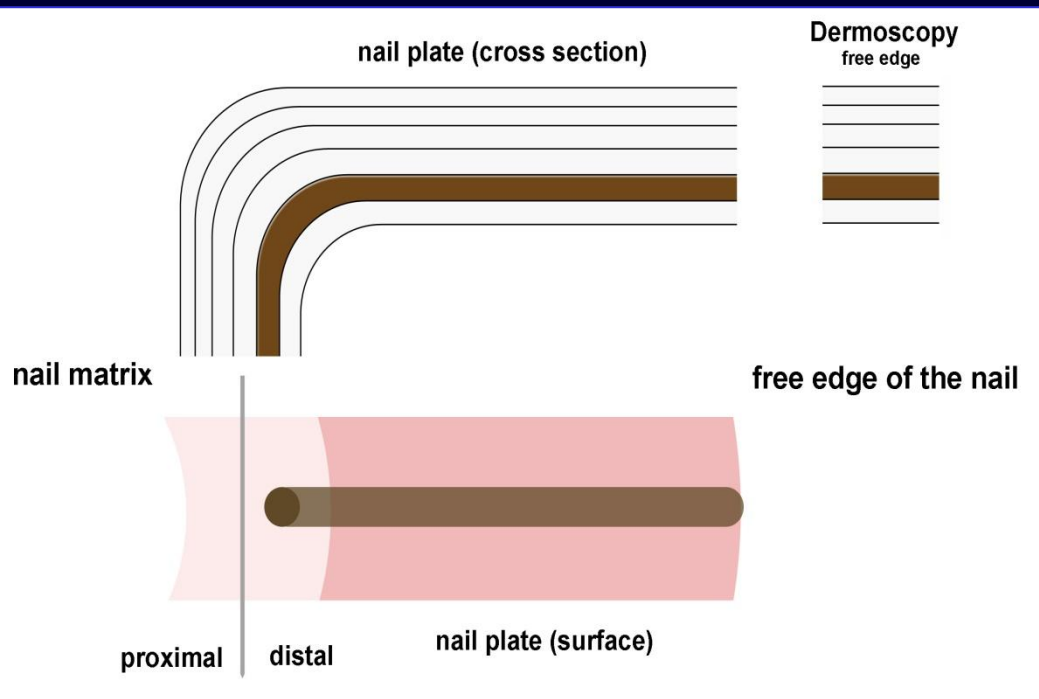
3. Nail dermoscopy

- Free-edge dermoscopy



3. Nail dermoscopy

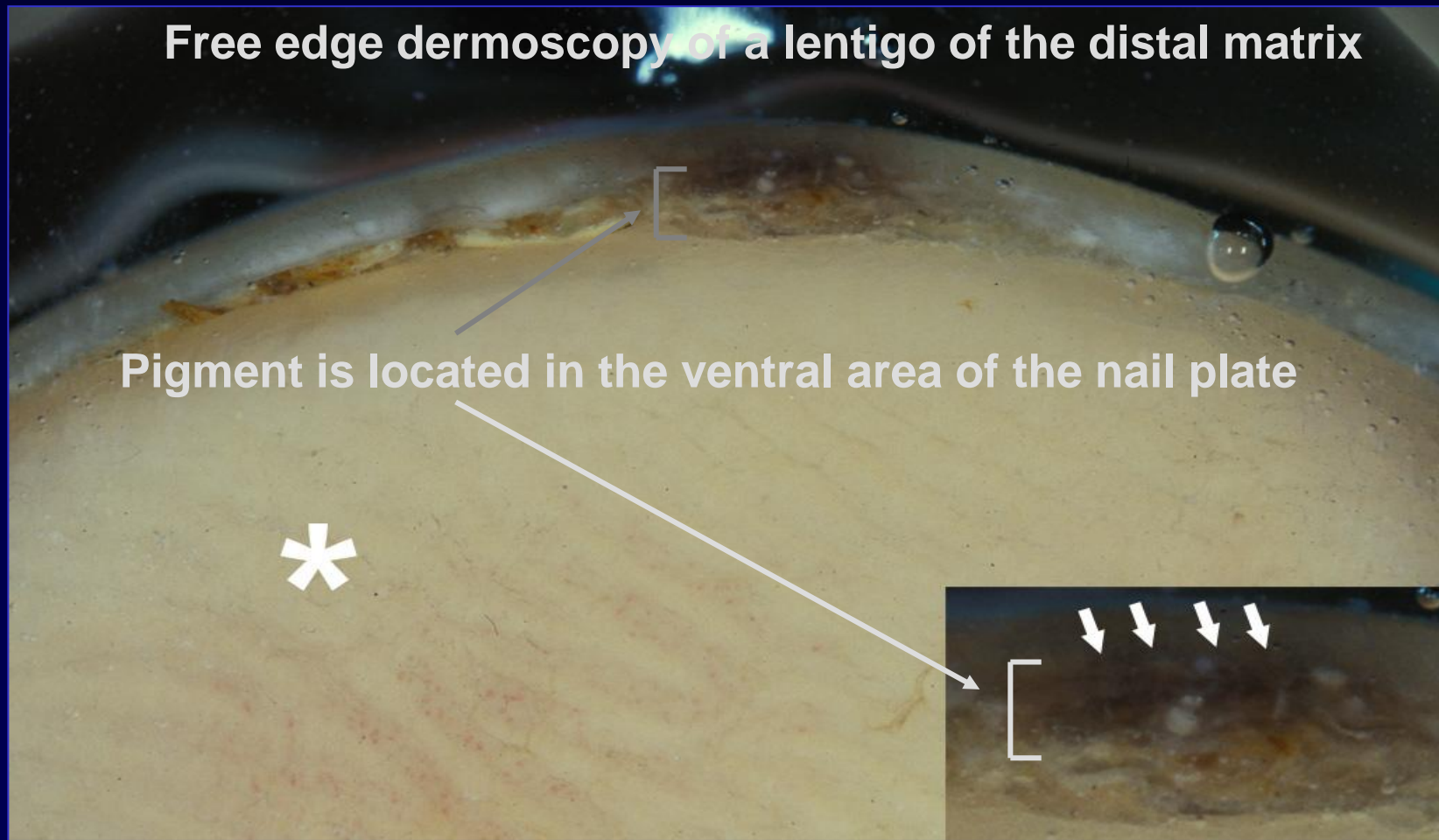
- Free-edge dermoscopy



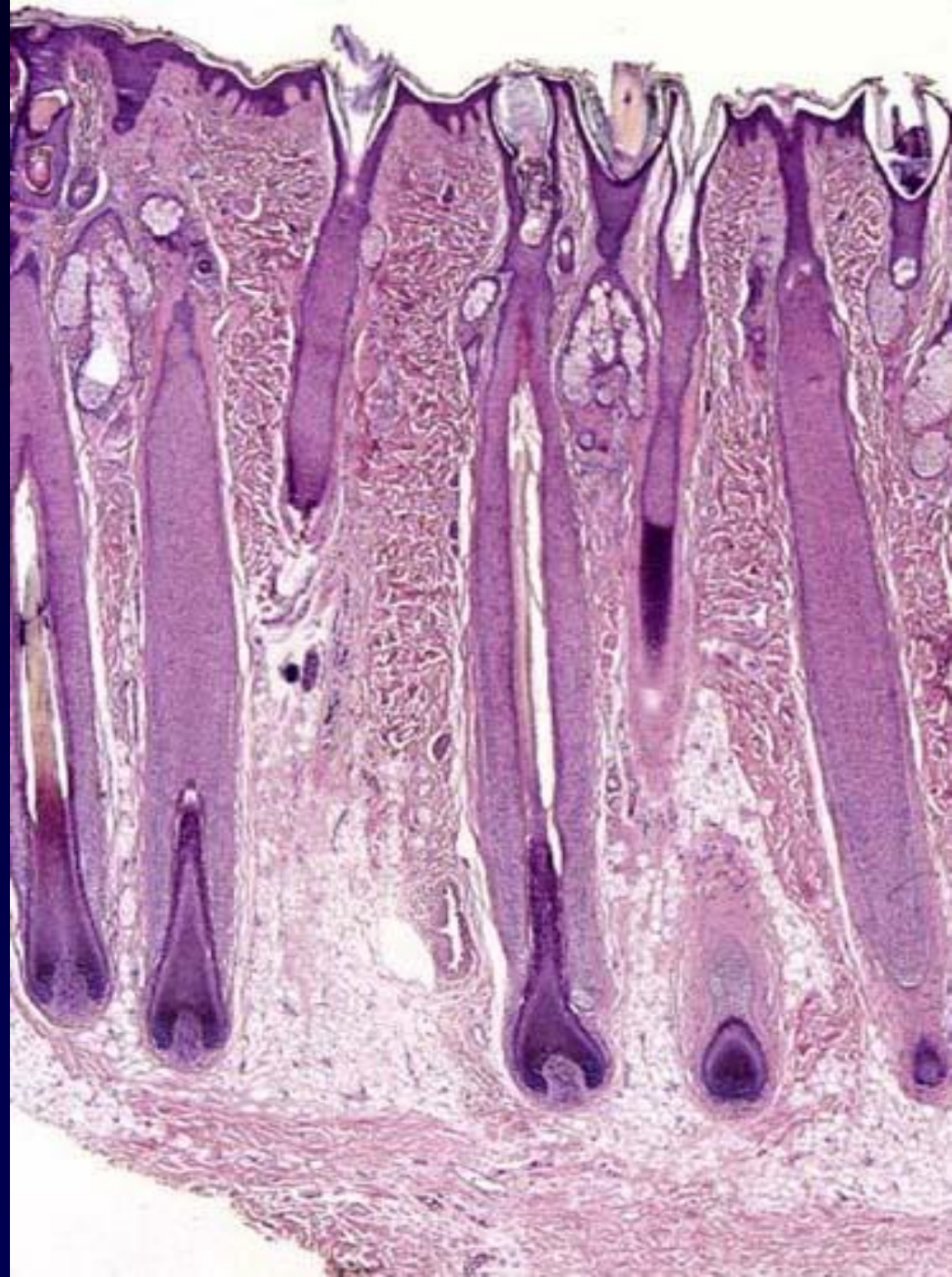
The location of the pigment (observed at the free edge) can predict the location of the causative pigmentary lesion
Up : proximal matrix / Down : distal matrix

Nail dermoscopy

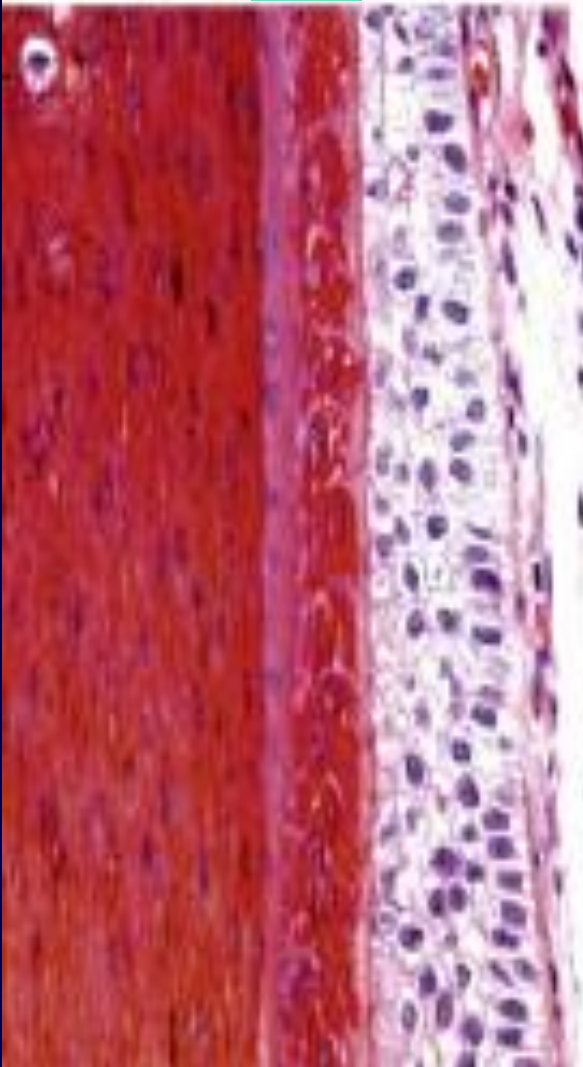
- **Free-edge dermoscopy**



Hair follicles

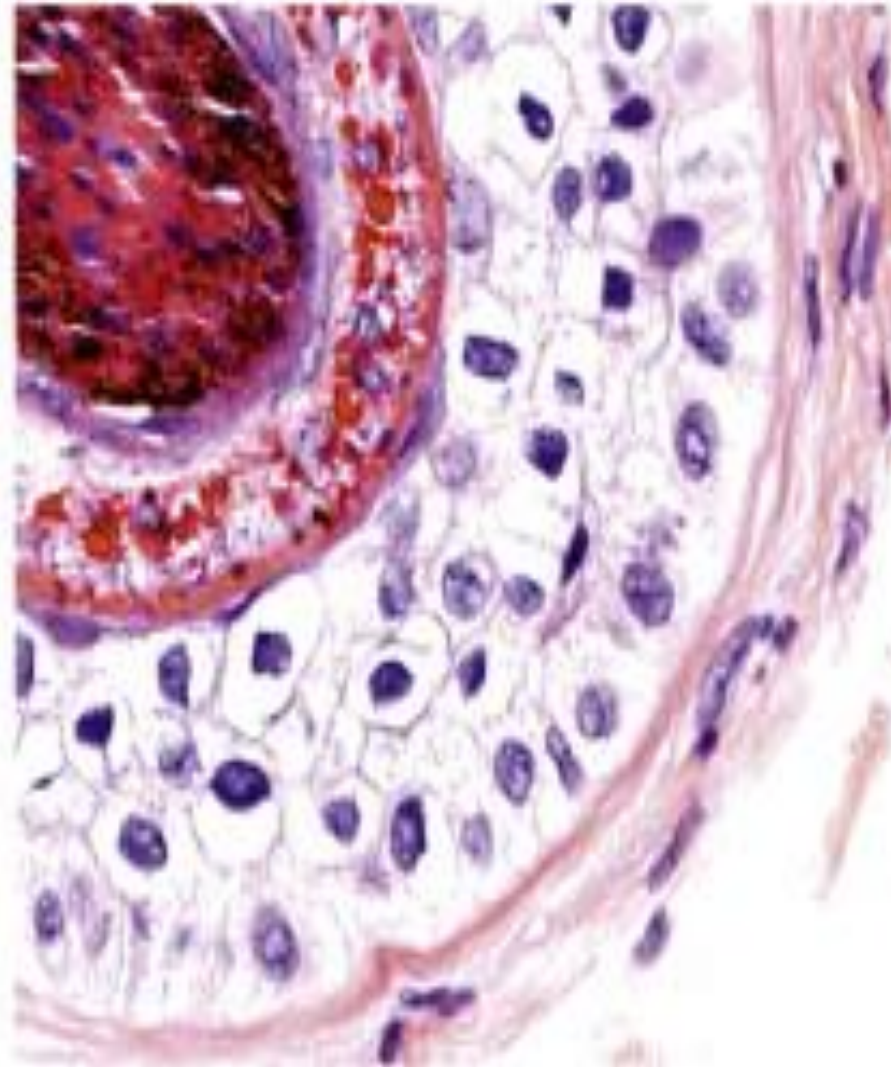


1 2 3 4 5 6 7

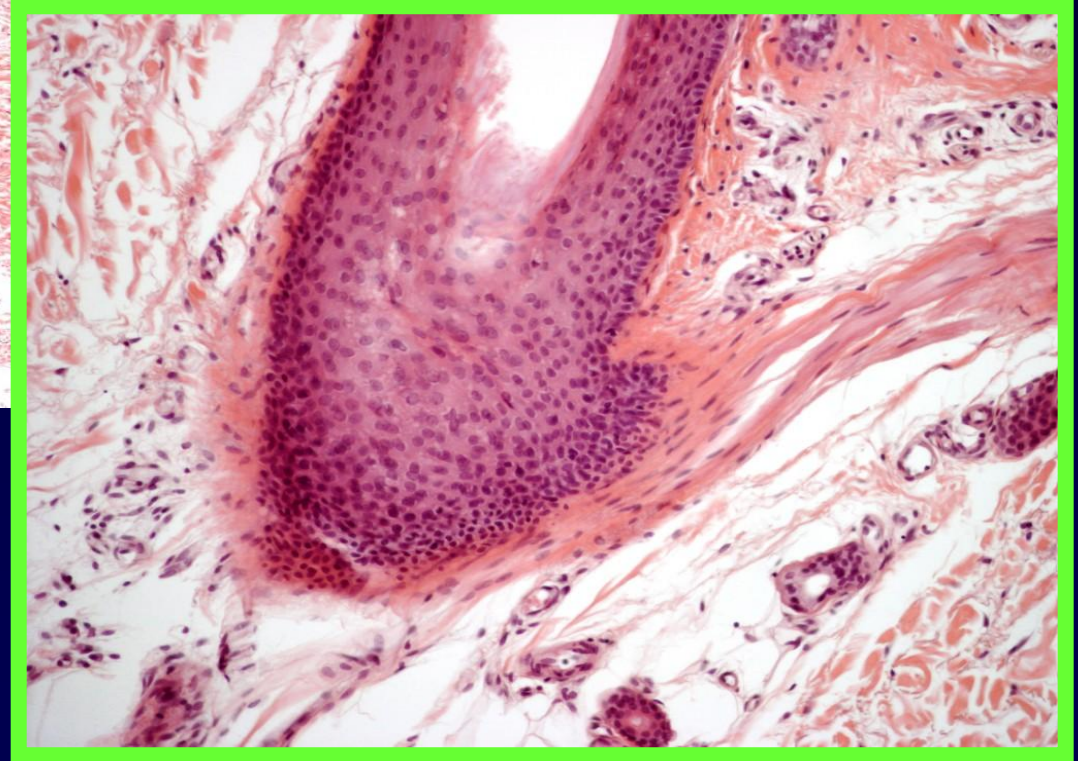
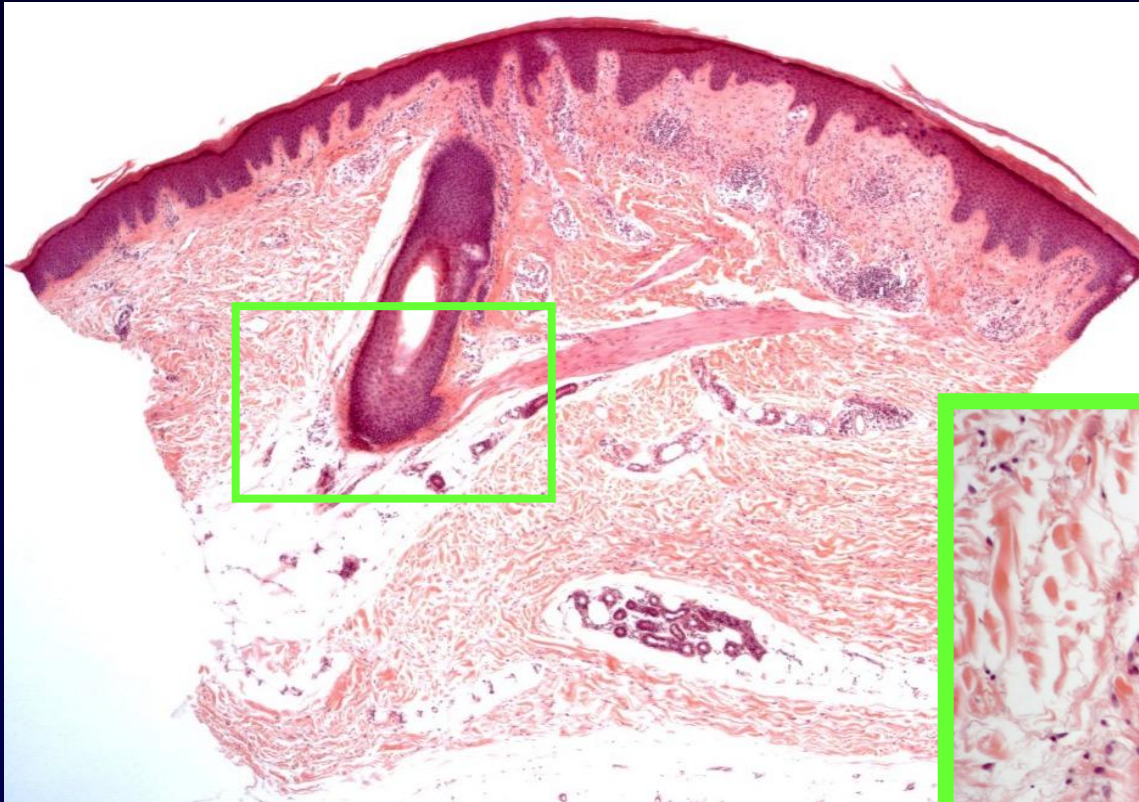


1. Medulla
2. Hair shaft cortex
3. Hair shaft and inner root sheath cuticle
4. Huxley's layer
5. Henle's layer
6. Outer root sheath
7. External fibrous layer

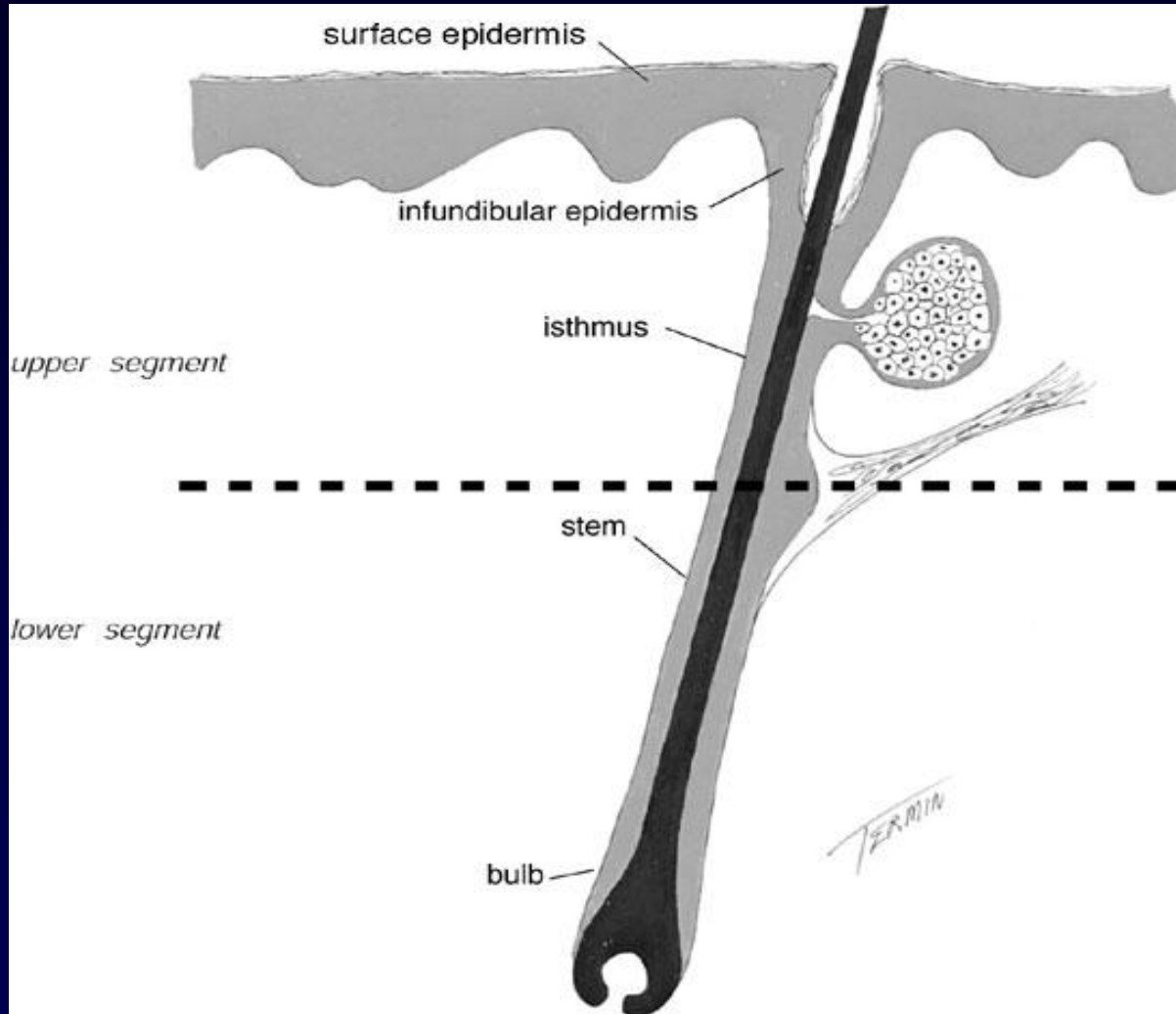
1 2 3 4 5 6 7



BULGE



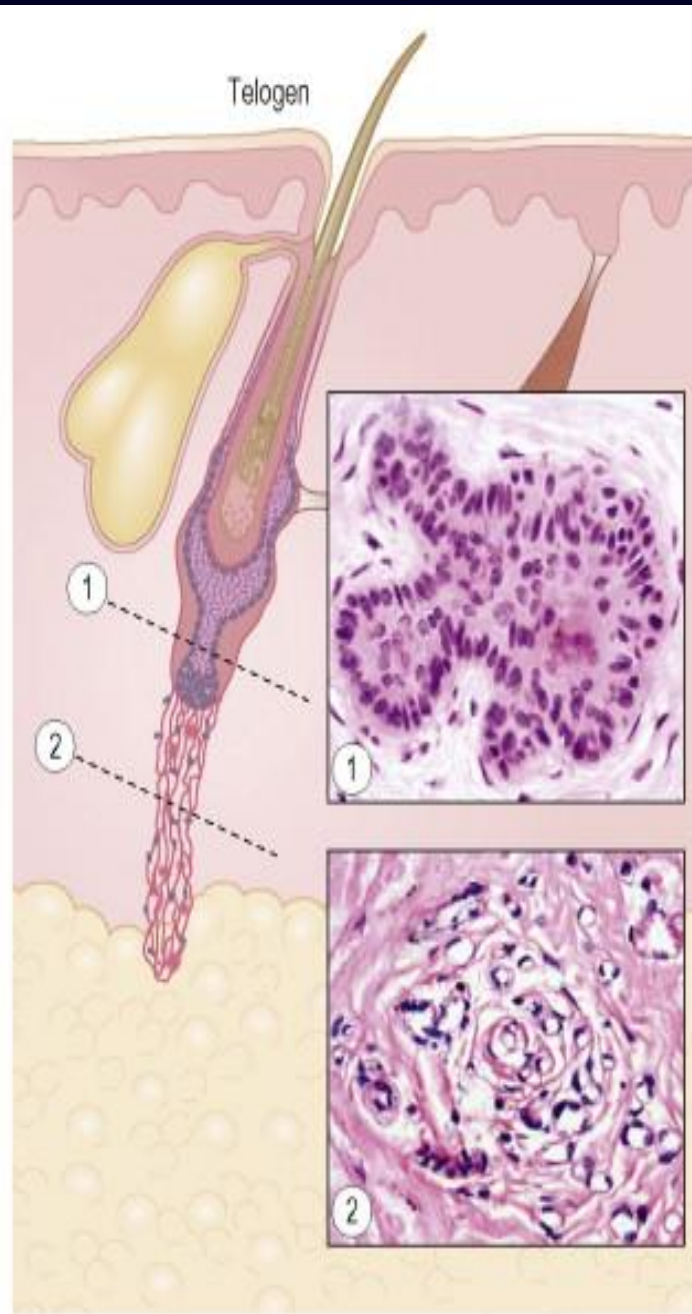
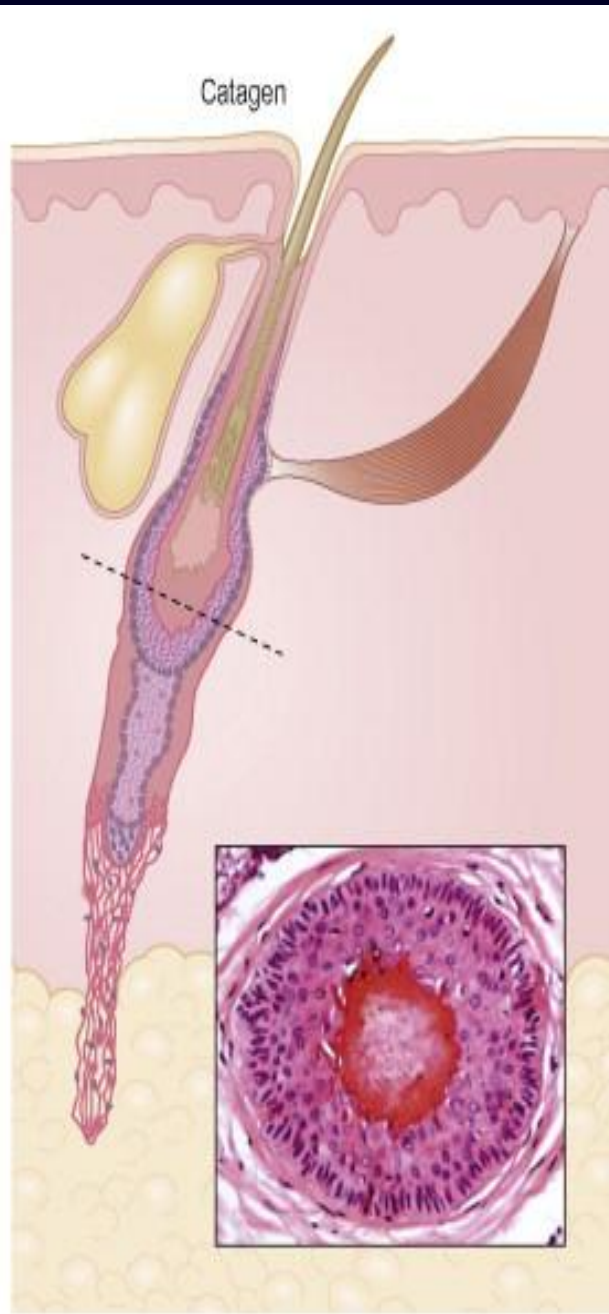
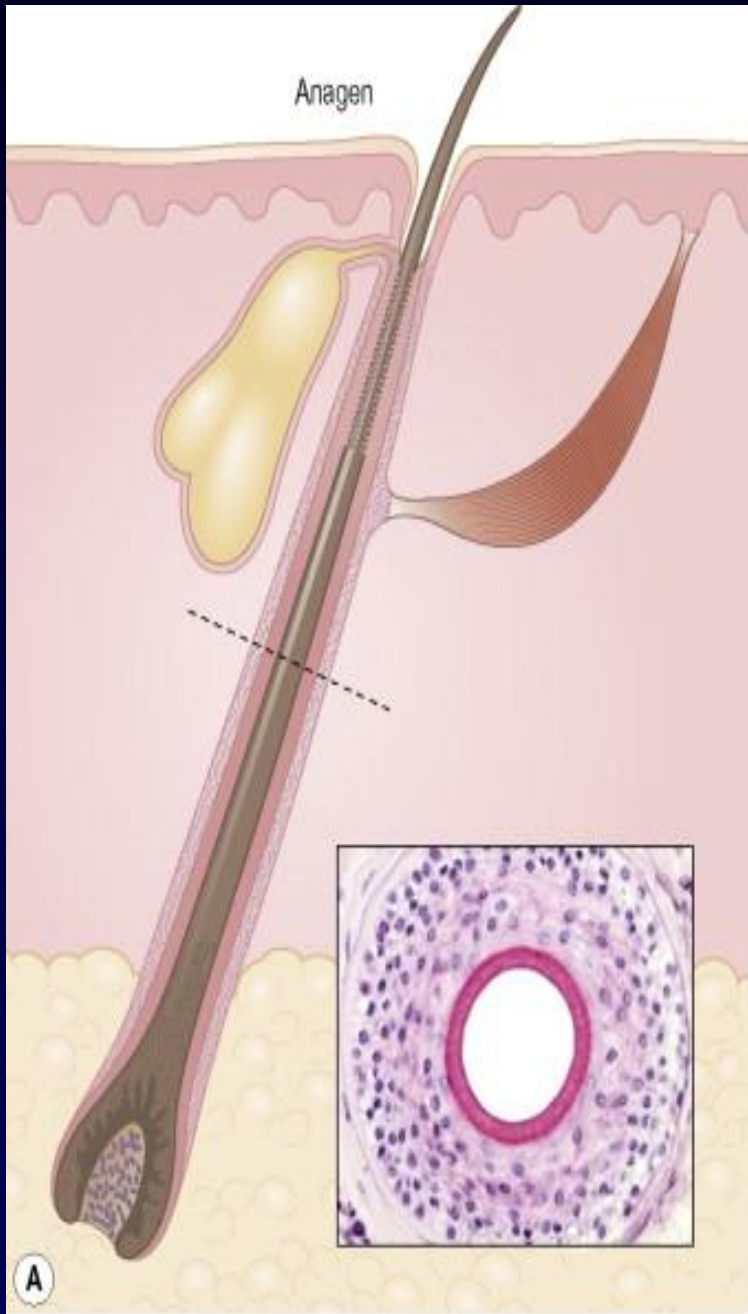
HAIR FOLLICLE



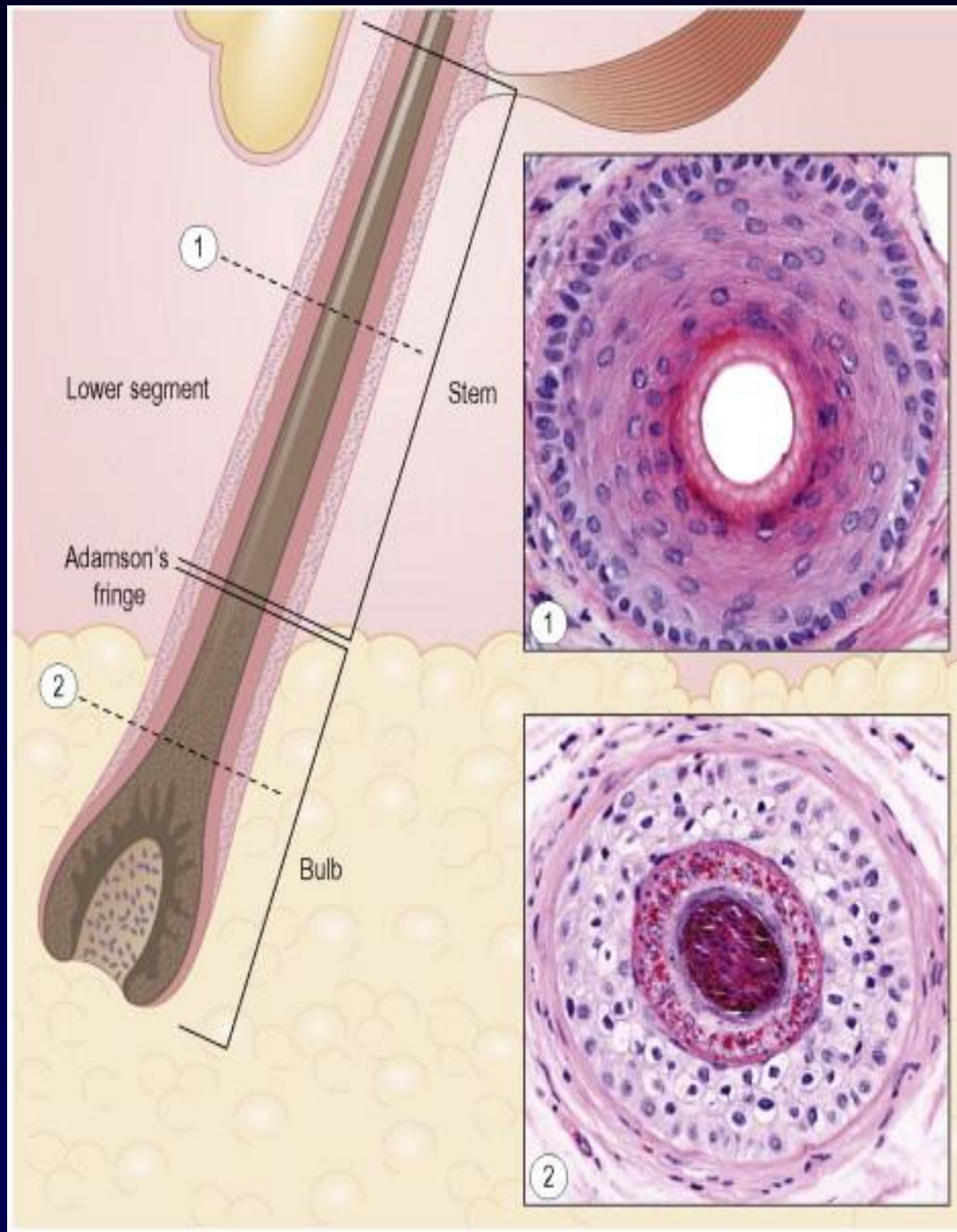
Anagen

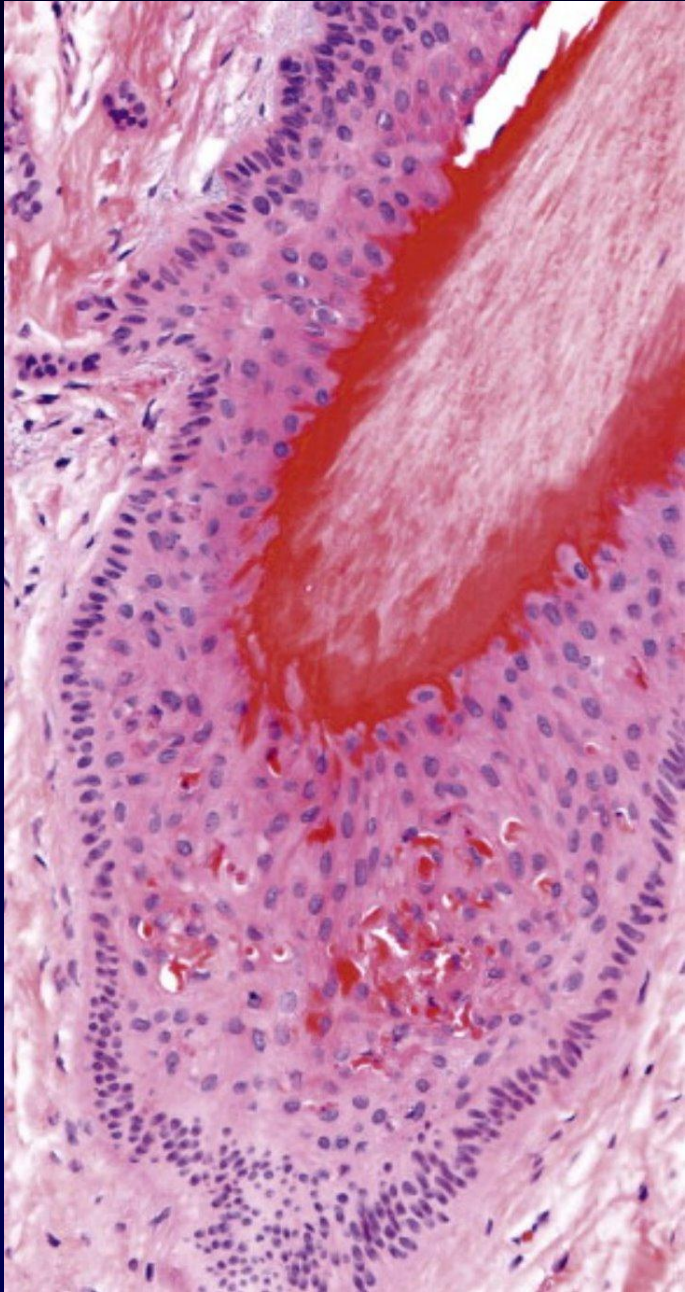
Catagen

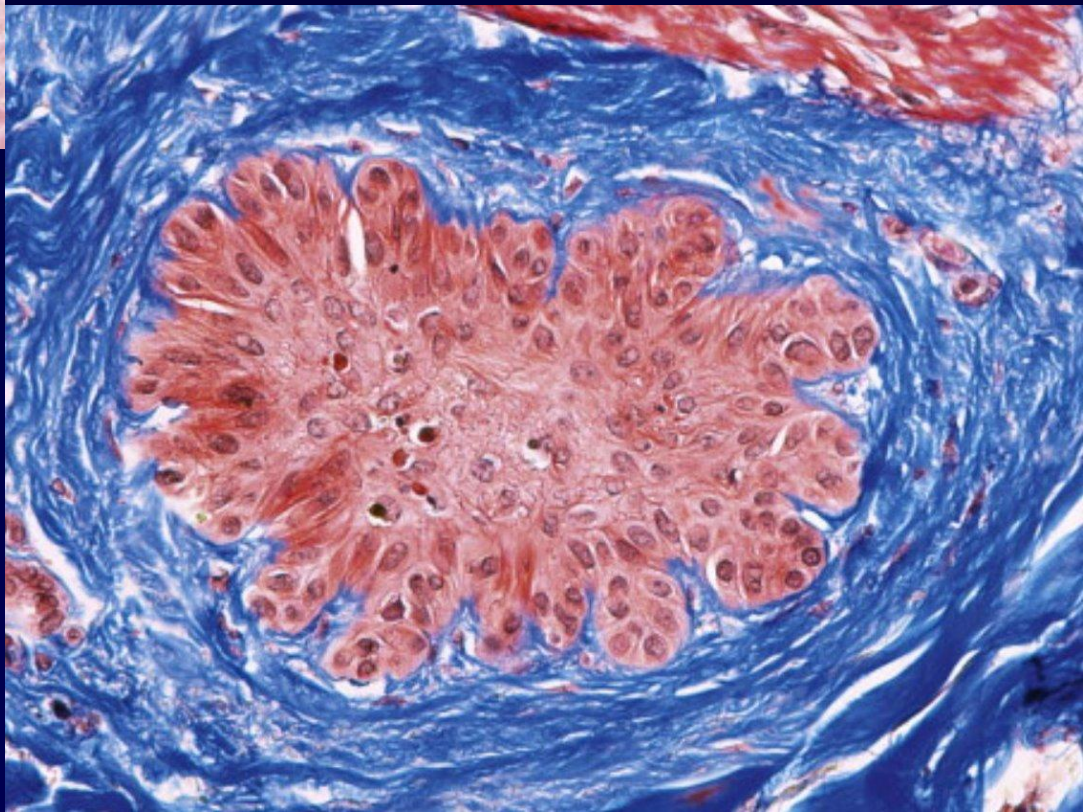
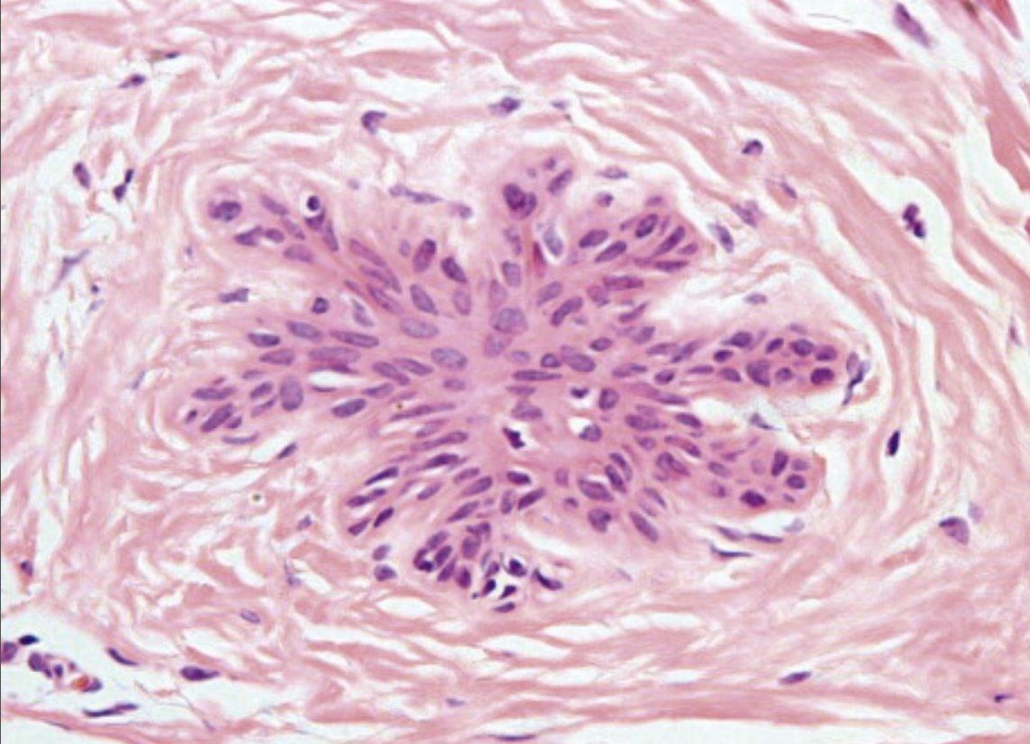
Telogen



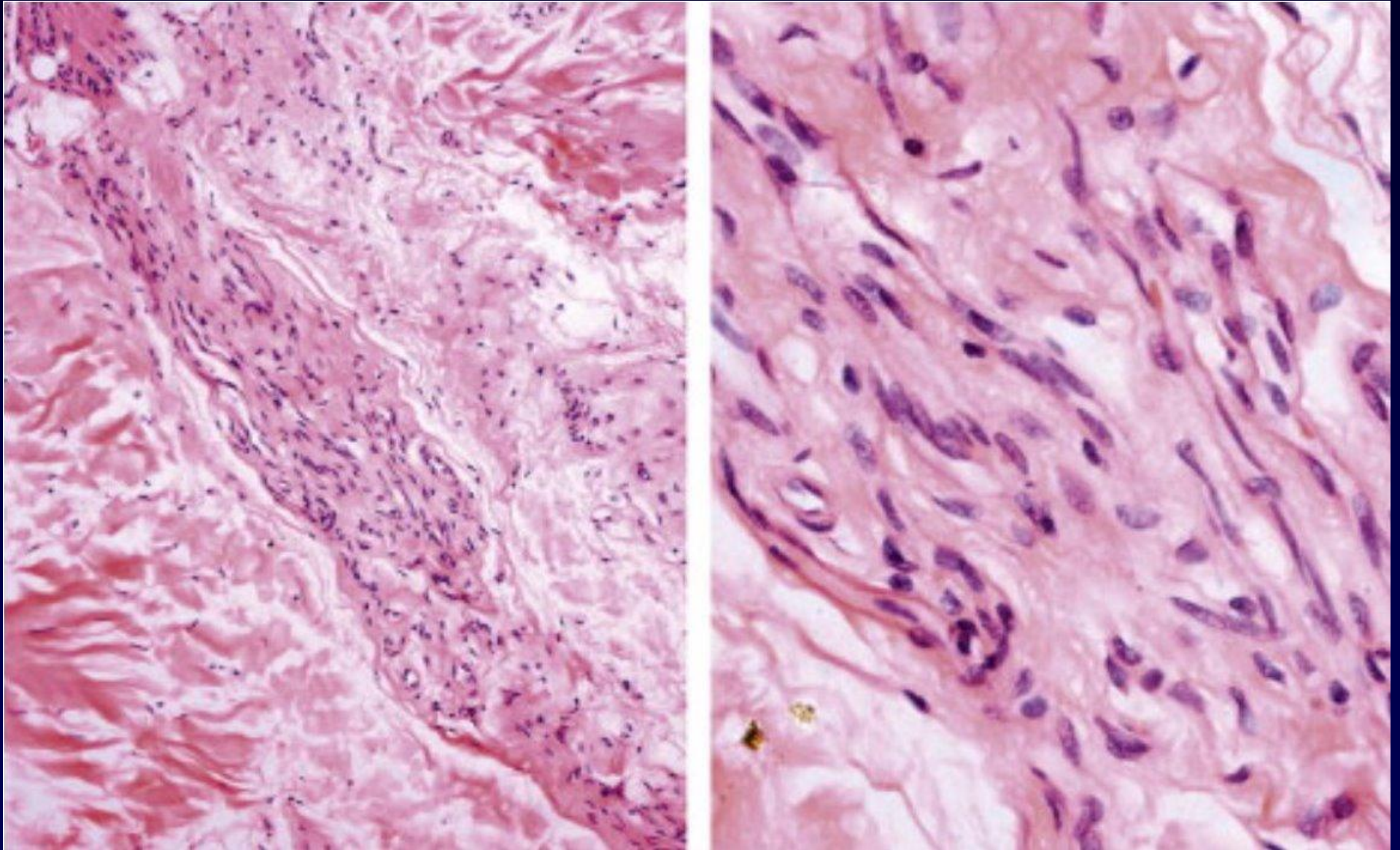
A



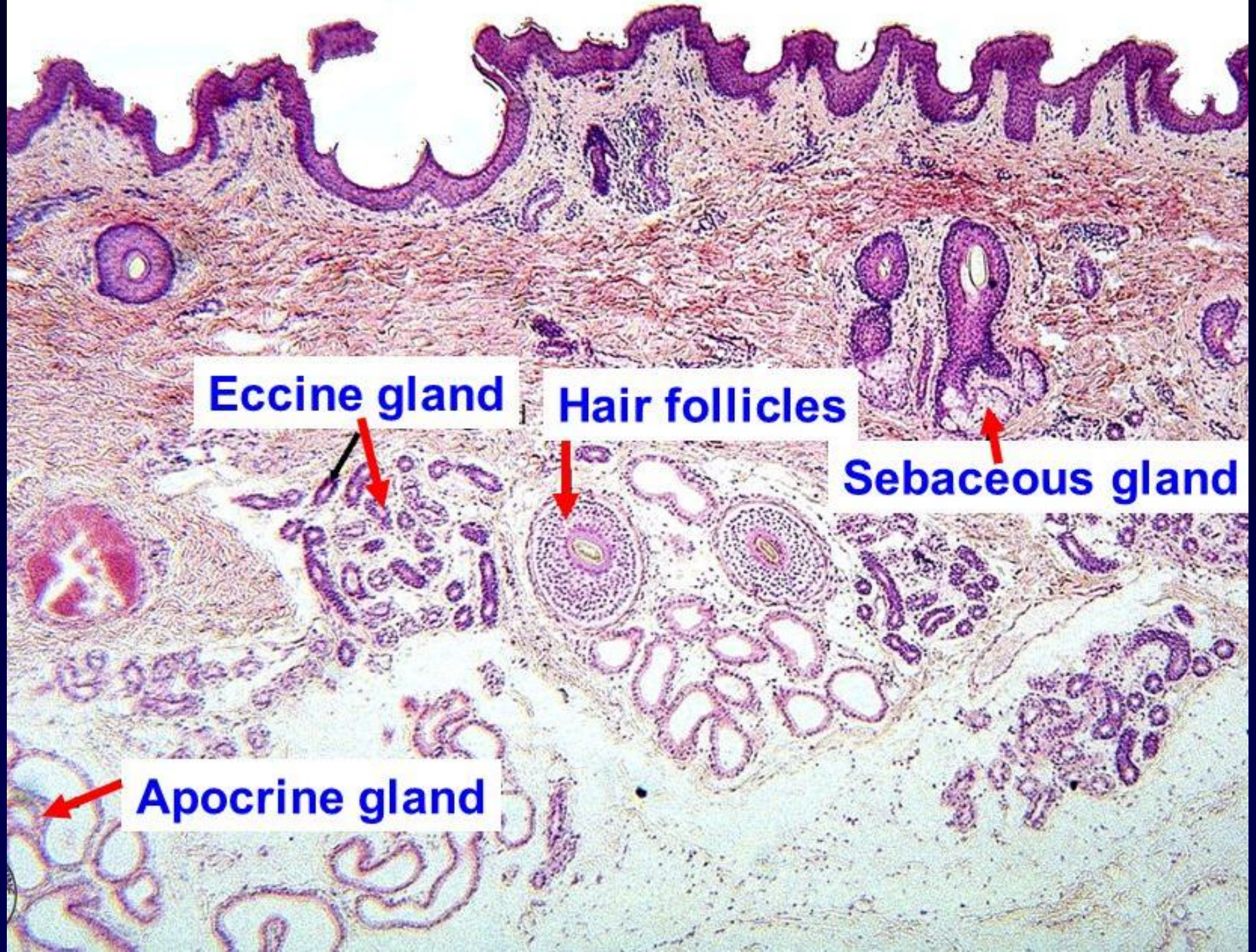




Stelae (streamers)



Sweat/sebaceous glands



Eccrine gland

Hair follicles

Sebaceous gland

Apocrine gland



Immunohistochemical profile of cutaneous glands

CK5/6

CK7

EMA

CEA

CD23

(S100)

calretinin

D2-40

ER, PR (eccr)

AR (apoc)

GCDFP15

Her2/neu

(Mammaglobin-)

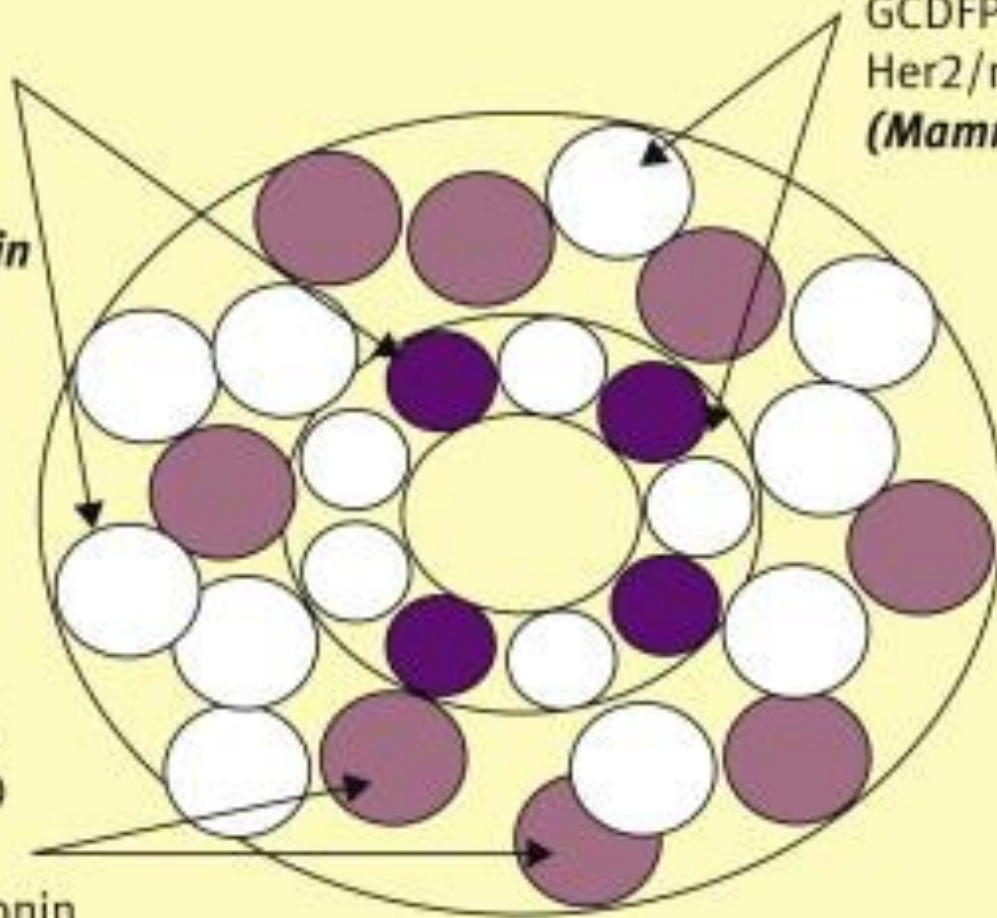
Myoepith

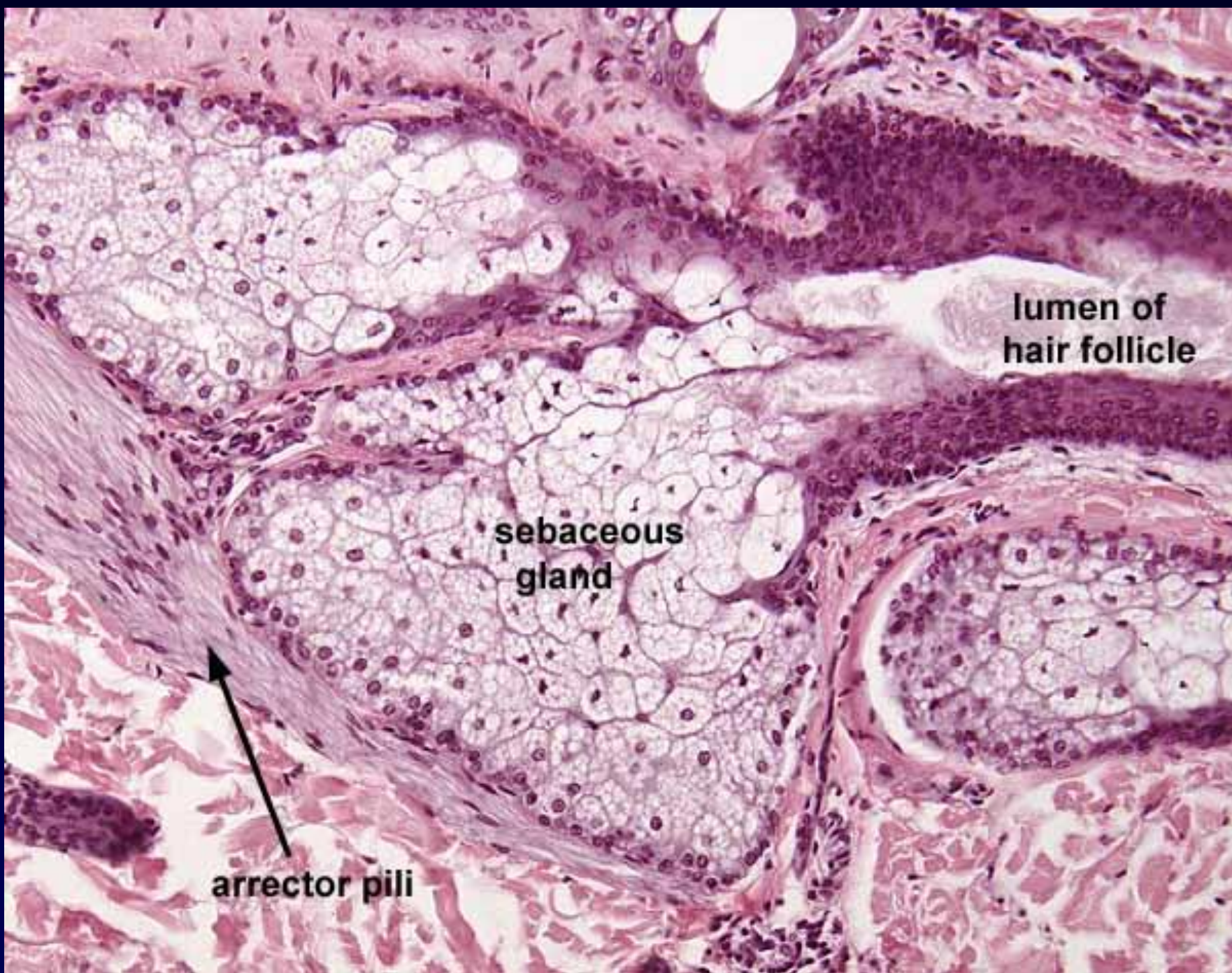
EMA

S100

p63

calponin





**lumen of
hair follicle**

**sebaceous
gland**

arrector pili



sebum

basal
cells



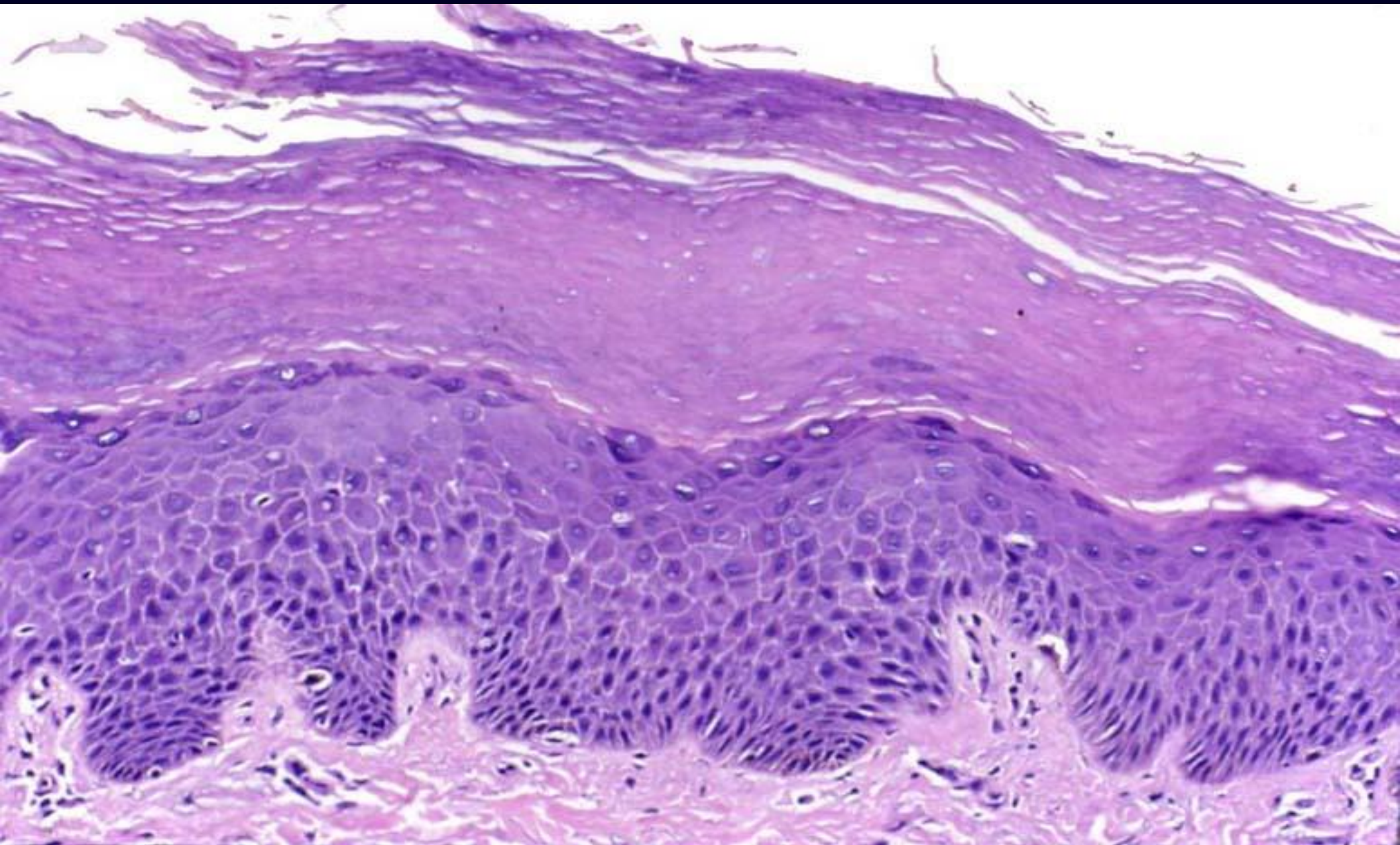
Anatomical variations of the skin

- **The skin is remarkably diversified regionally, grossly and microscopically**
- **These variations correlate with the different functions of the skin**

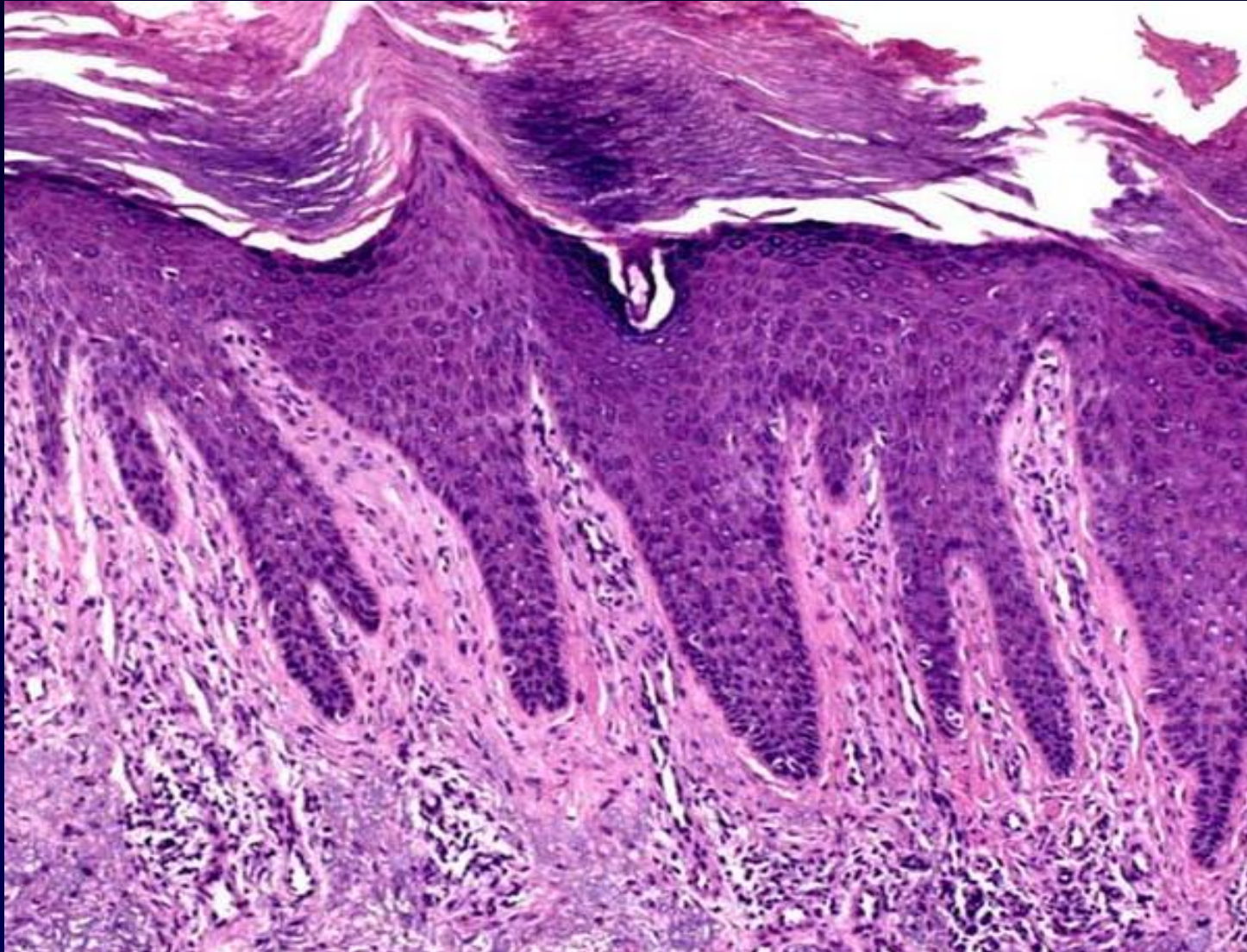
Table 1-2. REGIONAL DIFFERENCES IN HUMAN SKIN AND RELATED DIAGNOSTIC PITFALLS

SITE OR TYPE OF SKIN	EPIDERMAL AND ADNEXAL PATTERN	POTENTIAL ERROR
Acral skin	Thick, compacted stratum corneum; thick stratum granulosum; elongated rete	Lichen simplex chronicus
Paramucosa and mucosa	Diminished, compacted, or absent stratum corneum; diminished or absent stratum granulosum; pale, glycogenated cytoplasm	Ichthyosis, psoriasis, pale cell acanthoma
Eyelid	Thin epidermis; basaloid buds and small, rudimentary hairs	Atrophy, basal cell carcinoma
Nose	Numerous, well-developed sebaceous glands	Sebaceous hyperplasia
Axilla	Admixed pilosebaceous units and apocrine glands	Nevus sebaceus

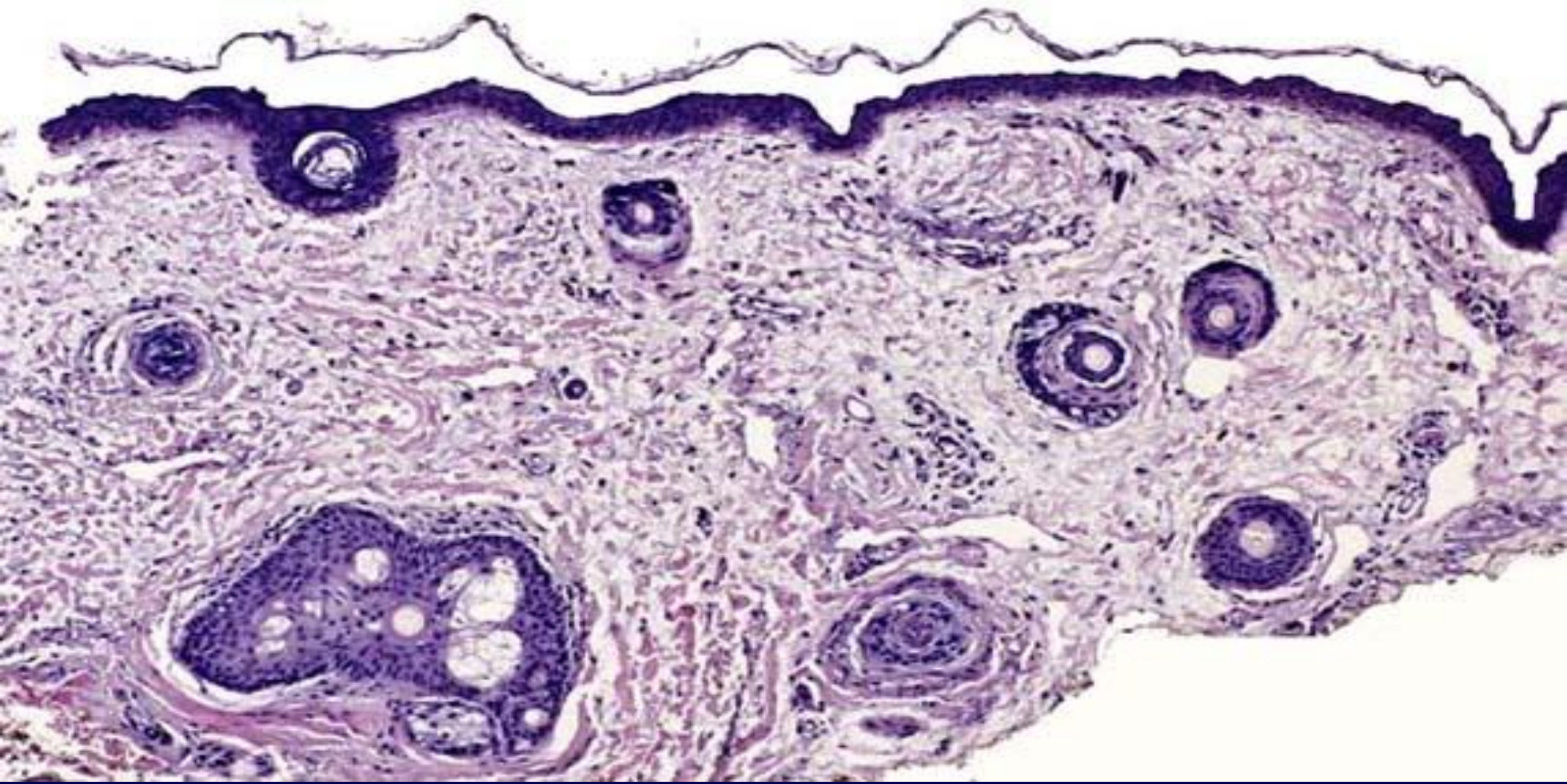




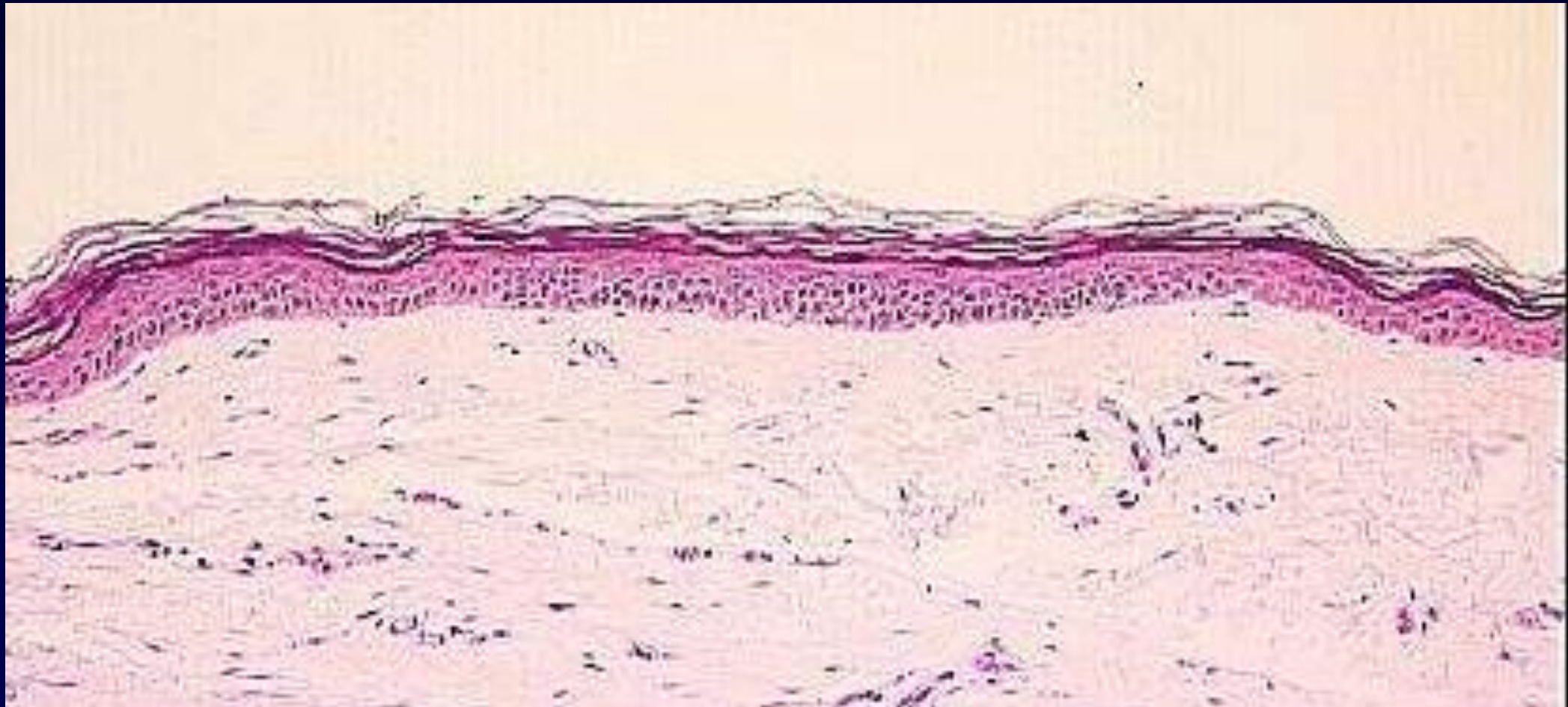
Lichen simplex chronicus



The eyelid

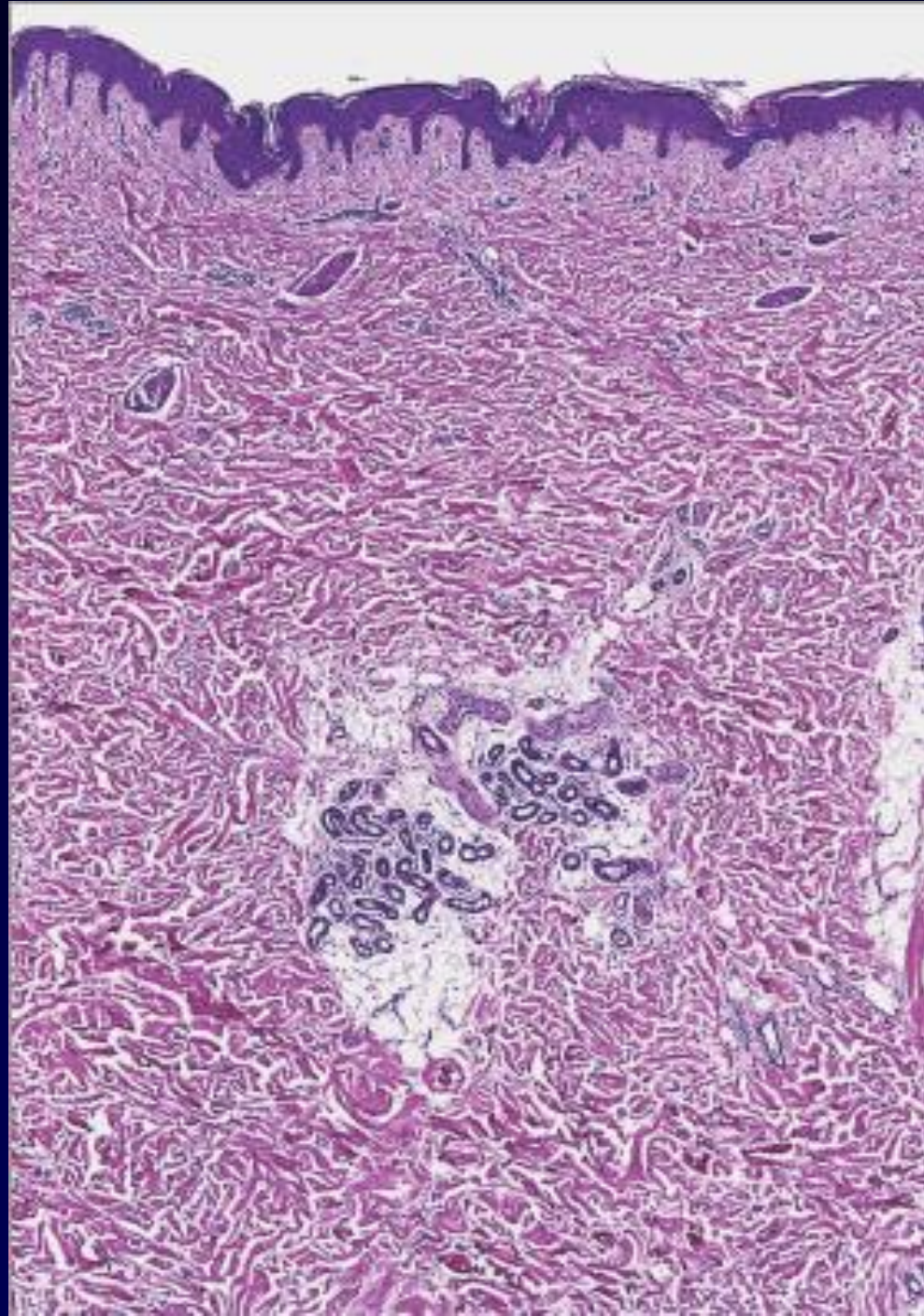


Skin atrophy

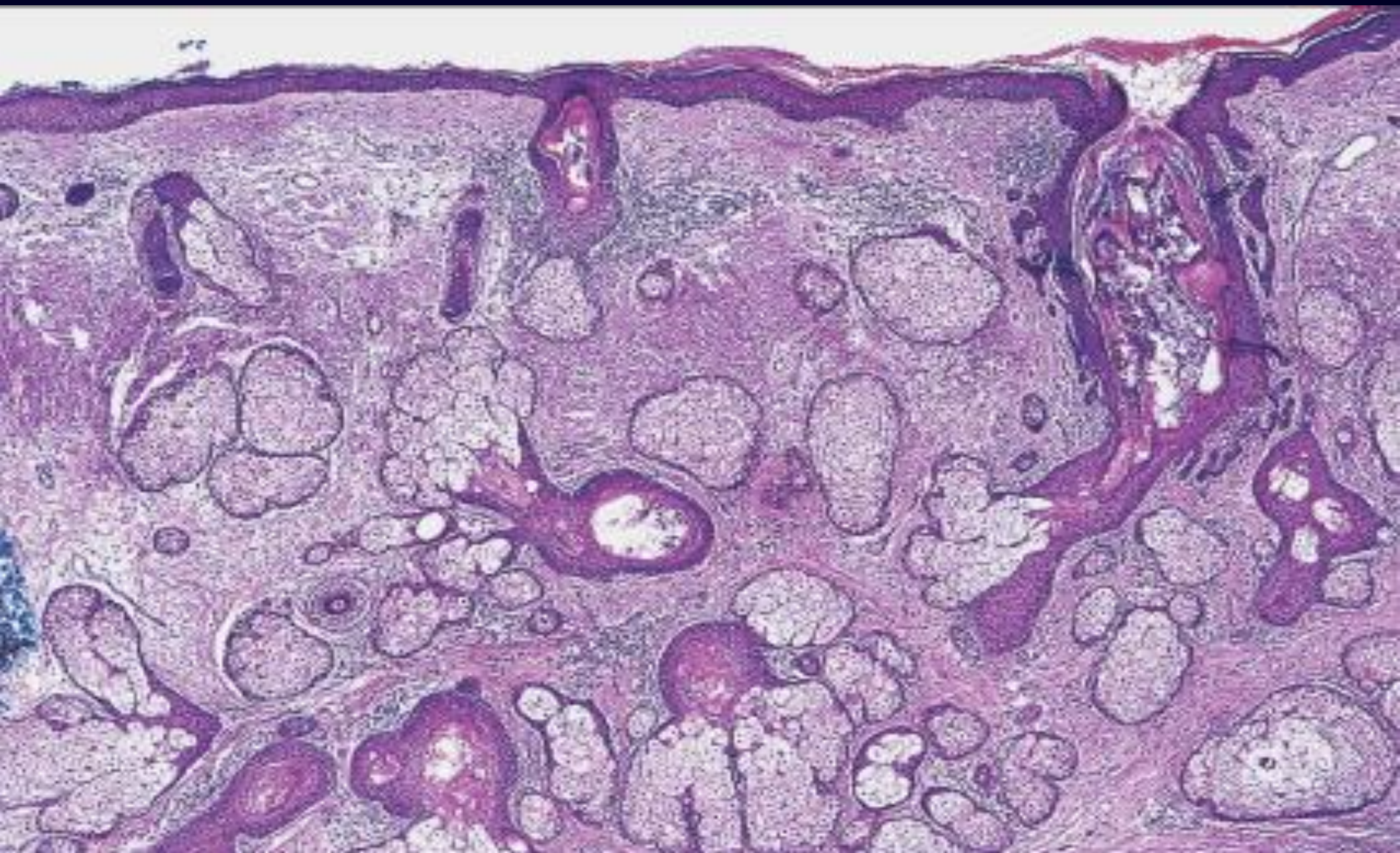




The back



The nose

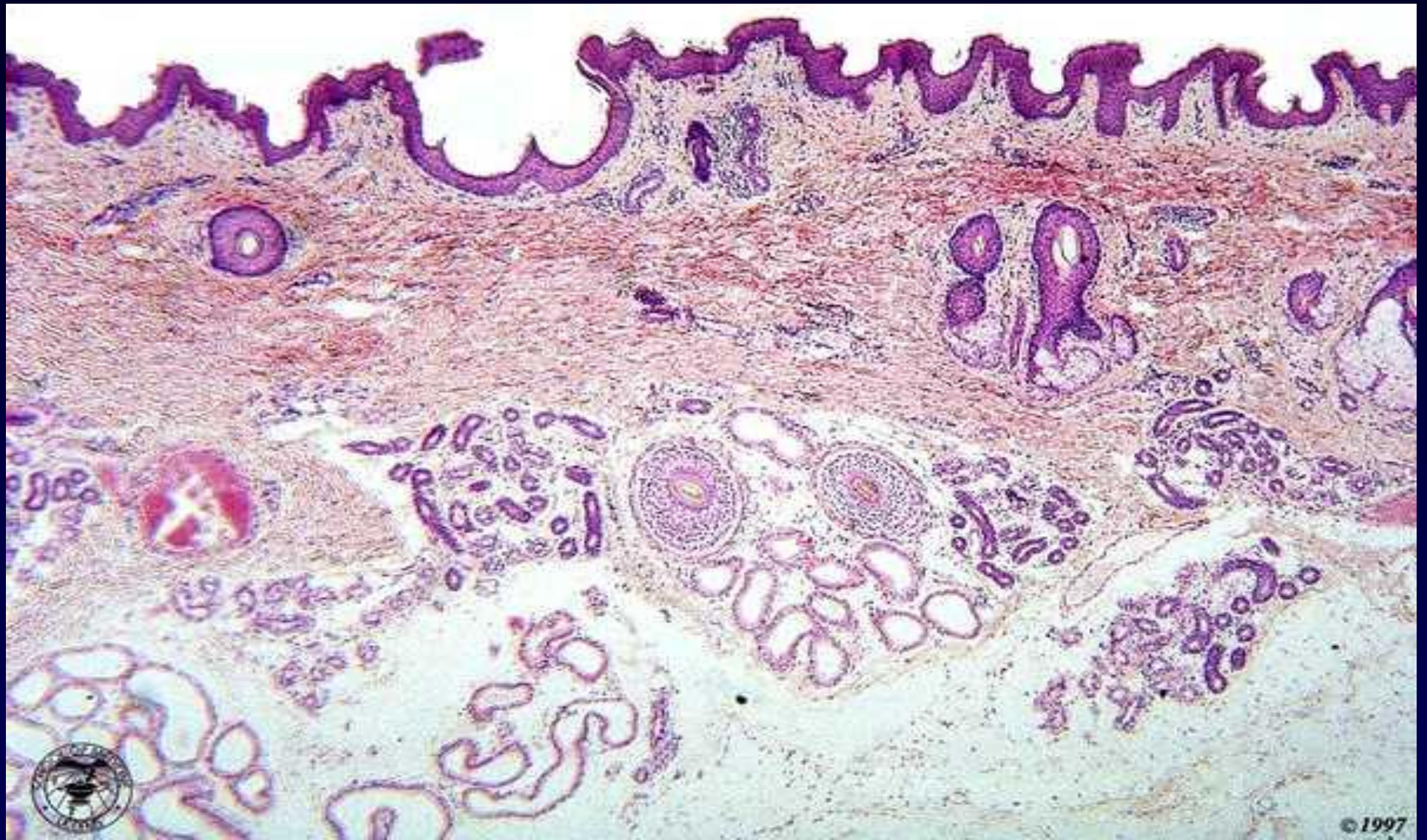


Sebaceous hyperplasia

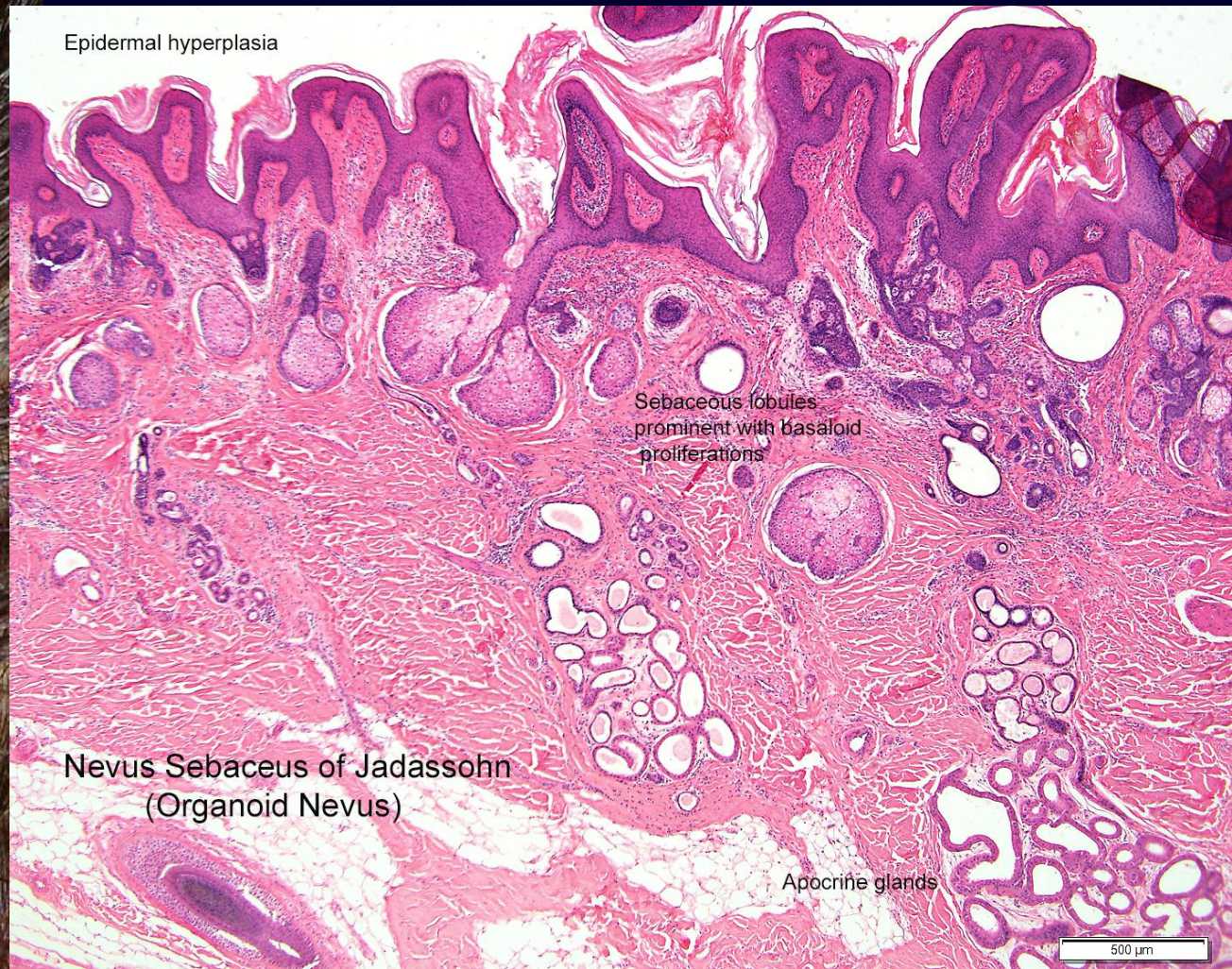




The axilla



Nevus sebaceous



Part 2

The travel begins

[Abstract](#)
[PDF of this Article](#)

Clinician's Responsibility in Pre-Analytical Quality Assurance of Histopathology

*Muhammad Ashraf Sharif¹, Sajid Mushtaq², Nadira Mamoon³,
Shahid Jamal⁴, Muhammad Luqman⁵*

ABSTRACT

Objective: To ascertain the adequacy of information provided by clinicians when requesting a histopathology investigation and to study the quality control parameters of the specimen containers.

Methodology: This is an observational descriptive study which was carried out at Armed Forces Institute of Pathology in December 2006 on 500 specimen requests for histopathology.

Results: Out of 500 specimens, age was not mentioned in 29 (5.8%) cases. No clinical history or differential diagnosis was given in 170 (34%) cases. Site of biopsy was absent in 65 (13%) cases and the name of requesting clinician or any contact information was present in only 115 (23%) of request forms. One hundred forty three (28.7%) containers were inadequate relative to the size of the specimen. Adequate volume of fixative was absent in 176 (38.2%) samples. There were 22 (4.3%) samples which did not have any sort of label mentioning either patient's name or type of specimen. Injection bottles constituted the highest number of containers (n=204; 40.8%) used to submit the histopathology specimen.

Conclusion: Clinicians of all grades and specialties must be educated and made aware of their primary responsibility to request the service appropriately for the benefit of the patient and patient care.

KEY WORDS: Quality control, Histopathology, Specimen.

Pak J Med Sci October - December 2007 (Part-I) Vol. 23 No. 5 720-723

Optimal sample-fixative volume ratio: 1:10

WHAT DOES THE PATHOLOGIST NEED TO KNOW?

- Patient age, sex, and site of lesion
- pertinent medical history
 - Pregnant?
 - Autoimmune disorder?
 - Diabetic?
 - Pertinent family history?
 - HIV infection?
 - Transplant patient?
 - Other?

WHAT DOES THE PATHOLOGIST NEED TO KNOW? (CONT.)

- **Distribution of lesion/lesions**
 - solitary or multiple
 - regional distribution, symmetric?
- **Description of lesion/lesions**
- **Your opinion (“lesion” is not an opinion)**
 - Neoplastic?
 - Inflammatory?
 - Pigmented lesion?
 - Other more specific opinions



LyP



PLEVA

Differential diagnosis PL-LyP

Pityriasis lichenoides

- Young pts.
- Duration: months (**prolonged smallpox**) to years (chronic)
- **Large number, small size; no evolution into nodules**
- Parakeratosis/lichenoid/erythrocytes/V shape/apoptosis
- Rare CD30+ cells (?)

Lymphomatoid papulosis

- Young/middle-aged pts.
- Duration: years (smallpox not in ddx) with a fluctuating behaviour
- Small number, large size, also nodular
- PLEVA criteria possible but not definitional
- CD30+ definitional

Your clinical opinion should guide the type of biopsy

- **Biopsy types:**
 - excision
 - shave biopsy/curettage
 - incisional biopsy
 - Punch biopsy
- **Don't do the biopsy if you have no working diagnosis**
 - Follow-up



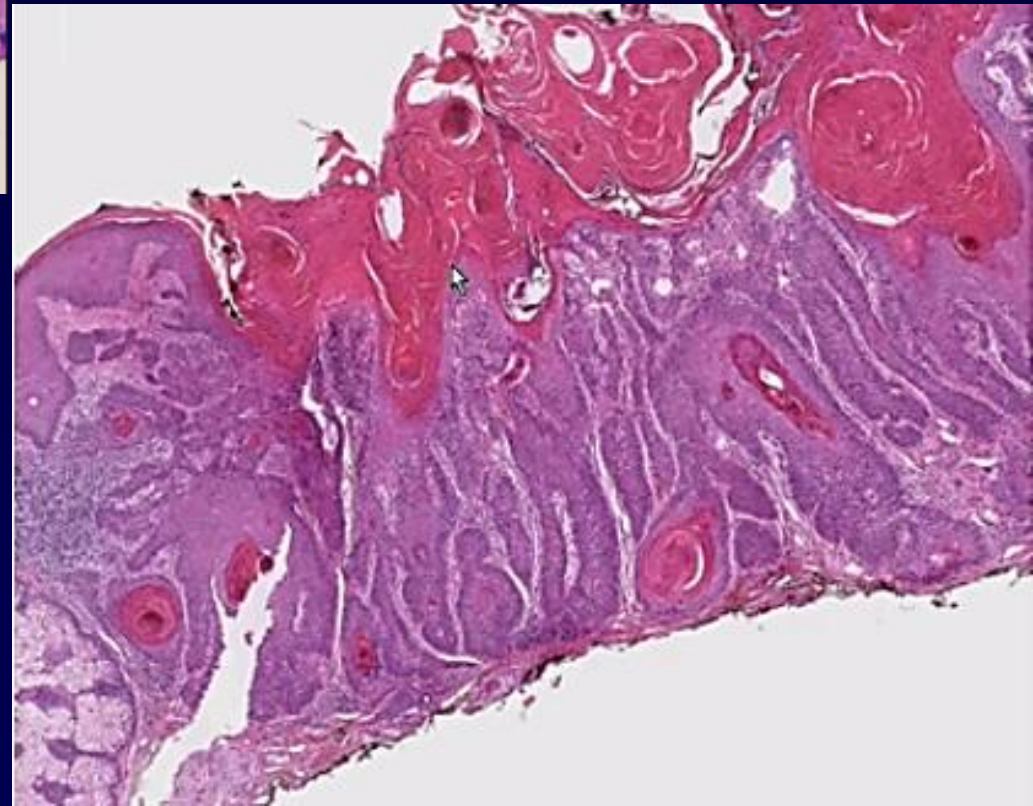
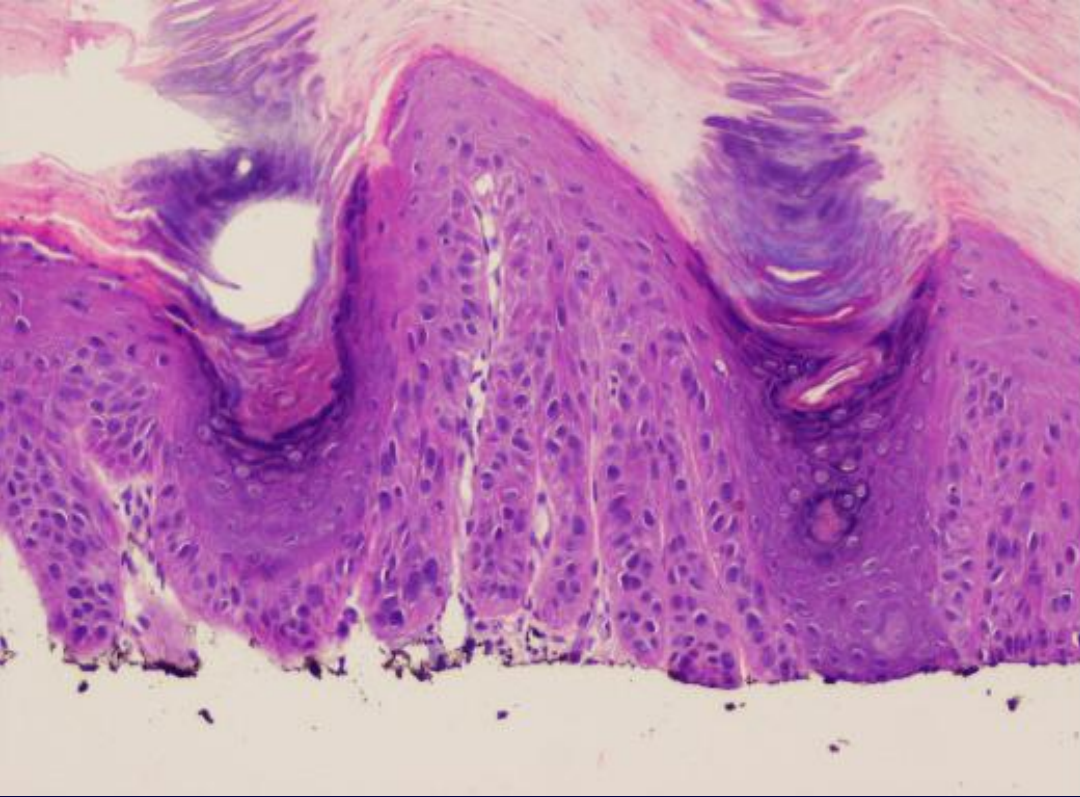
EXCISIONAL BIOPSY:

- **Used to completely remove a lesion so that margins can be evaluated**
- **Recommended for: ALL TUMORS**

SHAVE BIOPSY/CURETTING:

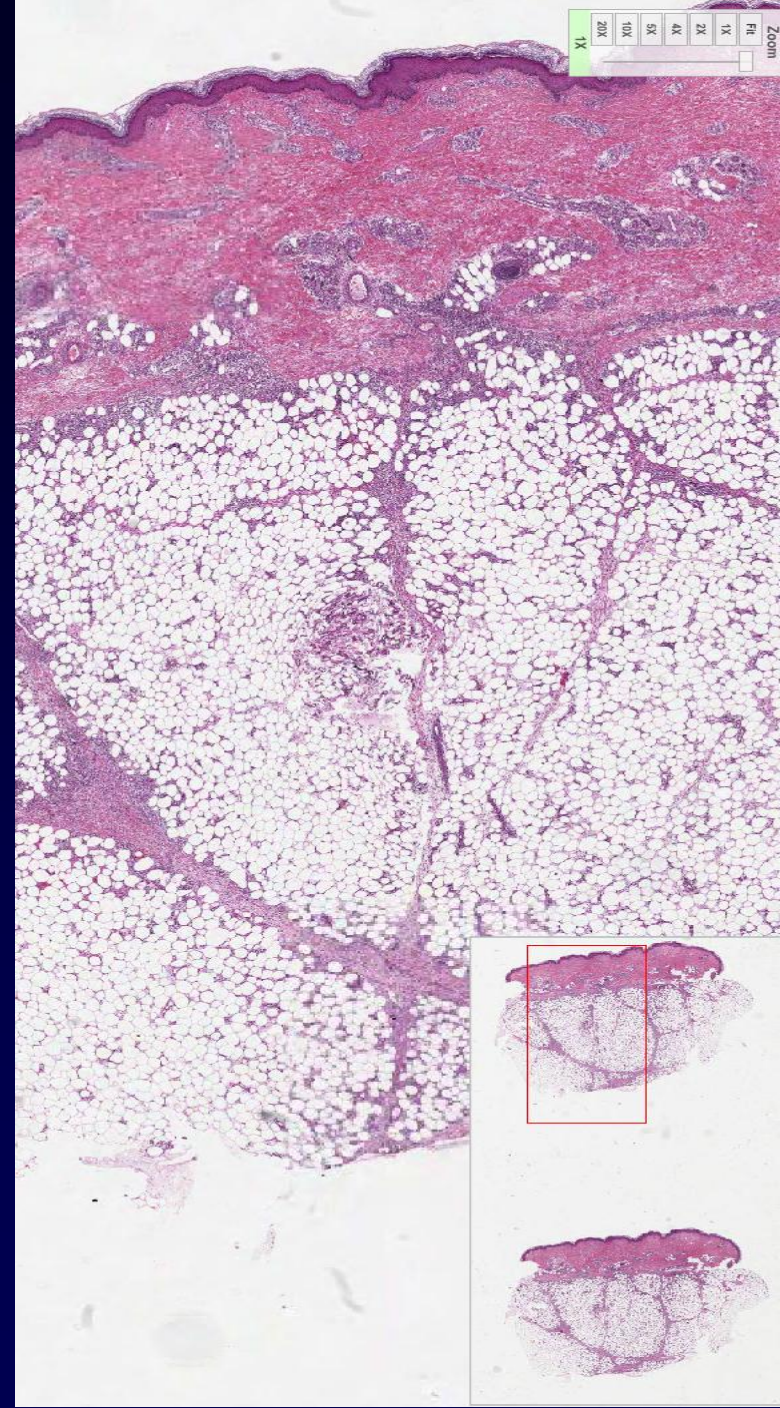
- Useful for lesions resting upon the epidermis :
seborrheic keratosis, benign nevi, verruca
- Used also for actinic keratosis and squamous cell carcinoma, but sometimes the biopsy may be too superficial to adequately assess invasion
- Not recommended for: melanoma





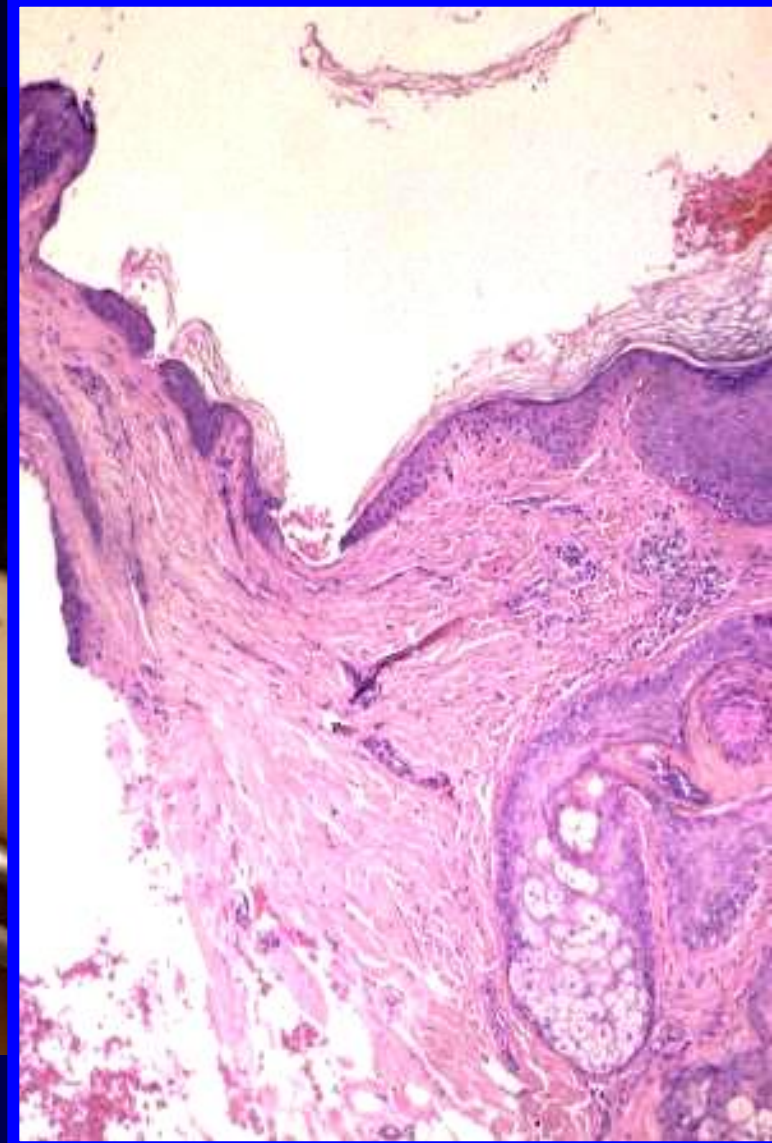
INCISIONAL BIOPSY

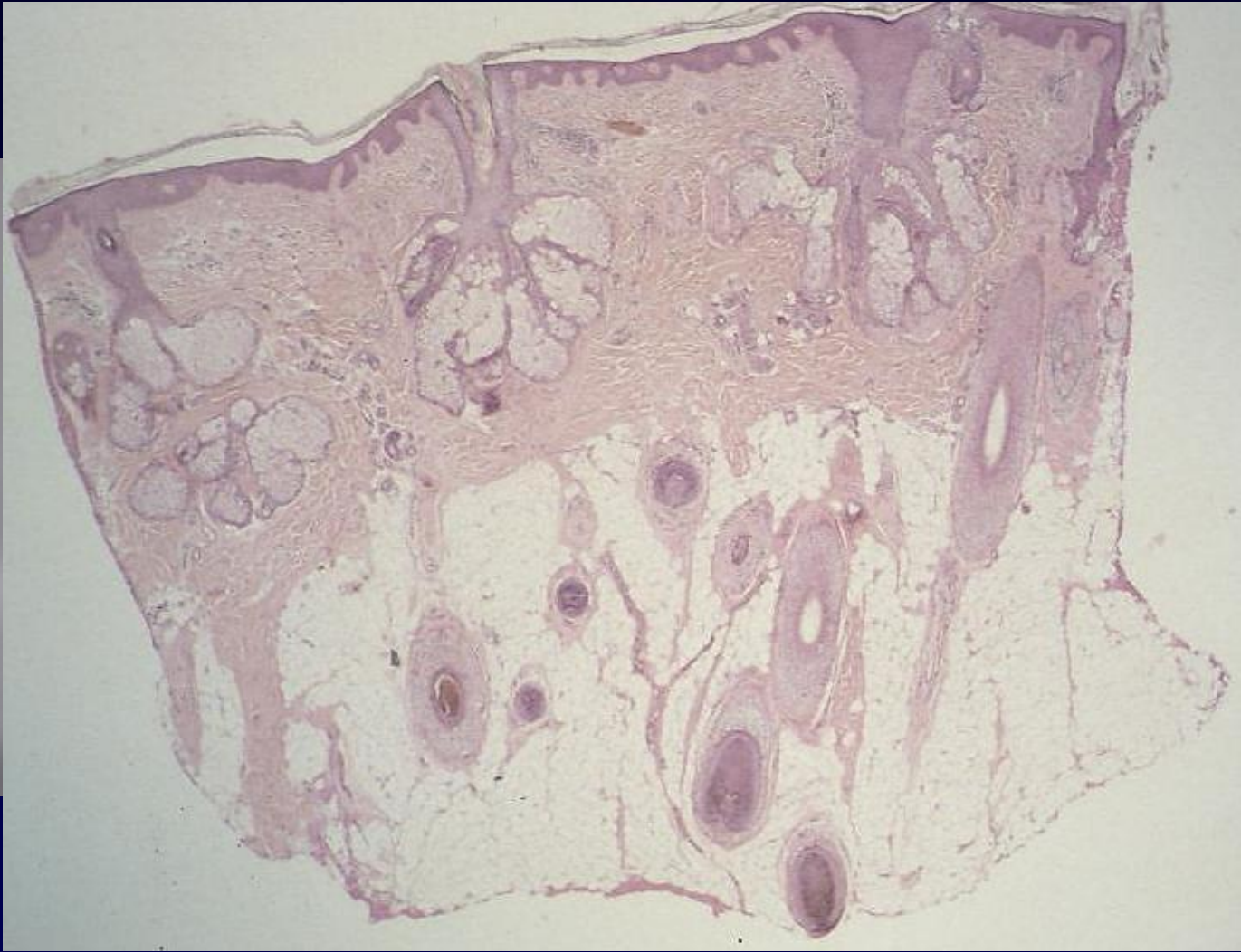
- Larger scalpel biopsy to include substantial subcutaneous tissue
- Useful for evaluation of panniculitis

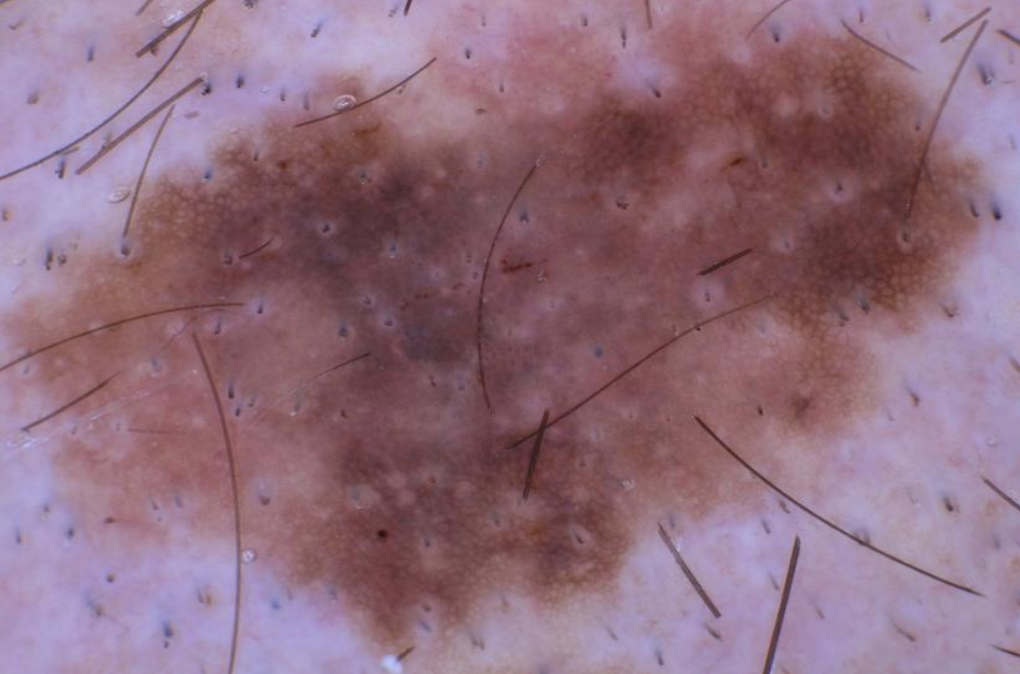


PUNCH BIOPSY:

- Useful for MOST inflammatory dermatoses (includes the superficial and deep plexuses and superficial subcutaneous tissue)
- Useful for deeper benign dermal lesions or tumors not adequately evaluated with a shave biopsy
- Useful for recurrent tumors and metastatic lesions
- Often insufficient for subcutaneous lesions







Pigmented actinic keratosis



Seborrheic keratosis

Histopathological diagnoses on a punch biopsy sample

- Non melanocytic lesion/neoplasm (subcorneal hemorrhage, seborrheic keratosis, BCC...)
- Melanoma
- Melanocytic nevus
 - **CAVE: The final differential diagnosis between 'nevus' and 'melanoma' MUST be deferred to the examination of the excision biopsy specimen**

Epidermis and
papillary dermis

Melanocytic nevus, age spots,
seborrheic keratosis,
fibroepithelial polyps, common
wart
Superficial basal cell carcinoma,
melanoma in situ, mycosis
fungoides, actinic keratosis, Paget
disease (mammary and
extramammary)
Contact dermatitis (allergic and
irritant), atopic dermatitis,
seborrheic dermatitis, plaque
psoriasis, scabies, lichen ruber
planus, Gibert pityriasis rosacea,
vesiculobullous dermatoses

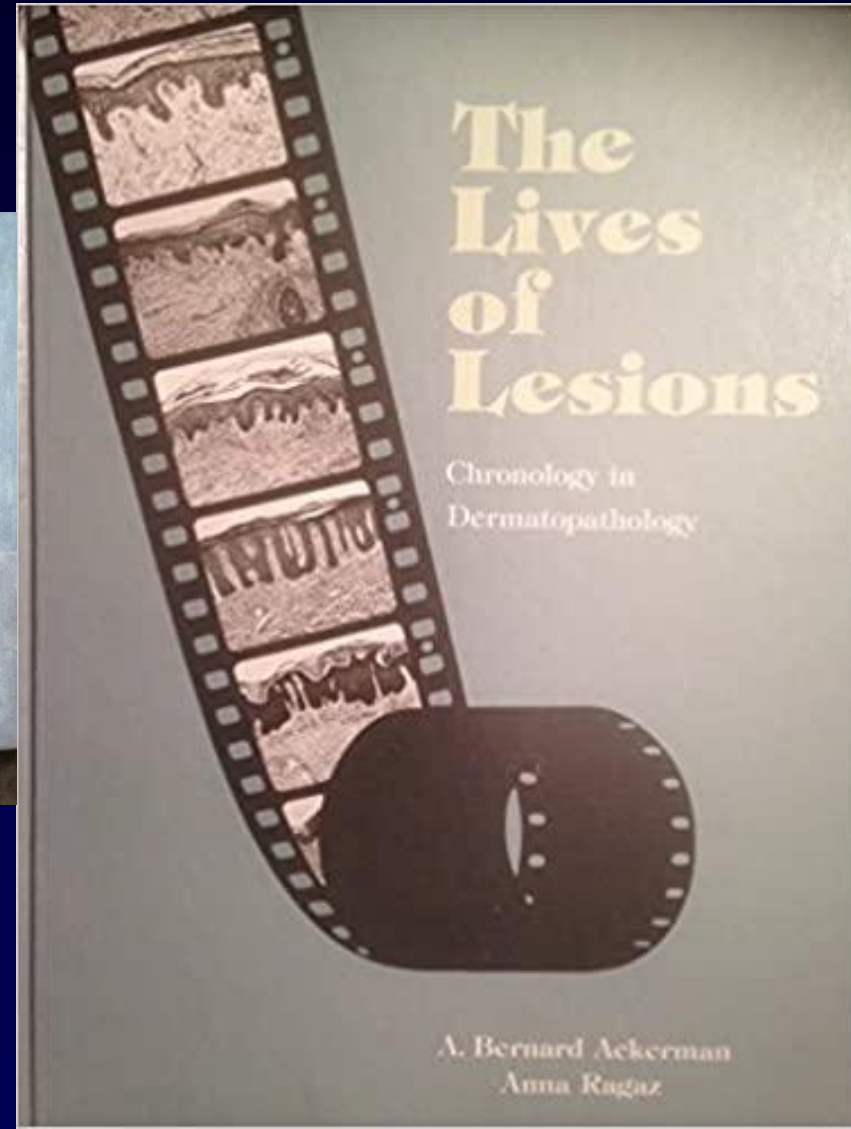
Papillary and
reticular dermis

Melanocytic nevus, neurofibroma,
hemangioma,
glomangioma/glomus tumor,
sebaceous nev1 (hamartomas of
the sebaceous follicle), follicular
cysts
Basal cell carcinoma (solid,
sclerodermiform), melanoma,
squamous cell carcinoma
Photoallergic dermatitis,
phototoxic dermatitis:
polymorphic light eruption,
scleroderma, morphea, scabetic
nodules, leukocytoclastic
vasculitis, cutaneous lupus
erythematosus, urticaria,
granuloma annulare

Reticular dermis
and
subcutaneous
tissue

Blue nevus, lipoma,
dermatofibroma, epidermoid or
trichilemmal cysts
Melanoma, cutaneous lymphoma,
dermatofibrosarcoma
protuberans, metastasis
(melanoma, breast cancer, etc.)
Panniculitis, sarcoidosis,
rheumatoid nodules, nodular
vasculitis, polyarteritis nodosa,
thrombophlebitis, granuloma
annulare

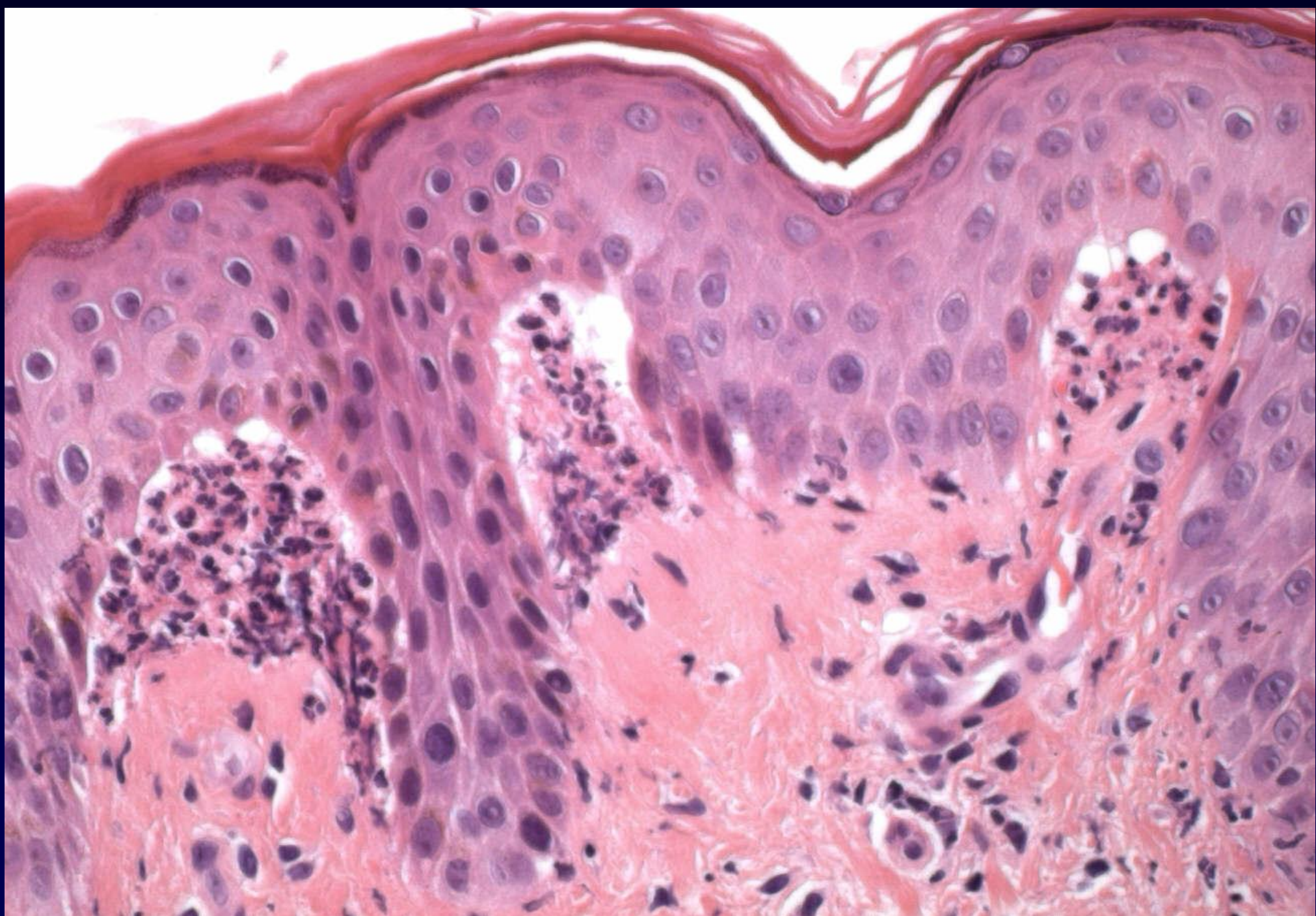
Punch Biopsy: Where and when?



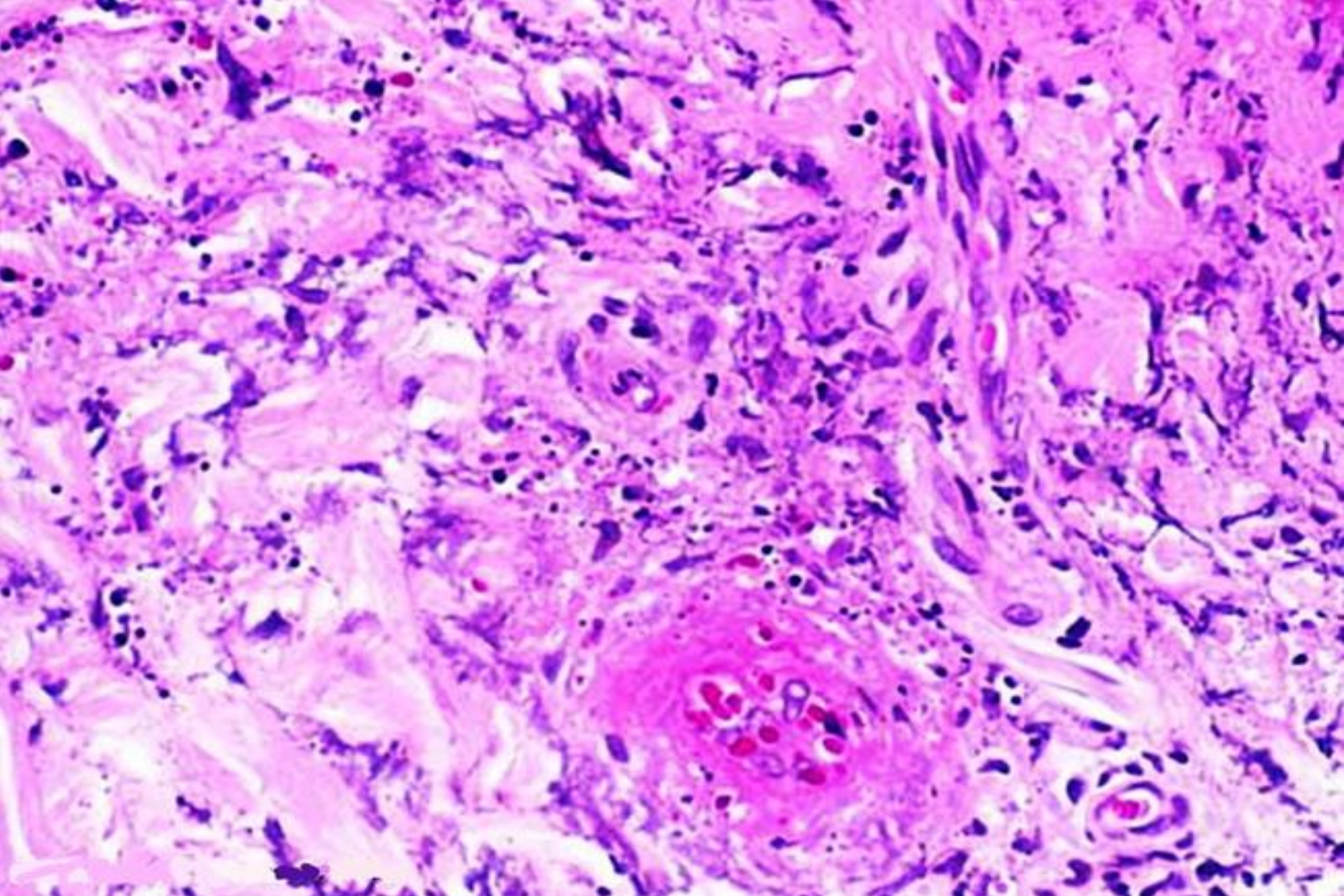
Where

- Classical, well-formed, non-modified (by scratching or any topical application) lesion
- When the patient has polymorphic lesions, never hesitate to take more than one biopsy
- Biopsy of an early lesion is preferred in:
 - Henoch Schönlein purpura
 - Dermatitis herpetiformis
 - Panniculitis









Special situations

- Scalp biopsy
- Biopsy for bullous disease

Scalp biopsy

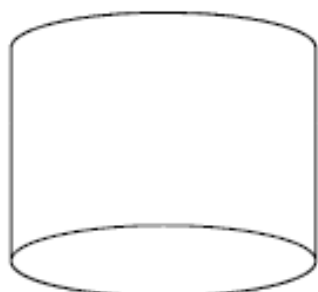
- Consider the vasculature of the scalp. The procedure should be performed about 20 min after the xylocaine-adrenaline anesthetic injection
- Consider the depth of hair papillae. The biopsy must go deep into the subcutis
- Consider the trichoglyphics. A skin ellipse should be performed in a direction parallel to the direction of emergence of hairs from the scalp



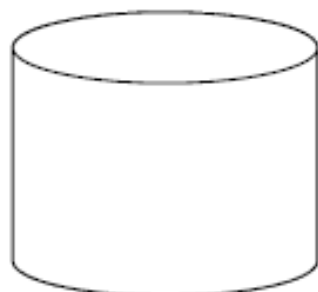
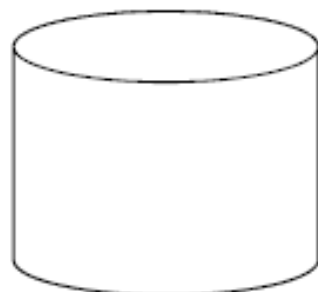
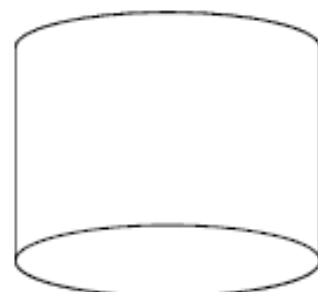
Non-scarring Alopecia

Two 4-mm punch biopsies:
1 from the center of the involved area, and 1 from a non-involved area (as control)

Involved area (Vertex)



Control area (Occiput)



Both biopsies to be sent intact to the DP lab for horizontal sectioning

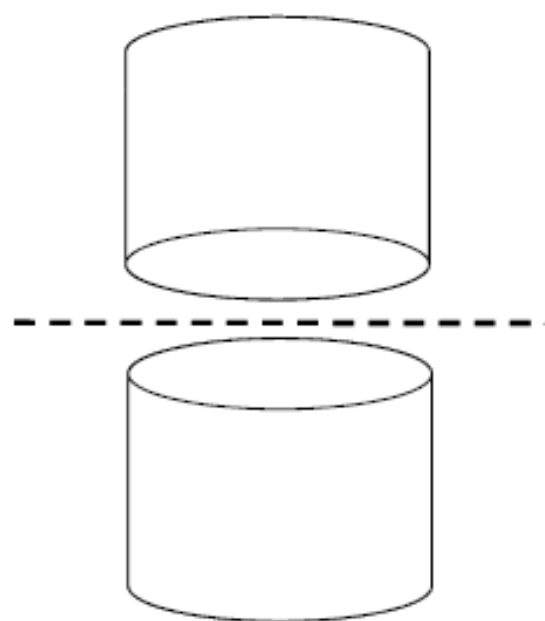




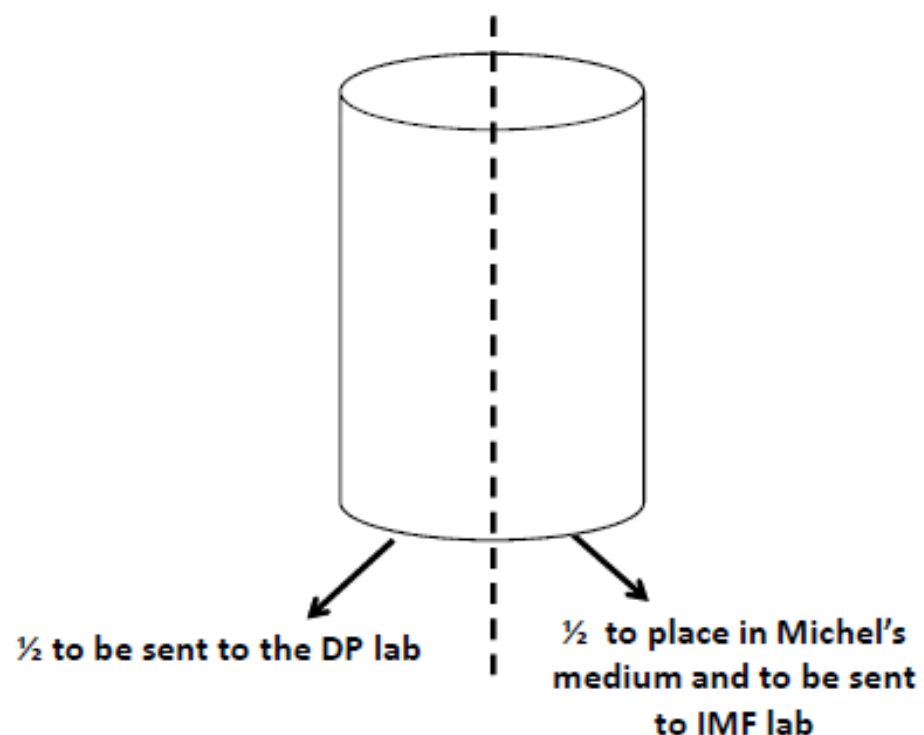
Scarring Alopecia

Two 4-mm punch biopsies taken at the “active border” of the scarring process

4mm punch biopsy: to be sent intact to the DP lab: this will be bisected horizontally



4mm punch biopsy to bisect vertically in the clinic



Steps in Direct Immunofluorescence

Tissue preparation



HistoLine

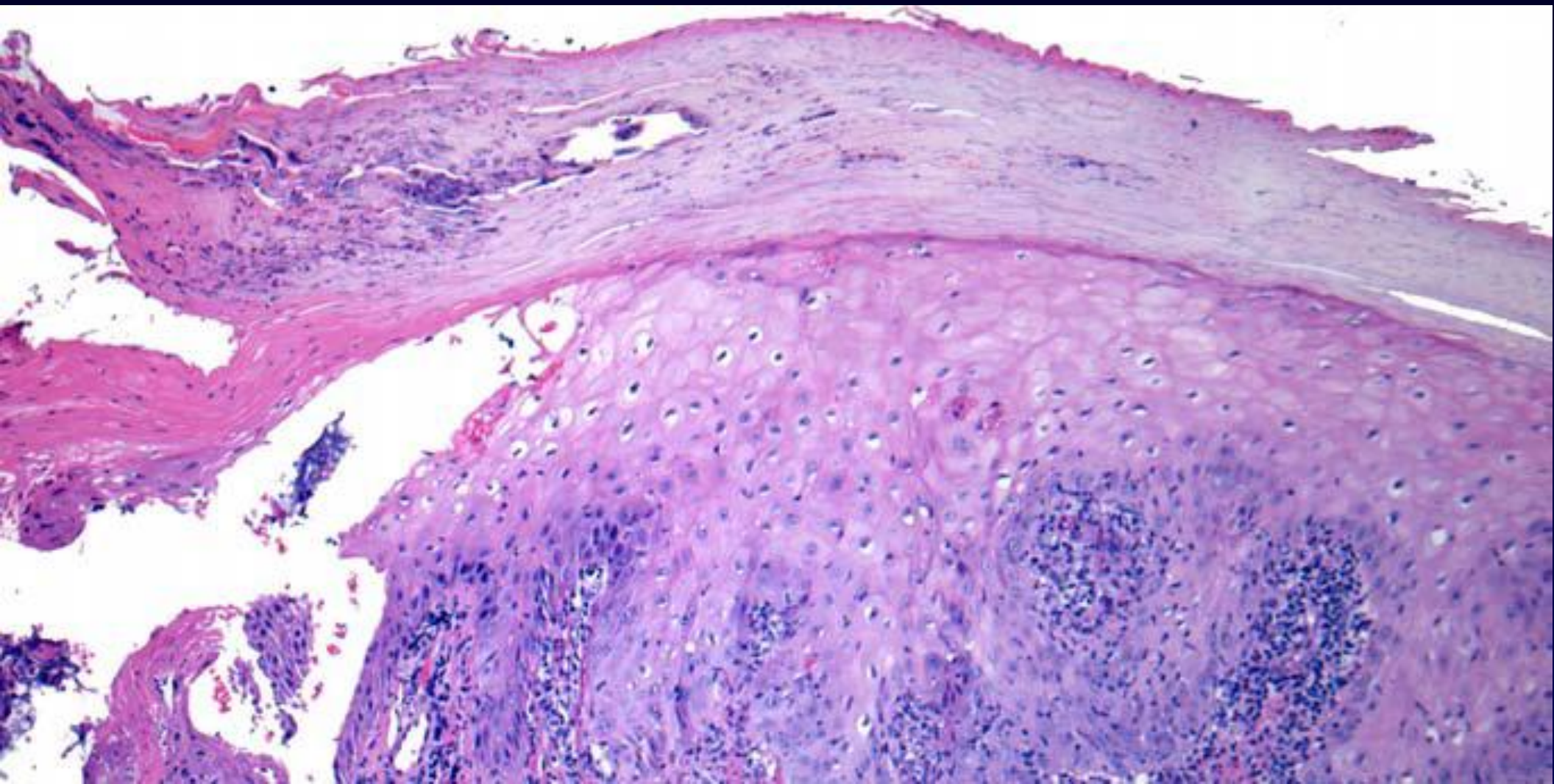
- After biopsy, place tissue in Michel's transport medium (3.12 M ammonium sulfate, 5 mM N-ethylmaleimide (NEM), and 5 mM magnesium sulfate heptahydrate)
- When ready to cut, wash ammonium sulfate from specimen with PBS for 30 minutes.
- Freeze specimen in isopentane and store at -70 C until ready to cut.
- Cut sections at 5-6 microns, save first and last cuts for H&E staining.
- Dry slides at 56° C for 30 minutes.

Biopsy for bullous disease

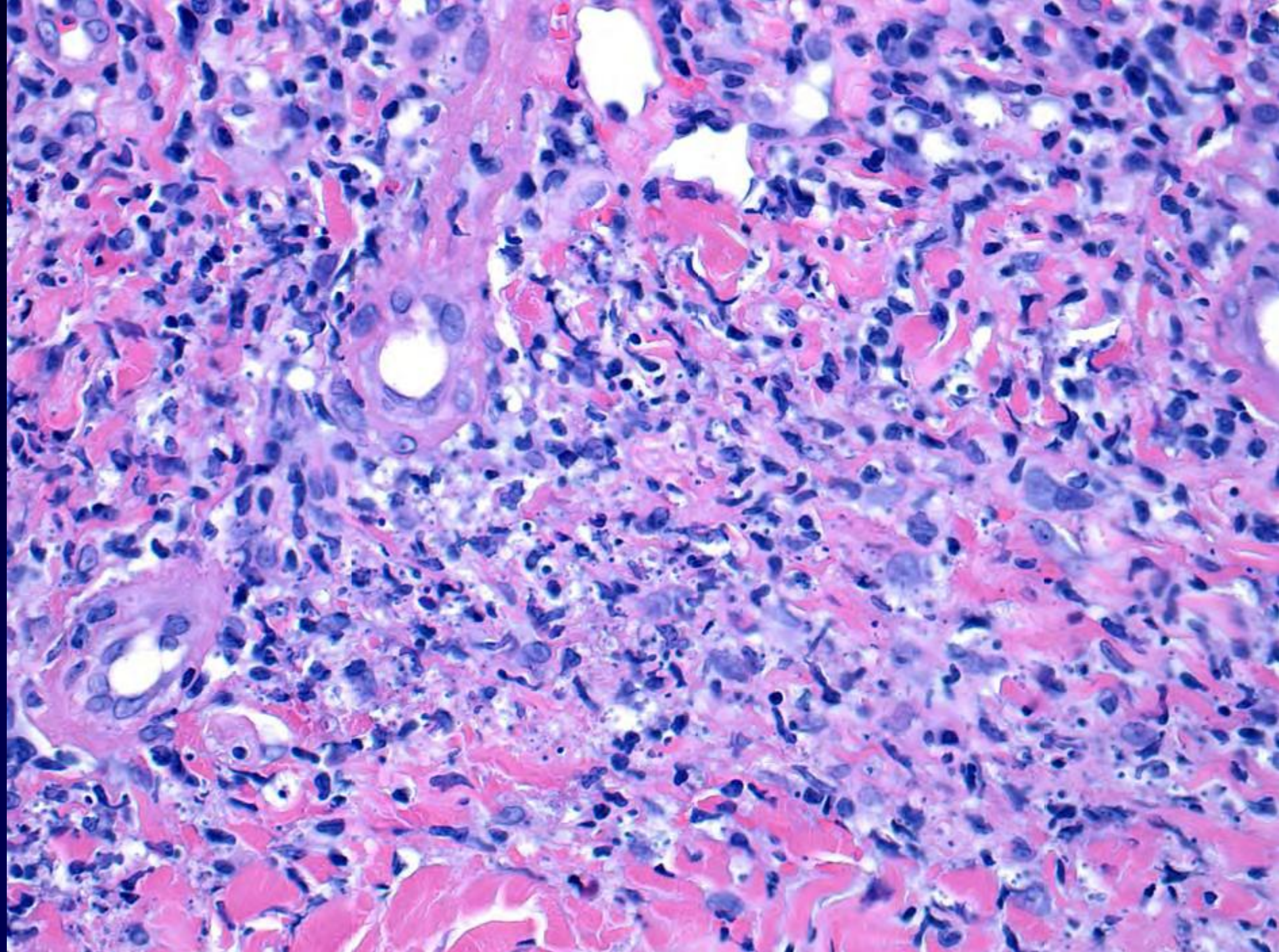
- Remove a fresh intact bulla
- Avoid friction areas (elbows, knees)
- **Avoid lower extremities**
- Handle with a forceps or with a needle along the deep aspect of the sample
- Place in 10% neutral buffered formalin
- Take a ≥ 4 mm biopsy sample of perilesional skin ≤ 1 mm from the bulla for DIF (Michel's medium)

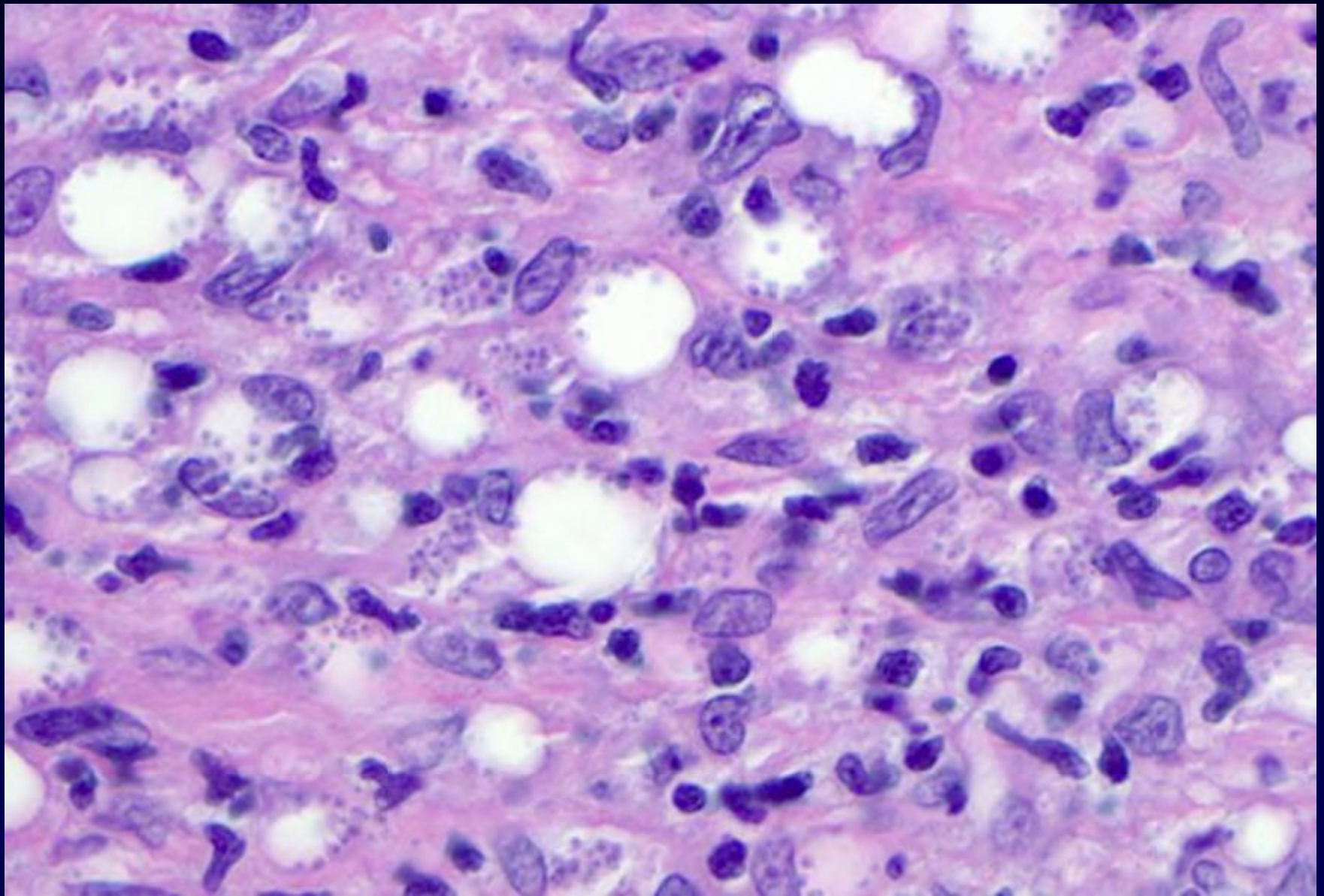
Part 3

The travel is now back



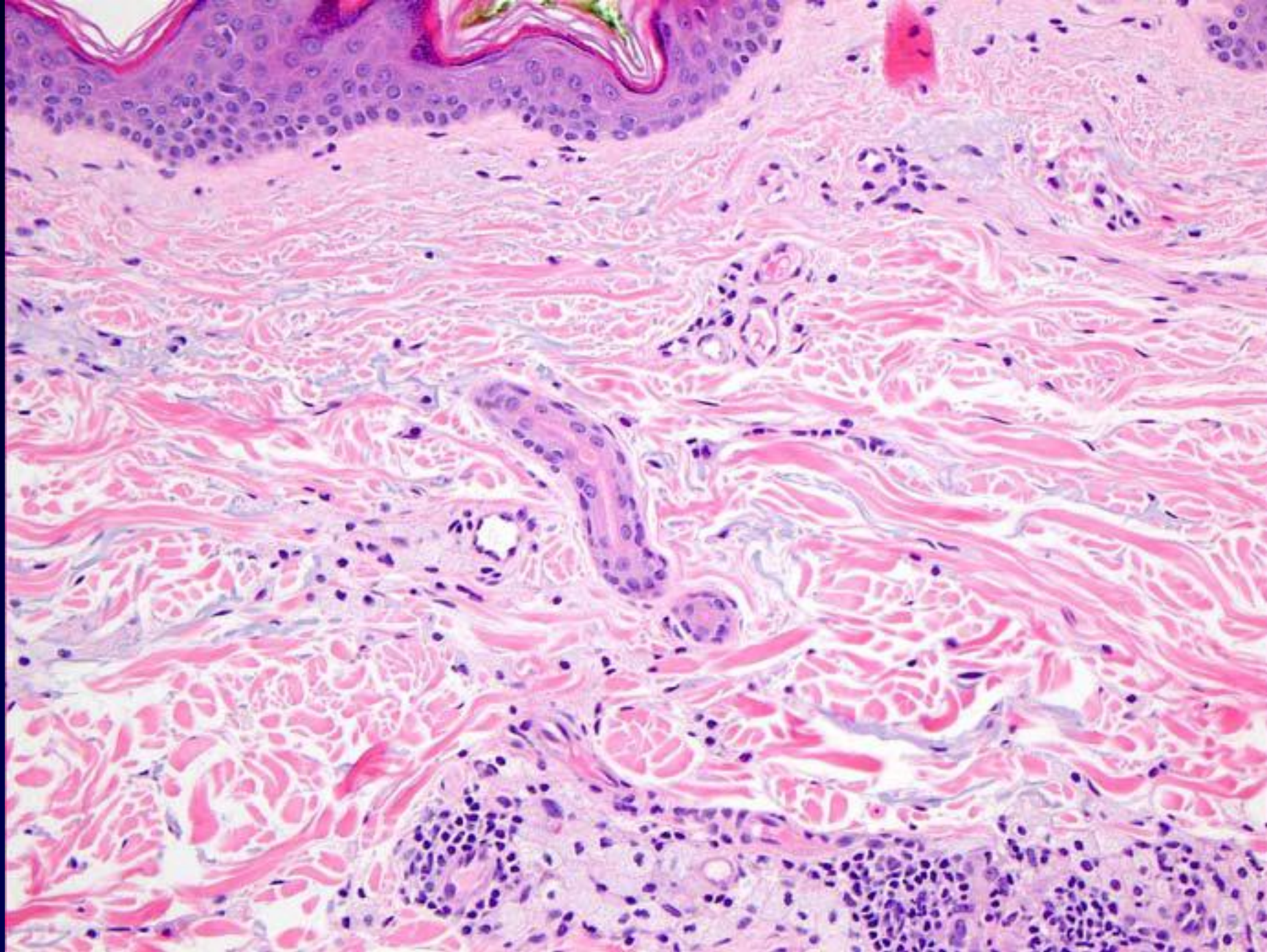


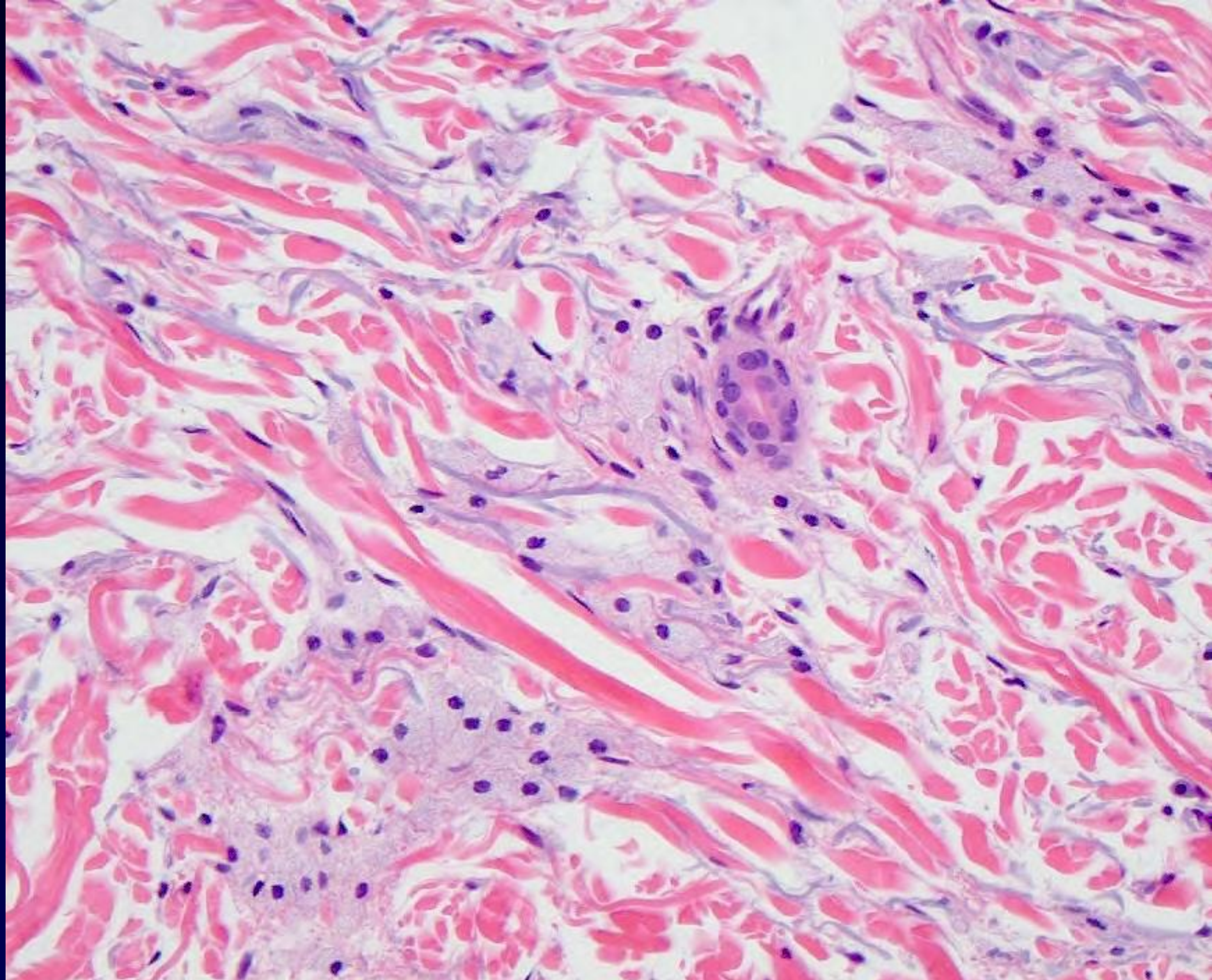




Leishmaniasis









(Normolipemic) planar xanthoma

Diffuse Normolipemic Plane Xanthoma (DNPX) of the Neck without Xanthelasma Palpebrum

Uwe Wollina^{1*}, Jacqueline Schönlebe², Georgi Tcherev^{3,4}, Torello Lotti⁵

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Abstract

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Keywords: Diffuse normolipemic plane xanthoma; Non-Langerhans histiocytosis; Histology; Treatment; Xanthelasma palpebratum

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Diffuse normolipemic plane xanthoma (DNPX) is an uncommon subtype of non-Langerhans histiocytosis. DNPX is characterised by xanthelasma palpebratum, diffuse plane xanthoma of the head, neck, trunk, or extremities, and normal plasma lipid levels. The neck is the most common site. We report about a 62-year-old female Caucasian patient, who developed an asymptomatic fine wrinkling and loose skin on the neck and décolleté about three years ago. The skin colour became yellowish. Xanthelasma was absent. Histopathology of a skin biopsy confirmed the diagnosis of DNPX. The patient had a medical history of chronic myeloblastic leukaemia. No other laboratory abnormalities were found. Laser treatment was offered but opposed by the patient.

Introduction

Diffuse normolipemic plane xanthoma (DNPX) was first described by Altman and Winkelmann in 1962 [1]. It is now considered as an uncommon subtype of non - Langerhans histiocytosis [2].

DNPX is characterized by xanthelasma palpebrarum, diffuse plane xanthoma of the head, neck, trunk, or extremities, and normal plasma lipid levels. The neck is the most common site [1][3]. Xanthelasma palpebrarum usually appears first [1].

The clinical presentation is characterised by the presence of symmetric, asymptomatic, yellowish-orange plaques [1][2]. Oral lesions are extremely rare [3].

variable numbers of Touton giant cells, lymphocytes, and foamy histiocytes are present; sometimes only foam cells can be seen [4][5].

DNPX has been associated with systemic diseases, particularly multiple myeloma and monoclonal gammopathy [4][5][6]. In other cases, malignant haematological or lymphoproliferative disorders have been observed [7][8].

Case report

A 62-year-old female Caucasian patient developed an asymptomatic fine wrinkling and loose

Conclusion

- **A safe journey starts from the clinical and ends to the clinical**
- **EVERY cutaneous lesion excised/biopsied must be photographed; the pics must be then re-evaluated after receiving the histopathological report**
- **CLINICAL and HISTOLOGY must be reciprocally consistent**

Definition of consistent

From: the Online Oxford Dictionary

adjective

1 acting or done in the same way over time, especially so as to be fair or accurate:

the parents are being consistent and firm in their reactions

a consistent worldwide application of its policies

• unchanging in nature, standard, or effect over time:

he is Rangers' most consistent player this season

the mixtures are of consistent quality

2 (of an argument or set of ideas) not containing any logical contradictions:

a consistent explanation

3 [*predic.*] compatible or in agreement with something:

the injuries are consistent with falling from a great height